

## CURRICULUM VITAE



**Ms. Seema Siddiqi**

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### ACADEMIC QUALIFICATIONS

**UGC NET Qualified (Lectureship March 2013)**

**M.Sc. in Food Science & Nutrition, 2011**

University of Mysore, Manasagangothri, Mysore.

Secured 66.85%

**Post Graduate Diploma in Food Analysis & Quality Assurance, 2009**

Defence Food Research Laboratory, Mysore

Secured 68%

**B.Sc. (Chemistry, Clinical Nutrition, Microbiology) 2008**

Maharani's Science College for Women

University of Mysore, Mysore

Secured 77.89%

### Research Guidance

- ◆ Guided 5 M.Sc dissertations.

### Job Experience

- ◆ Worked as Guest Faculty at DOS in Food Science & Nutrition, University of Mysore Manasagangothri, (March 2012- June 2014 & Sept 2015-Dec 2015).

### Research Experience

- ◆ Currently pursuing PhD in Food Science and Nutrition on the topic “Studies on promotion of dietary status and food behaviour on children with autism” under the guidance of Prof. Asna Urooj at DOS in Food Science & Nutrition, University of Mysore with UGC-BSR-SRF fellowship.
- ◆ Awarded UGC-BSR Fellowship (December 2015 to 2020).
- ◆ Well experienced and hands on practical skills in Nutrition profile, digestibility studies, sensory analysis, product development, microbial analysis work
- ◆ Well versed with Statistical analysis (version 16)

- ◆ Clinical based studies and Community Nutrition studies specific with ASD, other NCD's.
- ◆ Qualified and trained Food Safety Supervisor level 2 by FoSTaC - 2019

### RESEARCH PUBLICATIONS

- ◆ **Seema Siddiqi**, Asna Urooj & Melwin James D'Souza, "Dietary Patterns and Anthropometric Measures of Indian Children with Autism Spectrum Disorder", Journal of Autism and Developmental Disorders, Vol 43(09) December 2018. doi.org/10.1007/s10803-018-3850-0.
- ◆ **Seema Siddiqi** and Asna Urooj (2020). Understanding Children with Autism Spectrum Disorder. Anne Bourque (Ed.), Dietary Related Issues with Autism Spectrum Disorder (pp.207- 234). Neuroscience Research Progress. Nova Science Publishers, Medicine and health, Newyork.Inc.
- ◆ Satish Anandan, **Seema Siddiqi**, Syeda Farha Siraj and Urooj Asna, Protective Effect of Apigenin from Morus indica.L against Methylglyoxal Induced Oxidative DNA Damage, Int J Pharm Biol Sci. DOI: <https://doi.org/10.21276/ijpbs.2019.9.2.24>.
- ◆ Asna Urooj and **Seema Siddiqi**. Analytical and nutritional implications of carbohydrate digestibility with special reference to Indian foods in Food Chemistry New Delhi Publishers, India 2018.
- ◆ **Siddiqi, Seema**, S. Lakshmi, and Asna Urooj. "Iron bio-accessibility and nutritional attributes of selected disease specific commercial formulations." Defence Life Science Journal 2, no. 2 (2017): 206-211.
- ◆ **Seema Siddiqi** and Asna Urooj (2018) 'Dietary Risk Factors Associated with Autism – A Review', International Journal of Current Advanced Research, 07(1), pp. 8827-8833. DOI: <http://dx.doi.org/10.24327/ijcar.2018.8833.1437>

### EXTRACURRICULAR ACTIVITIES

- ◆ Actively participated and won prizes in cultural fests, paper presentation for oral and poster sessions.
- ◆ Co-ordinated various college fests, workshops, seminar, conferences at national level.

### PERSONAL ATTRIBUTES

- ◆ Aware of my own **limitations** and will seek appropriate and **timely help** from senior colleagues.
- ◆ Believe in, and practice **team work**, liaise effectively and respect each member's contribution and expertise to the team.
- ◆ Ability to **communicate effectively** with colleagues and students.

- ◆ Ability, flexibility and readiness to learn new information and grasp new ideas at a short time.
- ◆ Fluency in English, Hindi, Kannada ,Urdu
- ◆ Proud to have a legible and neat **hand writing**.

### **REFEREES**

- 1) **Prof. Asna Urooj**  
**Chairperson, DOS in Food Science & Nutrition**  
**University of Mysore**
- 2) **Dr. Komala M.**  
**Professor, DOS in Food Science & Nutrition**  
**University of Mysore**

### **PERSONAL DETAILS**

Date of Birth : 14/06/1986  
Marital Status : Married  
Nationality : Indian Muslim  
Gender : Female  
Husband's Name : Imran Ahmed Farooqi  
Strength : Hard working, Determined person.  
Hobbies : Playing carom  
Language Proficiency : English, Hindi, Kannada, Urdu.  
ADDRESS : # 2, First Floor, 1<sup>st</sup> Cross, M.G. ROAD  
UDAYAGIRI MYSORE -570019

### **DECLARATION**

I hereby declare that the information furnished above is true to the best of my knowledge.

Place: Mysore

(SEEMA SIDDIQI)