

## **PROFILE**



Name : Dr. P.KRISHNAIAH  
Mobile Number : 9972045254  
Qualification : B.A., M.P.Ed., Ph.D., Diploma in Coaching  
Athletics

Designation : Deputy Director of Physical  
Education. Area of Specialization : Athletics,  
Badminton and Cricket

Date of Birth : 19-06-1963

E-mail : krishnaiah190663@gmail.com

Experience : Served as Athletic Coach at  
Sports Authority of India form  
1992 to 1998.

: Served as Assistant Director of Physical  
Education at  
University of Mysore  
since 1998 to 2009.

: Serving as a Deputy Director of Physical  
Education at  
University of Mysore  
since 2009 to till date

1. Academic distinctions : 4<sup>th</sup> rank in B.P.Ed., SLET pass in the year 1997  
: Ph.D., in Physical Education in the year  
2007

2. Membership in Professional

Bodies : University Teachers Association  
Vice-president Mysore District Basketball  
Association Vice- president Mysore District  
Throwball Association Secretary Rangers  
Basketball Club, Mysore

## **TEACHING EXPERIENCE**

Sl.No	Level of Teaching	College / University/ Institution	Period of Service
1	Undergraduate	Maharaja's College and Yuvaraja's	1998 to 2009

		College	
2	Post Graduate	PG Sports Council, M.G.M. Mysore	2009 Onwards

### **CONFERENCE /SEMINAR/ WORKSHOP ATTENDED**

- a. International Conference on physical Education and Sports Science at Manipal. During the year 2006. Paper Presented on “Relationship between socio-economic status and general health status among sports students representing University of Mysore.
- b. International Conference on Physical Education and Sports at Banavara during the year 2010
- c. International Conference on Physical Education and Sports at Goa during the year 2011.
- d. International Conference on physical Education and Sports Science at Manipal. During the year 2013. Paper Presented on “Relationship between socio-economic status and Physical Fitness among sports students representing University of Mysore.
- e. International Conference on Physical Education and Physiotherapy at government college (Autonomous), Mandya 2014. The paper presented on sports Training, Conditioning and Reduction of Injuries.
- f. National Conference on Physical Education and Sports Science at Bangalore -2004.
- g. National Seminar on Fitness and well being through Physical Activity held at Mandya during the yea 2008
- h. National Conference on Physical Education and Sports Science at Maharani’s Arts & Commerce College, Mysore -2014. The paper Presented on Hypertension Cause, Symptoms, consequences and Control

### **REFRESHER COURSE AND ORIENTATION COURSE ATTENDED**

1. Refresher course from 02-02-2000 to 22-02-2000
2. Refresher Course from 07-02-2001 to 28-02-2001
3. Orientation programme from 29-05-2002 to 25-06-2002
4. Refresher course from 13-01-2009 to 02-02-2009
5. Worked as Coordinator of U.G.C. Sponsored 5<sup>th</sup> Refresher course in Physical Education organized by Academic Staff College, Mysore, from 08-06-2007 to 28-06-2007

### **ACHIEVEMENTS OF THE TEAM AS A COACH**

- Accompanied the University of Mysore Athletic Team as Coach in All India Inter University Athletic Meet, Held at Amritsur (Punjab) in the Year 1997-08 and won Silver Medal in Heptathlon.
- Accompanied the University of Mysore Cross Country Team as Coach in All India Inter University Athletic Meet, Held at Mahathmagandhi University Kottayam (Kerala). In the year 2009-10. and won third Place in Cross Country.
- Accompanied the University of Mysore Athletic Team as Coach in All India Inter University Athletic Meet, Held at Nagarjuna University (AP) in the year 2010-11 and won Silver Medal in 10000 meters run..
- Accompanied the University of Mysore Athletic Team as Coach in All India Inter

University Athletic Meet, Held at Mangalore University, Moodbidre, in the year 2011-12 and won Silver Medal in Javelin Throw.

- Participated in All India University Athletic Meet held at Gulbarga from 15-01-2003 to 21-01-2003 as Official.

- Worked as a Match Referee in South Zone Inter University Cricket Tournament in VTU for the year 2003-04.
- Worked as a Match Referee in South Zone Inter University Tennis Tournament in VTU for the year

### **PROFESSIONAL CREDENTIALS**

1. Organised Inter- Collegiate Inter-Zonal Men games of University of Mysore during the year 2009-10 and 2012-13.
2. Organised Inter Collegiate Chamundi Zone Women games of University of Mysore during the year 2013-14.
3. Convener, University Inter Collegiate Chamundi Zone Tournament since 1998 to 2009 and 2010 to till date.
4. Official In charge for Inter Collegiate Badminton, Table Tennis, Volleyball, Ball Badminton, Tennis and Athletics competitions.
5. Organized Badminton and Cricket Competition for Various levels every year since 1998.
6. Selection Committee Member to select Mysore University Athletics (Men and Women) Team since 1998 to till date.
7. Selection Committee Member to select Mysore University Cross Country (Men and Women) Team since 1998 to till date.
8. Selection Committee Member to select Mysore University Cricket (Men) Team since 2007 to till date.

