

CURRICULUM VITAE

Dr. SAMPATHKUMAR, M.A., M.Phil., Ph.D.

Professor

Department of Studies in Psychology

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EDUCATION

Ph. D. : University of Mysore, Mysuru, India.

M. Phil. : Gulbarga University, Kalaburagi, India.

UGC/NET : University Grants Commission, New Delhi, India.

M. A. : Gulbarga University, Kalaburagi, India.

TEACHING CAREER

Professor (2015), DOS in Psychology, University of Mysore, Mysuru.

Associate Professor (2012 - 2015), DOS in Psychology, University of Mysore, Mysuru.

Assistant Professor (2009 -2012), DOS in Psychology, University of Mysore, Mysuru.

Senior Lecturer (2004 to 2009), DOS in Psychology, University of Mysore, Mysuru.

Lecturer (1999 to 2004), DOS in Psychology, University of Mysore, Mysuru.

RESEARCH INTERESTS

- Positive Psychology
- Health Psychology
- Social Psychology
- Counselling Psychology

Ph. D. SUPERVISION

Status	No. of Candidates
Awarded	09
Ongoing	06

- **Research Project Undertaken** : UGC, New Delhi
- **Mentor for Post-Doctoral Fellow** : One Candidate.
- **Adjudicated thesis of Ph. D. Degree** : 14 Candidates
- **Research publications** : 35

Ph. D. Supervision

1. Influence of Social Support and Social-Cultural Factors on Resilience - Mr. Ashokakumara, 2020.
2. Socio-Economic Factors, Self- Efficacy and Achievement Motivation among College Students - Nagesh, B. S., 2018.
3. Phonological Awareness and Working Memory in Processing Alphasyllabary: Comparison with and without Dyslexia - Karibasappa, C. N., 2017.
4. ProudashalaParishistaJaathiVidhyarthigalaSamvegathmakaBuddishakthiSamaayojaneMathuShaik shanikaSaadhane:OnduAdhyayana - Venkateshaiah, 2017.
5. Psychological Stress, Depression and Death Anxiety among Asymptomatic Acute HIV Group, Clinically Symptomatic Condition Group and AIDS Indicator Condition Group – Krishnamurty, V. S., 2017.
6. Impact of Vipassana Meditation on Life Satisfaction and Quality of Life – Phra Taweepong Inwongsakul, 2016.
7. Life Skills Counselling for Enhancing the Personality of High School Students - S. Surma, 2017.
8. Impact of Psycho-Education on Stigma and Quality of Life in People Living with HIV/AIDS - Lakshmi, M. G., 2014.
9. Psycho-Social Problems of Children withHIV/AIDS - Ravikumar, M. B., 2014.

Research Publications

1. Religious Fundamentalism among Cristian and Islam Students of university. *Shanlax International Journal of Art, Science and Humanities*, Vol 7, Issue 01, July-2019.
2. Do Authoritative Parents Moderate their Children Religious Attitude? The Influence of level of Authoritativeness in Parenting Style to Religious Fundamentalism. *Research Review-International Journal of Multi-disciplinary*, Vol 04, Issue 06, June-2019.
3. Influence of Socio-economic Status on Social Support among College Students.*Review of Research: International online multidisciplinary journal*.UGC Approved Journal No.48514, Lakshmi Book Publication: ISSN 2249-894X.Volume (8), Issue (4), 2019, pp. 39-46.
4. Role of Religion on Social Support among College Students. *Journal of Advances and Scholarly Researches in Allied Education*. UGC Approved Journal No.8109 (2017), Published by Ignited Minds Journals: ISSN 2230-7540.Volume (15), Issue (12), 2018, pp. 68-73.
5. Impact of electronic media on interpersonal communication and aggression among adolescent students. Reviews of literature. *International recognition interdisciplinary research journal*. ISSN: 2347-2723. Vol. 5(5). 2017, pp. 45-50.

