


UNIVERSITY OF MYSORE

Department of Physical Education, Sports Pavilion, Mysore-5

No. DPE/UIT/222/2018-2019

Date : 16th July 2018

To

E.mail-dir.deptofphyedn@gmail.com

Ph. No. 0821-2419288

The Principals of Affiliated
and Constituent Colleges of
University of Mysore

Sir/Madam,

Sub: Mysore University Inter-Collegiate Competitions-cum-Selection
Trials in Gymnastics, Best Physique, Weight Lifting, Swimming &
Diving, Wrestling and Yogasana for the year 2018-2019

I Write to inform you that the Mysore University Final Selection Trials-cum-Inter-Collegiate Competitions in Gymnastics (M&W), Swimming & Diving (M&W), Best Physique (Men) Wrestling (M&W), Weight Lifting (Men) and Yogasana (M&W) will be held on 5th, 6th & 7th Sept. 2018 at 8-00 A.M. at the Department of Physical Education, University of Mysore, Sports Pavilion, Mysore-5.

You are requested to send the entry of two competitors in Best Physique Swimming & Diving, Weight Lifting, Wrestling for each Event/Weight Class and Team/Individual for Gymnastics & Yogasana along with eligibility particulars on or before 28th Aug. 2018. Without entries, no competitors will be allowed to take part in the above competitions. All competitors should bring the Identification Certificates duly signed by the Principal of concerned Institution in the Identification Certificate Proforma as circulated by the Department of Physical Education compulsorily during competitions.

The timing of weighing-in and competition-cum-selection trials Weight Lifting & Best Physique of the above activities will be informed to the competitors on 5th Sept. 2018 at 8-00 A.M. at Sports Pavilion, Mysore. Weighting in of Wrestling (M&W) Competition will be on 4th Sept. 2018 at 2-00 P.M. at Sports Pavilion, University of Mysore, Mysore.

The qualifying standards to select Mysore University Teams fixed for Weight Lifting are mentioned below.

Kindly direct your college students who are participating in the above competitions to report by wearing College Uniforms on 5th Sept. 2018 at 8-00 A.M. at the University Gymnasium Hall, Sports Pavilion, Mysore for the Inaugural Function.

WEIGHT-LIFTING QUALIFYING STANDARD

(Based on 2012-13 Inter University Competition Results)

Sl.No.	Body Wt. Category	Snatch	+ Clean & Jerk	Total	
	Kgs.	Kgs.	Kgs.	Kgs.	
1.	Upto 56	85	105	190	Note : Qualifying standard fixed is subject to modification after getting 2016-17 Results from A.I.U.
2.	" 62	90	110	200	
3.	" 69	105	125	230	
4.	" 77	110	135	245	
5.	" 85	105	135	240	
6.	" 94	115	135	250	
7.	" 105	109	130	239	
8.	Above 105	116	145	261	

BEST PHYSIQUE WEIGHT CATEGORY			WRESTLING WEIGHT CATEGORY			
			Men Section	Women Section	Greco Roman Men	
1.	Upto & Inclusive	60 Kgs.	1. Upto	57 Kgs.	1. Upto 50 Kgs.	55 Kgs.
2.	"	65 "	2. "	61 "	2. " 53 "	60 "
3.	"	70 "	3. "	65 "	3. " 55 "	63 "
4.	"	75 "	4. "	70 "	4. " 57 "	67 "
5.	"	80 "	5. "	74 "	5. " 59 "	72 "
6.	"	85 "	6. "	79 "	6. " 62 "	77 "
7.	"	90 "	7. "	86 "	7. " 65 "	82 "
8.	Above	90 "	8. "	92 "	8. " 68 "	87 "
			9. "	97 "	9. " 72 "	97 "
			10. Above	97 "	10. " 76 "	+97 "

Kindly extend your co-operation for the successful conduct of the above meet.

Thanking you,

Yours faithfully,

P. Krishnaiah
16/7/2011
(Dr. P. KRISHNAIAH)

DIRECTOR (I/c)

Director of Physical Education

University of Mysore,

MYSORE

- Note :**
- For Yogasana (M&W) competitions, a team may consist of maximum six competitors (including one reserve). A team consisting less than five competitors, shall not be eligible for team championship but the performance will be considered for individual position. For team championship marks of the best five will be counted.
 - Competitors who have been called for University Selection Trials in Gymnastics (M&W) & Wrestling (M&W) have to undergo Physical Fitness Tests (introduced from the year 2002-2003 for Men & from 2010-2011 for Women) in order to qualify for Final Selection Trials by securing minimum points prescribed as per the PFT Norms (PFT details already circulated)

Copy : Forwarded with Best Compliments to the Press Correspondent/Editor.....
Mysore for kind publicity.

OIGS

Book-Post

To,

From :
Dept of physical Education,
University of Mysore.
Mysore-570005