## **PROFILE**



Name : ASHOK Y.TUPSUNDAR  
Email ID : [thusundar@yahoo.com](mailto:thusundar@yahoo.com)  
Mobile Number : 9448364880  
Date of Birth : 01.06.1972  
Qualification : M.A, M.P.Ed, N.I.S. Diploma in Sports Coaching Hockey.  
Designation : Hockey Coach,  
Area of Specialization : Hockey and Gymnastics  
Experience : Worked as Government High School Physical Education Teacher 2004-06  
Working as Hockey Coach University of Mysore from Jan. 2006- till date.

### **CONFERENCE /SEMINAR/ WORKSHOPS ATTENDED**

- a. National Seminar on “Emergence of Excellence” in Indigenous Sports at Grass Root Level at Gulbarga University, Gulbarga, on 29<sup>th</sup> & 30<sup>th</sup> January 2011.
- b. “One day orientation programme” Org-By Department of Physical Education University of Mysore and Mysore University & Affiliated Colleges Physical Education Teachers Association. Mysore on 30<sup>th</sup> July 2012.
- c. One day Workshop on : Psycho – Dynamics of Physical Education and Sports Organized by - Post Graduate Sports Council, Manasagangotri, Mysore on 24<sup>th</sup> July 2008.
- d. “Doping Menace” Symposium held at Platinum Jubilee Auditorium, Mysore Medical College, J.K.Grounds, on 3<sup>rd</sup> August 2011 at Mysore.

### **PROFESSIONAL EXPERIENCE**

1. Worked as Football and Hockey Coach, at Kendriya Vidyalaya, Dharwad 2001-03
2. Worked as Hockey Coach, Om SAI Sports Club Dharwad 1996-2004
3. Chairman Selection Committee Navodaya Vidyalaya, Hyderabad Region Hockey Tournament.
4. Member Selection Committee, Karnataka State Level P.U.C Board Hockey Tournament held at Dandeli (UK District).

## PROFILE



**Name** : Dr. KRISHNAKUMAR H H.S

**Email ID** : [hsk.mcm@gmail.com](mailto:hsk.mcm@gmail.com)

**Mobile Number** : 9448246112

**Date of Birth** : 21.05.1978

**Qualification** : B.Com, M.P.Ed, M.Phil., Ph.D

**Designation** : Assistant Director of Physical Education

**Area of Specialization** : Cricket, Handball, Athletic, Badminton, Volleyball

**Sports Achievement** : Represented University of Mysore in Cricket  
During the year 2002-03

**Experience** : Worked as Guest Faculty in DOS in PE & SS,  
University of Mysore in 2010 to February 2013  
: Worked as Assistant Director of Physical Education at  
Department of Physical Education, University of Mysore in  
February 2013 to Till Date

**Other Achievement** : KSCA Qualified Umpire  
: KAA Qualified Technical Official

**Current Position** : Assistant Director of Physical Education (Temporary) at  
Department of Physical Education, University of Mysore.  
Mysore.

### **PROFESSIONAL CREDENTIALS**

- 1. Organized Mysore city Inter Collegiate Hockey Men Tournament in the year 2011-12 and 2012-13.**
- 2. Organized Mysore city Inter Collegiate Athletic Men and Women Competition In the year 2019-20.**
- 3. Organized Mysore University Inter Collegiate Inter Zonal Men Games in Two Years.**

### **LIST OF PUBLICATIONS**

1. International Research Journal on Health Fitness and Sports Sciences. ISSN : 2320-5202. Title of the paper "Construction of motor Fitness Norms for Cricket Players". Volume 2 Issue 1 April 2014.
2. International Journal Engineering Research and Sports Science ISSN: 2348 – 2400. Title of the paper "Relationship between Anthropometric and Motor abilities with performance of select Cricket Players". Volume 1 Issue VI June 2014.
3. Rama journal of Physical Education & Allied Sciences. ISSN : 2320-8937. Title of the paper "The Relationship between self confidence and anxiety with performance among University cricket players". Volume 1 Issue 2 September 2014.

4. International UGC sponsored proceeding publication ICPPECS-2014 ISBN: 978-81-928778-08. Title of the paper "Mechanism of Prevention Principles of Sports Injuries".2014.
5. International Journal Engineering Research and Sports Science ISSN: 2348 – 2400. Title of the paper "Family influence on sports participation among sports persons of Government college students" Volume III Issue VI June 2016.