6. Impact of electronic media on psychological distress and psychological well-being of adolescent students. *Review of research. International online multidisciplinary journal*.UGC Approved Journal No.48514, ISSN: 2249-894X. Vol. 7(3). 2017, pp. 21-28.
7. Relationship between psychological distress, aggression, interpersonal communication and psychological well-being among adolescent students. *Research dimensions:International recognition interdisciplinary research journal*. ISSN: 2321-5488. Vol. 5 (6). 2017,pp. 45-49.
8. Impact of socio-economic status on self- efficacy among college students. *Review of research*, UGC Approved Journal No.48514, ISSN: 2249-894X. Vol. 7(2),2017.
9. Impact of SES on achievement motivation among college students. *Research directions*, ISSN: 2321-5488. Vol. 5(5). 2017.
10. Impact of electronic media on psychological distress and aggression among adolescent students:Conceptual framework of corruption.*Research dimensions:International recognition interdisciplinary research journal*.ISSN: 2249-3867. Vol. 3 (8). 2017,pp. 17-23.
11. Impact of Life-skills counselling in Enhancing Emotional Stability among High School Students. *Academicia: An International Multidisciplinary Research Journal*, ISSN: 2249-7137, Vol.6 (11), DOI – 10.5958/2249-7137.2016.00087.2.,2016.
12. Phonological awareness, reading fluency and reading accuracy among typically developing Kannada medium children, *International journal of current research*. Vol. 8(9),pp.39163-39169, 2016.
13. Phonological Awareness among Kannada speaking children: analysis of performance on different components of phonological awareness, *The International Journal of Indian Psychology*, ISSN: 2348-5396 (e) | ISSN: 2349-3429 (p) Vol. 3(4), No.68,2016. DIP – 18.01.201/20160304.
14. Effects of Life-skills counselling in Enhancing Self-Sufficiency among High School Students. *The International Journal of Indian Psychology*, ISSN: 2348-5396 (e) | ISSN: 2349-3429 (p) Vol. 3(4), No.67, 2016. DIP – 18.01.178/20160304. <http://www.ijip.in>.
15. Effects of Life-skills counselling in Reducing the Stress among High School Students. *Social Science Reporter: An Inter-disciplinary Peer-reviewed*.*International Research Journal*, ISSN: 2231-0789, Vol. 12(26), 2016.
16. Psychological stress among asymptomatic acute HIV group, clinically symptomatic condition group and AIDS indicator condition group. *International journal of current research*. ISSN: 0975-833X. Vol. 8(9), pp. 38607-38611, 2016.
17. Death Anxiety among Asymptomatic Acute HIV Condition, Clinically Symptomatic Condition and Aids Indicator Condition Groups. *The International Journal of Indian Psychology*. ISSN 2348-5396 (e) | ISSN: 2349-3429 (p), Vol. 3(3), No.4, 2016. <http://www.ijip.in>.

18. Psychosocial Adjustment among Orphan Children Living with HIV/AIDS. *The International Journal of Indian Psychology*. ISSN 2348-5396 (e) | ISSN: 2349-3429 (p) Vol. 3(1), No.10,2015. DIP: C03169V3I12015 <http://www.ijip.in>.
19. Impact of Vipassana Meditation on Quality of Life. *Golden Research Thoughts*, ISSN: 2231-5063, 5(1), 2015.
20. Impact of Vipassana Meditation on Life Satisfaction. *The International Journal of Indian Psychology*, ISSN 2348-5396 (e) | ISSN: 2349-3429 (p), Vol. 2(3),2015, Paper ID: B00375V2I32015
21. Academic and Social Self-esteem among Children Living with HIV/AIDS. *International Journal of Educational Sciences*, 9(3), 2015, pp. 407-413.
Also published online 25th September 2017 by Taylor and Francis on line, pp. 407-413.
22. Yoga Practitioners' Emotional Regulation and Empathetic Ability. *International Journal of Scientific Research*, ISSN- 2277-8179, vol. 4(3), 2015, pp.336-341.
23. Intervention for Hypochondriasis in Alcoholics. *Social Science Reporter*, ISSN – 2231-0789 vol. 4(2), 2014, pp. 143-149.
24. Guilt and Resentment among Alcoholics: An intervention study. *Thematics Journal of Social Sciences*, ISSN 2277-3010, vol. 3(2), 2014, pp. 94-101.
25. Assessment of Adjustment of Rural and Urban Students of SC/ST and Others. *Asian Journal of Development Matters*, ISSN 0976-4674, vol. 7(1), 2013, pp. 115-120.
26. Assessment of Emotional Intelligence among Male And Female Students Belonging to Different Castes. *United Journal of Awadh Scholars*, ISSN - 0974-0503, Vol. 7(2), 2013, pp. 32-37.
27. Impact of Psycho-Education on Stigma in People Living with HIV/AIDS. *International Journal of Social Science Tomorrow*, Vol. 2 (1), 2013, pp. 1-10.
28. Effect of Psycho-Education on Quality of Life in People Living with HIV/AIDS. *International Journal of Science and Research (IJSR)*, India (Online ISSN: 2319-7064), Vol. 2 (3), 2013, pp. 264-269.
29. Self-esteem among Children living with HIV/AIDS. *International Journal of Social Science Tomorrow*, Vol. 1, 2012, pp. 1-8.
30. Psycho-social Adjustment among Children living with HIV/AIDS. *Journal of Psychology*, Vol. 3(1), 2012, pp. 21-28.
31. Adjustment among Children living with HIV/AIDS, *International Journal of Social and Economic Researches*, Vol. 1(2), 2011, pp. 433-441.
32. Self-efficacy and Gender Differences among Indian and Iranian students. *Journal of Psychological Researches*, Vol. 53(1), 2009.