**PAPER PRESENTATION:**

<b>Sl. No.</b>	<b>Conference/ Seminar / Organized by</b>	<b>Title of the Paper</b>	<b>Date</b>
1	National Seminar on Role of College and University towards the Progressivity of Sports in India <b>Organized by</b> Govt. First Grade College, Krishnaraja Puram, Bangalore.	"Construction of Motor fitness Norms for Cricket Players"	18 <sup>th</sup> and 19 <sup>th</sup> March 2011.
2	National Seminar on Understanding and Managing the Injured Athlete <b>Organized by</b> Kukkeshree Subramanyeshwara College, Subramanya (DK)	"Prevention of Overuse Injuries to bowlers in Cricket"	03 <sup>rd</sup> and 04 <sup>th</sup> February 2012
3	National Conference on Physical Education and Sports: A Challenging Future in India <b>Organized by</b> Department of Collegiate Education Govt. First Grade College, Kuvempunagar, Mysore	"Coaching tips to Develop Better Athletics"	23 <sup>rd</sup> and 24 <sup>th</sup> Aug 2013
4	Inter National Conference on vision 20-20 global excellence in Physical Education and sports Sciences. <b>Organized by</b> Manipal University under the aegis of NAPESS sports Council, Manipal University, Manipal, Karnataka	"The relationship between self confidence and anxiety with performance among University Cricket Players".	08 <sup>th</sup> to 11 <sup>th</sup> January 2014
5	National Conference on Lifestyle Management and Wellness Through Physical Activities, Yoga, Recreation & Sports. <b>Organized By</b> Malleswaram Ladies' Association First Grade College For Women in Association With Indian Federation of Computer Science and Sports.	"Family influence on sports participation among sports persons of Government college students"	14 <sup>th</sup> and 15 <sup>th</sup> February 2014
6	International Conference on Physiotherapy in Physical Education and Sports Science <b>Organized by</b> Department of Physical Education Govt. College, Mandya	"Mechanism of Prevention Principles of Sports".	22 <sup>nd</sup> and 23 <sup>rd</sup> Feb 2014

7	National Conference on Relevance of Physical Education in the present day curriculum Scenario – An Indian Perspective. <b>Organized by</b> Department of Collegiate Education Maharani's Arts and commerce college for women, Mysore	“Influence of Yogic Exercise on Athlete Performance”.	26 <sup>th</sup> and 27 <sup>th</sup> February 2014
8	National Conference on Relevance of the importance of Meditation in Yoga and our Lives. <b>Organized by</b> Sri Jagadguru Murugharajendra Arts College for Women, Chitradurga	“Does Yoga Hurts???”.	8 <sup>th</sup> and 9 <sup>th</sup> January 2015

**Conference/Seminar/Workshop Participated:**

Sl. No.	Title	Organised By	Date/Month
1	One day workshop on Psychodynamics of Physical Education and Sports	P.G.S.C. Manasagangothri and DPE University of Mysore, and UGC Academic Staff College Mysore.	24th July 2008
2	National Seminar on fitness and wellbeing through Physical Activity	Govt. College for women, Mandya	20th November 2008
3	Mysore University level one day work shop on Enhancing standard of sports performance among students.	St.Philomena's College Mysore	22nd May 2010
4	One Day Orientation Programme for Physical Education Teachers and Coaches	DPE University of Mysore, and Mysore University Physical Education Teacher Association	30th July 2010
5	National Level Conference on Current trends in Physical Education and Sports Science	Department of Physical Education , Govt. College, Mandya	13th & 14th May 2011
6	State Level Seminar on the need of Psychological Preparation for the sportspersons	JSS College of Arts, Commerce and Science, Nanjangud.	09th November 2011
7	University Level one day work shop on the modules of sports policy.	DPE University of Mysore, and Mysore University Physical Education Teacher Association	11th July 2012
8	State level seminar on Physical Education – Its Relevance in Higher education	JSS college for women (auto)Saraswathipuram Mysore	16 <sup>th</sup> March 2013
9	One day National Seminar on	Department of Collegiate	07th May 2013



	Current development: Issues and Concern.	Education Government First Grade College, Krishnarajapete, Mandya District.	
10	One day State Level Seminar on Sports and wellness. An Integrated Approach	Department of Physical Education J.S.S Law College, Mysore.	13th Nov 2013
11	International Conference o Physical Education & Sports Science	Manipal University, Under aegis of NAPESS	09 <sup>th</sup> to 11 <sup>th</sup> 2014
12	Day Workshop on Intellectual Property training and awareness	IOE Vijnana Bhavana, Manasagangothri, Mysore.	10th April 2014
13	One day State Level Seminar on Fitness and Wellness	JSS College For Women Kollegal	04 <sup>th</sup> March 2015
14	On International Day Of Yoga	Deputy Commissioner, Mysore District, karnataka	21 <sup>st</sup> June 2017
15	workshop on Officiating In Athletics and Coaching In Volleyball	Department of Studies In Physical Education and Sports Sciences	23 <sup>rd</sup> & 24 <sup>th</sup> 2018

### PROFESSIONAL EXPERIENCE

- Worked as Moderator in One day Inter-national Multidisciplinary Conference on “Development of Research in Social science, Humanities, Business and Management, Science, Library Science and Physical Education” Organized by Govt. Arts, Commerce & Post-Graduate College (Autonomous), Hassan. On 21<sup>st</sup> April 2018.
- Worked as Selection Committee Member of Mysore University Table Tennis (Men & Women) in the year 2013 and 2014 (3 years).
- Worked as Selection Committee Member of Mysore University Handball (Men) in the Year 2009 to 2013 (5 years).
- Worked as Selection Committee Member of Mysore University Badminton (Men & women) in the Year 2013.
- Worked as Selection Committee Member of Mysore University Kabaddi (Men & Women) ) in the Year 2013.
- Worked as Selection Committee Member of Mysore University Cricket (Men) ) in the Year 2013 to 2018 (6 years).
- Worked as Coach for University of Mysore Team Handball (Men) Team in the Year 2010 and 2013(2 years).
- Worked as Coach for University of Mysore Tennis (Men) Team in the Year 2010.
- Worked as Manager for University of Mysore Hockey (Men) Team in the year 2011.
- Worked as Manager for University of Mysore Cricket (Men) Team in the year 2013-14 to 2019-20 (7 years). **Team won the Silver Medal in All India Inter-University in the year 2018-19.**
- Worked as Manager for University of Mysore Cricket (Men) Team in the year 2019-20 **Team won the second Place in South Zone Inter-University and 4<sup>th</sup> place in all India inter University in the year 2019-20**
- Worked as Selection Committee Member of Mysore University Yoga (Men & Women) ) in the Year 2018-19.

- Worked as Sports Secretary Maharaja's College, Sports Council, Mysore in the year 04/02/ 2013 to Till Date.
- Worked as Official Special Olympics Bharath - Karnataka S.O.B.K. State Athletic Championship 2007
- Worked as official for VTU (Vishweshweraiah Technical University) Athletic Meet.
- Life Associated Member in Association of Cricket Umpires Karnataka (ACUK).
- Worked as Tournament Committee Member for KSCA Mysore Zone in the Year 2012 to 2014 & Technical committee Member for KSCA Mysore Zone in the Year 2014 to 2016 (4 Years).
- Worked as official for All India Inter University Athletic Meet organized by Mangalore University, Mangalore at Alwa's Education Society, Moodbidri in the year 2014-15.
- Worked as **Convener for Mysore University inter Collegiate Chamundi Zone in the Year 2015-16 to 2020-21. (06 Years running)**
- Worked as Committee Member for All India youth Festival at University of Mysore, Mysore in the year 2016.
- Organizing and Worked as convener for Mysore University Inter Collegiate Inter Zonal Men Game 2015-16, 2016-17 and 2017-18 ( 03 Years)
- Worked as Cricket coach for annual summer camp Organized by Department of Physical Education University of Mysore in the Year 2013 to 2019 (6 years).

## **PROFILE**



NAME : Ravi T S  
DATE OF BIRTH : 01/08/1990  
DESIGNATION : Assistant Director  
QUALIFICATION : B.com ,B.Ped , M Ped, NIS Diploma in Athletic, K- SET  
PRESENT ADDRESS : #446, 2<sup>nd</sup> Floor , 7<sup>th</sup> Main  
Saraswathipuramp  
Mysore 570009  
MOBILE NO : 9845548148/9663136151  
E- Mail : [ravisports1234@gmail.com](mailto:ravisports1234@gmail.com)  
Area of Specialization : Athletics, Hockey, Foot Ball

### **Experience :-**

- A Worked as a athletic coach of university of Mysore 2016 to 2018
- Physical education teacher for department of physical education 2019 to 2020
- Worked as a assistant director from 7/2/2020 to till date

### **Professional Achievement :-**

- University record Holder in long jump a0nd high jump
- Represented university of Mysore 3 times in athletics
- Karnataka senior state Medalist in Athletics
- NCC "C" Certificate
- All India inter university athletic medalist team coach in the year 2017

## PROFILE



Name : GEETHA .G  
Email ID : geethakandadka@gmail.com  
Mobile Number : 9482061054, 0821- 2419288  
Qualification : Ph.d (pursuing)M.P.Ed, B.P.Ed, K-Set  
Designation : Asst. Director  
Area of Specialization : Kabaddi  
Date of Birth : 09-09-1992

### Experience :

Working as a Assistant Director Dept of Physical Education University of Mysore, Mysore , Since 2020 to till date *Present Syndicate Member at Davangere University*

### Experience in Teaching:

Sl. No.	Name of the Institution	Designation	From	To	Experience in years
1	Coorg Institute of Technology Ponnampet - 571216	Physical Education Director	2016	2019	03
2	Maharani Cluster University	Director of Physical Education	2019	2020	1
3	University of Mysore	Full time Ph.D. scholar	2020	Till Date	1