33. Depression, Anxiety and Stress among Indian and Iranian Students. *Journal of the Indian Academy of Applied Psychology*, Vol. 35(1), 2009.
34. Effectiveness of Life skills counselling on Psychological Stress among People with HIV/AIDS. *Journal of Community Guidance and Research*, Vol. 25 (1), 2008.
35. Does Life skills counselling Reduce Depression among the people with HIV/AIDS? *Journal of Psychological Researches*, Vol. 51(2), 2007.

Book Chapters Written

1. *Psychological Testing for Successful Implementation of Inclusive Education*. Published in *Inclusive Education Perspectives and Challenges*, Edited by Dr. N. Lakshmi, Published by Vidyanidhi Prakashana, Gadag, 2015, ISBN 978-81-910849-11-6, pp. 127-128.
2. *Psychological Counselling in Inclusive Education*. Published in *Inclusive Education Perspectives and Challenges*, Edited by Dr. N. Lakshmi, Published by Vidyanidhi Prakashana, Gadag, 2015, ISBN 978-81-910849-11-6, pp. 129-131.
3. *Adjustment Skills among Positive Children*. Published in *Life skills for quality life*, Edited by Dr.G.Venkateshkumar and Punch Ramalingam, Published by Puduchery Co-operative Book Society, Puduchery, ISBN 81-87299-60-6, August- 2012, pp. 653.

Study Materials Written and Edited for University

1. *Contemporary Developments in Psychology*. Self-Instructional Material (P G Level). Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2015.
2. *Personality and Adjustment (Course 7, Block 4)*. Self-Instructional Material (P G Level). Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2015.
3. *Introduction to Human motivation*. Self-Instructional Material for 1st semester M. Sc. Psychology, (Written four units, pp.1 to 58), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2014.
4. *Introduction to Systems in Psychology*. Self-Instructional Material for 1st semester M. Sc. Psychology, (Written four units pp.1 to 104) Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2014.
5. *Experimental Psychology*. Self-Instructional Material for 1st semester M. Sc. Psychology, (Written eight experiments – Kannada and English, pp. 85(EM) and 86(KM), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2014.
6. *Attention and Perception*. Self-Instructional Material for 1st semester M. Sc. Psychology, (Written four units pp. 58 to 122), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2014.

7. *Occupational choice, Organizational Choice and Socialisation.*(Course 8/9, Block-3), Self Instructional Material (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2011.
8. *Reliability.* (Course 6, Block-3), Self Instructional Material in Kannada (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2010.
9. *Approaches and Types of Counselling.* (Course 8/9, Block-3), Self Instructional Material in Kannada (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2010.
10. *Pattern Recognition.* (Course 3, Block-2), Self Instructional Material in Kannada (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2008.
11. *Contemporary Psychology in India.* (Course 1, Block-7), Self Instructional Material in Kannada (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2008.
12. *Advanced Social Processes.* (Course 2, Block-7), Self Instructional Material in Kannada (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2008.
13. *Basics of Social Psychology.* (Course 2, Block-4), Self Instructional Material in Kannada (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2008.
14. *Introduction to Basics of Social Psychology.* (Course 2, Block-4), Self Instructional Material (P G Level), Published by the Registrar, Karnataka State Open University, Manasagangothri, Mysore, 2007.

Conferences/Workshops (National/ International)

- 1 Participated and Presented in International Conference on '*Recent Emerging Avenues, Challenges and Holistic Approaches towards Psychosocial Rehabilitation Practices*', organized by St. Annes Degree College for Women, Bangalore, India, on 13thFebruary, 2015.
- 2 Participated and Presented in '*International Conference of Applied Psychology and spirituality- Contribution to Health, Happiness, Professions and Leadership*', organized by Department of Psychology, Sri. Padmavathi Women's Degree and P G College Tirupati, Andra Pradesh, India from 23 to 25 January,2015.
- 3 Participated in 21stNational Conference, on '*Sexuality in Changing Social Milieu*'Organized by Indian Association for Social Psychiatry, Mysore, 21stand 23rdNovember, 2014.
- 4 Participated and presented paper in 10th Kannada *Vijnana Sammelana*, Organized by Swadeshi Vijnana Andholana, Mysuru, from 15 to 17 September, 2014.