### Worked as a Coach for Sports:

- Karnataka State Kabaddi Women Team Coach, for Federation Cup, held at Inapura, Belagavi District - 2018
- Karnataka State Women Team Coach, Senior National Kabaddi Championship held at Jaipur from 08-02-2018 to 11-02-2018
- VTU University Football Coach for South Zone Inter-University Football Championship - 2018.
- Karnataka State Football Girls Team (Under 19 year) - 2018
- VTU University Kabaddi Team Coach, for the South Zone Inter-University Kabaddi Championship, held at Mangalore University - 2017
- Mangalore University Football Women Team Manager, South Zone Inter-University Football Championship, held at Tamilnadu from 18-02-2017 to 22-02-2017

### Selection Committee Member

- VTU Team Kabaddi Women Selection Committee Member, held at Malnad College of Engineering, Hassan on 08<sup>th</sup> November-2017.
- VTU Team Kabaddi Women's Team selection committee member, held at CIT Gubbi on 15.05.2018
- VTU Women's Football Team Selection Committee Member - 2019

## Achievements:

- Participated in 38<sup>th</sup> Junior National Kabaddi Championship held at Vadodara, Gujarat - 2011.
- Participated 60<sup>th</sup> Senior National Kabaddi Championship held at Kasargod, Kerala and **Won Gold Medal**.
- Participated in All India Inter University Kabaddi Tournament held at Nagpur university Maharashtra - 2012.
- Participated in South Zone Inter-University Kabaddi Tournament held at M.S University, Tamilnadu - 2013.
- Participated in South Zone Inter-University Kabaddi Tournament held at Kannur university, Kannur, Kerala - 2014.
- Participated Five 'A' Grade All India Open Kabaddi Tournaments.
- Participated 1<sup>st</sup> state junior Kabaddi championship held at Kolar, Bangalore.
- Participated Four Years in Inter-collegiate Kabaddi Championship, Mangalore University
- Participated Beach Kabaddi Championship and **Won 2<sup>nd</sup> Place**, held at Udupi
- Participated Two Years in Inter collegiate Cross Country Race, Mangalore University- 2011
- Participated Two years in Inter collegiate Kabaddi Championship, University of Mysore.
- State Refresher Course for the Kabaddi Technical Officials held at Ujjire, D.K District on 08-07-2018

## Extra Curriculum Activities

- Enrolled and Actively Participated in NCC (Army Wing) as Senior Cadet
- Attended Republic Day and Tal-Sainik Camp Selection Camp
- Attended Annual Training Camp held at "Jnanaganga Residential School, Kushalnagar - 2011
- Annual training camp held at JNV, Balehonnur - 2011
- 'B' Certificate 2012 and 'C' Certificate - 2013

## Participated in Seminar/Conference/Training Programme

- Attending UGC sponsored Two Days National seminar on **Harmony of Physical activity Sports and Education**, JSS College (Arts and Commerce), Gundlupete.
- Attending UGC sponsored two day National seminar on **Democratic Space Consolidation in India organized by Department of Political Science** held on 15th and 16th February 2013 St. Maries College Sirva, Udupi
- Attending UGC sponsored one day State level seminar on **Fitness and Wellness** held on 4th March 2015 organized by Department of Physical Education JSS college for Women's, Kollegal
- Presented a paper entitled "**Relationship of Health Related Fitness To Academic Achievement of High School Girls Kabaddi Player Sullia Taluk**" in the national conference on innovation in physical education and sports science B.M.S College of engineering Bangalore on 20th 21st January 2017

- Participated and Presented a Research Paper on **Role of Yoga in Sports on the theme Sport Personality Development** Organised by the Department of Physical Education and IQAC Basudev Somani College, Kuvempunagar, Mysore
- 1. Attended Three Days Workshop on **Coaching and Officiating Examination in Karate**, Dept. of Studies in Physical Education and Sports Sciences, University of Mysore, 6<sup>th</sup> – 8<sup>th</sup> April 2018.
- Attended Two Days Workshop on **Officiating in Athletics and Coaching Volleyball**, Dept. of Studies in Physical Education and Sports Sciences, University of Mysore, 23<sup>rd</sup> – 24<sup>th</sup> March 2018.
- Participated and Presented a paper entitled **“Role of Yoga in Sports”** at One Day National Seminar on “Sports and Personality Development” organised by Basudev Somani College, Kuvempunagar, Mysore on 19<sup>th</sup> February 2019.

## Paper Publication

- Presented a Research Paper entitled **“Relationship of Health Related Fitness To Academic Achievement of High School Girls of Sullia Taluk”** in the UGC approved journal –ISSN-2320-3714 Has been Published in August 2017
- Presented a Research Paper entitled, **“Physical Fitness Of Intensive Physical Activity Program”** in the UGC research journal 63012 ISSN 2320-3714 has been published april 2018.
- Presented a Research Paper entitled **“Components of Physical Fitness Diet and Nutrition”** in the UGC approved journal - Research Review International Journal of Multidisciplinary (e-ISSN 2455-3085) has been published in December, 2018.
- Presented a Research Paper entitled **“Mental Health Amid Sports Players (A comparative Study)”** in the UGC approved journal - Research Review International Journal of Multidisciplinary (e-ISSN 2455-3085) published in February 2019.
- Presented a Research Paper entitled **“Impact of Physical Education and Sports in Promoting Social Values among Youth”** in the UGC approved journal - Research Review International Journal of Multidisciplinary (e-ISSN 2455-3085) has been published in April, 2019.
- Presented a Research Paper entitled **“Emotional and Social Intelligence in Relation to Performance: A Comparative Study of Volley Ball and Basketball Players”** in the UGC approved journal – International Journal of Research and Analytical Reviews (IJRAR)(e-ISSN 2348-1269) has been published in June,2019.
- Presented a Research Paper entitled **“Physical Education and School Sport: An Academic Review”** in the UGC approved journal – Mukta Shabd Journal(e-ISSN 2347-3150) has been published in June,2020
- Presented a Research paper entitled **“Physical Fitness Mental Fitness Academic Status And Their Inter Relationship Among School Girls”** in the UGC approved journal –international journal An UGC-CARE Approved Group -2 Journal An ISO;7021-2008 (ISSN NO:1462-6063) Has Been Published August -2020

## PROFILE



**Name** : **Karthik MV**

**Email** : **Karthik.venkatesh2113@gmail.com**

**Mobile Number** : **9980926497**

**Date of Birth** : **14.01.1989**

**Qualification** : **B.COM, M.P.Ed, (6weeks Certificate) in Fitness Trainer**

**Designation** : **Assistant director**

**Area Of Specialization** : **Athletics , Badminton, Cricket, Basketball, Swimming. Yoga, Volleyball, Best Physique**

**Spots Achievement** : **Participated in state level Dasara Sports in Track Events from 2010 to 2014 won several Prize.**  
**Participated in Various District Level and Marthon Events Conducted By JSS Central for Management studies May 2013, NIE , Mysuru 2014 and AIDE et Action – Chennai – Run for Inclusion – Dec 2013.**

**Experience** : **Presently working as assistant director in physical education department Mysore from 22.10.2020**

- worked as Fitness coach in RIE from **1.11.2018 to 30.10.2019**
- Worked as PGT in Physical Education in Demonstration Multipurpose School (DMS) Mysuru from **29.05.2017 to April 2018**
- Worked as Assistant Professor in physical education Dept. in Regional institute of Education (RIE) Mysuru for **2 years** from **14.08.2015 to 21.04.2017**
- Worked as **Physical Education Director** in Vijaya First Grade College Pandavapura for **1 Year** from **1.09.2014 to 13.08.2015**
- Worked as a part time physical fitness trainer at fitness zone , Siddhartha Layout, Mysuru from **2011 to 2014**

# PROFILE



## PERSONAL INFORMATION

Name : KIRAN KUMAR R  
Email ID : kirankumar.kiran10gmail.com

Mobile Number : 09738411352  
Qualification : B.com, BPEd, MPEd, KSET

Designation : Assistant director of physical education

Area of specialization : Athletics, Swimming, Hnadball,  
Volleyball, Basketball, Kabaddi,  
Football,

Date of Birth : April 18<sup>th</sup> 1990

**Experience** : worked as a multi gym instructor at DPE  
University of Mysore, Mysore form  
2013 to 2019

: worked as a Physical Education  
Teacher at Sri Sarada Public Shcool  
Mysore from 2017 to 2019



## PROFILE



**NAME** : RAVI B  
**Email ID** : [ravi.yoga86@gmail.com](mailto:ravi.yoga86@gmail.com)  
**Mobile number** : 9741915859  
**Date of Birth** : 20-05-1986  
**Qualification** : BA, MPed , NIS Yoga 6 Week Certificate course,  
Diploma in yoga , Yoga Instructor Course (YIC)  
**Designation** : Yoga Coach (Tem)

**Area of specialization** : Yoga, Swimming, Badminton (shuttle).

### **SPORTS ACHIEVMENTS :**

- M.V.N. NABHIRAJ **GOLD MEDAL** During 92<sup>nd</sup> Annual Convocation held on 07.04.2012 for having secured Highest marks in M.P.Ed Examination conducted during may June 2011
- Participated in Mysore University Inter College Yoga Competition and secured 1<sup>st</sup> Place in Year 2009 & 2010.
- Participated in Mysore University Inter College Swimming Competition and secured **1<sup>st</sup> Place** in Year 2011.
- Champion of the Champion in the Dasara Yoga Competition in the year 2007.