- 5 Participated in '*First Indo-European Symposium on Coercion*', Organized by Department of Psychiatry, Mysore Medical College and Research Institute, Mysore, from 1st to 3rd February, 2013.
- 6 Participated in the 5th International Conference on '*Psychology of Music and Mental Health*', organized by the Department of Psychology, Bangalore University, Bangalore, India, from 27th to 28th April, 2012.
- 7 Attended and presented paper on '*Socio-emotional adjustment among children living with HIV/AIDS*' in the 7TH National Conference of Indian Association of Mental Health, held at the Department of Psychology, Karnatak University, Dharwad, India, From 28th to 29th March 2011.
- 8 Participated in the 7th national and 1st International Conference of Academy of Psychologists, on '*Mental Health and Well Being*', organized by the Department of Psychology, CMR Institute of Management Studies, Bangalore, India, from 8th to 9th April, 2011.
- 9 Presented paper on '*Adjustment among positive children*' in the 46th National and 15th International Conference of the Indian Academy of Applied Psychology (IAAP) on '*Life skills for quality of life*', organized by the Department of Studies in Psychology, University of Mysore, Manasagangothri, Mysore, India, from 4th to 6th February, 2011.
- 10 Participated in '*Psychology SIM writer's two-day's workshop*', on 29th and 30th October, 2010, organized by the Department of Studies in Psychology, Karnataka State Open University, Manasagangothri, Mysore.
- 11 Participated in '*Psychology SIM writer's one-day workshop*', on 2nd August, 2008, organized by the Department of Studies in Psychology, Karnataka State Open University, Manasagangothri, Mysore.

Invited Lectures / Resource Person

1. **Resource Person** in Contact Programme for M. Sc. 1st and 2nd Year Psychology students, Organized by the Department of Psychology, Karnataka State Open University, Manasagangothri, Mysore, from 3rd to 9th February, 2014 and from 14th to 27th February, 2014.
2. **Subject Co-ordinator** in '*Contact Programme for Practicals for UG Students of Psychology*', Organized by the Department of Psychology, Karnataka State Open University, Manasagangothri, Mysore, at Kittel's College, Dharwad, from 27th March, 2011 to 1st April, 2011.
3. **Master Trainer** with the topic on "*Behavioural Change Communication*" for the ICTC Counsellors, Organized under Global Fund – VII: AIDS, TB and Malaria, Counselling Sub-component, at Centre for Psychological Counselling, Bangalore University, Jnanabharathi Campus, Bangalore, on 10th August, 2010.
4. **Master Trainer** with the topic on "*Values and Attitudes of Counsellor*" for the STI Counsellors, Organized under Global Fund – VII: AIDS, TB and Malaria, Counselling Sub-component, at

Centre for Psychological Counselling, Bangalore University, Jnanabharathi Campus, Bangalore, on 10th May, 2010.

5. **Resource Person** with the topic “*Psychological Testing*” for the participants of 1st Refresher Course on Student Counselling, organized by the UGC-Academic Staff College, University of Mysore, Mysore, on 2nd February, 2010.
6. **Co-ordinator** for ‘*UGC sponsored Refresher Course in Guidance and Counselling*’, for Degree College and University Lecturers of Psychology, Education, Philosophy and Sociology from 15th March to 04th April, 2007, at UGC-Academic Staff College, University of Mysore, Mysore.

Membership in Academic Bodies and Research Journals

- Member and chairman for BOE and BOS for DOS in Psychology (UG & PG)
- External member for BOE and BOS for other universities (UG & PG)
- The Editorial member of Self Instructional Material Lessons for M. Sc. Psychology, Karnataka State Open University, Manasagangothri, Mysore.
- Member, Editorial Board, International Journal of Psychosocial Research, A Peer Reviewed Journal, Ushashree International Publications, Tirupati, Andrapradesh, India.

Membership in Scientific Societies

- Life member, Indian Academy of Applied Psychology, India
- Member, National Academy of Psychology, India
- Life member, Academy of Psychologists, India
- Life member, Karnataka Academy of Psychology, Mysore
- Member, Mysore Psychological Society, Mysore
- Life member, Karnataka association of applied psychology, India
- Life member, All India Association for Educational Research
- Life member, The Indian Science Congress Association, India
- Life member, Dravidian Linguistics Association, India