### **PROFESSIONAL CREDENTIALS**

- Selected as a REFEREE in open International , State, District, Inter Collegiate , Inter School Level and Nationals , Inter National Yoga Competitions
- Selected as Special COACH for Mysore University Yogasana Team (Men& Women) represented for ALL INDIA INTER UNIVERSITY NATIONAL LEVEL YOGA COMPETITION held at Kurukshethra University in the year 2014-15 and **WON III<sup>rd</sup> Place and II<sup>nd</sup>Place** in the year of 2016-17.

- Selected as Special COACH for Mysore University Yogasana Team (Men & Women) represented for ALL INDIA INTER UNIVERSITY NATIONAL LEVEL held at KIIT University, Bhubaneswar Odisha in the year 2017-18 and **secured Gold Medal.**
- Selected as Special COACH for Mysore University Yogasana Team (Men & Women) represented for ALL INDIA INTER UNIVERSITY NATIONAL LEVEL held at Madras University Kanchipuram Tamilnadu in the year 2018-19 **Secured Silver Medal**
- Passed in Karnataka state Amateur Yoga Sports Association ® Referee Examination

### **LEVELS OF TEACHING EXPERIANCE**

- All India Institute of Speech And Hearing, Manasa Gangotri ,Mysore
- Colleges, University and institutions
- Shree Nataraja Residential First Grade College for women Mysore
- JSS College Nanjangud
- Boys Junior College Nanjangud
- PG Hostel Students Manasa Gangotri, Mysore
- Youth Hostel Mysore
- Various summer Coaching Camps
- Selected as a Coach Mysore university All India inter-university men & women Yoga teams
- Selected as a coach KARNATAKA YOGASANA SPORTS ASSOCIATION Karnataka team.

# PROFILE



## PERSONAL INFORMATION

Name : YOGESH K N  
Email ID : [knyogesh24@gmail.com](mailto:knyogesh24@gmail.com)  
Mobile Number : 09886326702, 0821- 2419288  
Qualification : B.Sc(CS), Six-week NIS Certificate  
Course In Cricket

Designation : Assistant Cricket Coach.  
Area of Specialization : Cricket  
Sports Achievement : Secured First Place in South Zone  
Inter University Cricket Tournament  
: Secured Second Place in All India  
Inter University Cricket Tournament

Date of Birth : June 13th, 1984

**Experience** : Worked as a Cricket Coach at Tenvic  
Sprots Education Private Limited from  
June 2016 to Dec 2016  
: Worked as a Malti Gym Instructor at  
University of Mysore Oct 2016 to Dec 2019  
: Working as a University Assistant Cricket  
Coach, University of Mysore, Mysore , Since  
2019 to till date

## TECHNICAL EXPERTISE

- Karnataka State Cricket Association (KSCA) Qualified Umpire 2017
- Completed Level 4 Fitness Trainer from Sports Physical Education Fitness  
and

Leisure Sector Skill Council (SPEFL-SC).

## PROFESSIONAL ACHIEVEMENT

From 2019 to 2021 imparted scientific and systematic coaching to more than 100 cricketers of 10 to 18 years of age (male and female students), represented the District.

Conducting Summer Coaching Camps successfully since 2016.

# PROFILE



## **PERSONAL INFORMATION**

Name : **RAMESHA R**

Email ID : rameshgowda7707@gmail.com

Mobile Number : 9902435251, 0821- 2419288

Qualification : M.P.Ed, B.P.Ed, B.A, NIS Diploma in Sports Coaching Kabaddi.

Designation : Kabaddi Coach

Area of Specialization : Kabaddi

Sports Achievement : Represented Senior National Kabaddi Championship-Karnataka State Team Held At South Zone In Hyderabad And All India Held At Patna, Bihar In The Year 2013-14 Inter University Cricket Tournament.

Date of Birth : 13.01.1990

**Experience** : Working as a University Kabaddi Coach, University of Mysore, Mysore, Since 2019 to till date

## **TECHNICAL EXPERTISE**

- Qualified For Karnataka State Volley Ball Referee's Examination Conducted By Karnataka State Volleyball Association In June 2017 Mysuru.

## **PROFESSIONAL ACHIEVEMENT**

- Khelo India Under 17 Boys Kabaddi Team Coach held at Assam 2019-20.
- Khelo India Under 21 Girls Kabaddi Team Coach held at Assam 2019-20.
- University of Mysore Womens Kabaddi Team Coach held at veltech University Tamil Nadu 2019-20.
- University of Mysore Mens Kabaddi Team Coach held at Mangalore University 2019-20.
- Dept of Pre University Education State Team Coach Held at Dharwad on 2019-20.

## PROFILE



**Name** : Jaswanth S  
**E-mail ID** : jeshwanthsj@gmail.com  
**Mob Number** : 8105788622  
**Date of Birth** : 09-11-1994  
**Qualification** : Diploma in Kick Boking  
IInd Degree Black Belt in Kickboxing, B.E Mechanical,  
**Designation** : Kickboxing Coach  
**Area of Specilisation** : Kickboxing,Muay thai,Brazilien Jiujitsu

### Sports Achivements

- 2 Gold Medal in IJFF International Championship 2018
- 2 Gold Medal in National Muay thai Championship 2017
- Silver in National Open BJJ Championship 2018
- Silver Medal in National Muay thai Championship 2018
- Bronze Medal in National Muay thai Championship 2016

**Experience** : Working as Kickboxing Coach department of  
Physical Education University of Mysore

### Professional Experience

Worked as Coach for Mysore University Kickboxing Team(Mens )  
Secured BRONZE Medal Individual Worked as Manager for Mysore  
University Karate Team (Mens and Women ) Secured SILVER Medal  
Women

## PROFILE

**Name** : Kishore MR

**E-mail ID** : kishore.yoga@gmail.com

**Mob Number** : 9035930994

**Date of Birth** : 08-03-1987

**Qualification** : Karnataka's First Person to Hold  
NIS Diploma in Sports Coaching (Yoga)  
Bcom, MBA , Dip in Yoga, Dip in PHM,  
300 Hour YIC from SVYASA,  
200 Hour TTC from Yoga Alliance International

**Designation** : Yoga Coach

**Area of Specilisation** : Yoga

**Sports Achivements** : Represented the University of Mysore in 2004-2005  
And 2005-2006 for All India Inter University

**Experience** : Working as Yoga Coach department of Physical  
Education University of Mysore

**Professional Experience** : Worked as Coach for Mysore University Yoga Team  
(Womens ) Worked as Coach for Karnataka  
State Yoga Team (Boys )



### Professional Credential

Passed Natioanl Level Refree Exams Conducted by NYSF

Conducted and as a Resouce Person for Semina, Conferece and Workshop

at

- 1 Mysore Division Railway Employees
- 2 Karnataka State Police Staff Mysore District
- 3 Employees of Nestle India Limited Nanjangud
- 4 Employees of United Beverages Limited Nanjangud
- 5 Employees of Triton Vales Limited Mysore
- 6 VidhyaVardhaka Engineering Fresher Students
- 7 Degree and PU College Students in and around Mysore district
- 7 Degree Students of TTL College of Business management
- 8 Conducted around 30 to 35 Yoga Demonstration program at different organist  
ion in and around Mysore

**Resouce Person for the Online Yogasana Workshop Conducted by**

- 1 Presented Session at PANORAMA INTERNATIONAL Literature Festival  
2020
- 2 JSS Coolegee for Womens, Chamarajnagar
- 3 Governement First Gade Collge , Channapatna
- 4 REVA University, Bangalore
- 5 Sri H D Devegowda GFGC Paduvalahalli , Hassan District

## PROFILE



**Name** : Shashwath M  
**E-mail ID** : shashushashwath@gmail.com  
**Mob Number** : 9886865303  
**Date of Birth** : 08-04-1993  
**Qualification** : Diploma in Sports Coaching Football  
Msc in Chemistry  
**Designation** : Football Coach  
**Area of Specilisation** : Football  
**Sports Achivements** : Paricipated in Senior Nationals (Santhosh Trophy)  
2017  
Paricipated in Karnataka State Olympics) 2016  
**Experience** : Working as Football Coach department of  
**Physical**  
Education University of Mysore  
**Professional Experience** : Worked as Coach for Mysore University Football  
Team(Mens ) 2019  
**Professional Credential** :  
Asian Football Confideration (AFC) “C” Liscence Coaching Certificate  
All india Football Federation(AIFF) “D” Liscence Coaching Certificate

## PROFILE



Name : **Ramesha S**  
Email : rgrameshgowda49@gmail.com  
Mobile Number : 9591787198  
Date of Birth : 01.03.1993  
Qualification : BA., M.P.Ed., NIS(6weeks Certificate)  
Designation : Volleyball Coach  
Area Of Specialization : Volleyball Athletics ,Swimming Hand ball, Wrestling  
Shuttle badminton ,Basket Ball, Hockey, Body Building  
Spots Achievement : Runners in Volly ball Inter District Championship 2016

### **Experience**

Working as a Physical Education Teacher At Royal Con card international School in 2018-2019

Working as a Volleyball coach in Department of Physical Education University of mysore 01-03-2021 till date

### **Professional Experience**

- Working as a Selection Comitte Member For Mysore university Vollyball Women Team, World Inter university Championship
- Working as a Refree Karnataka State PUC Vollyball Championship 2017-18
- Working as a refree PUC National Level Vollyball Champion Ship 2017-18
- Woking as a official VTU (Vishweshwaraiah Technical University ) Athletic Meet 2017-18
- Woking as a official for National Level Swimming Compitation Master games
- Woking as a official For State Level Swimming Compitation Juniors

### **Peoffessional Credentials**

- Organised Inter Collegieat Vollyball Compitation
- Qualified State refree in vollyball

### **Confrence /Semior /Workshop Attended**

- Attended National level Karate referees Examination Workshop
- Attended State Level Vollyball Refrees Examination Workshop
- Attended national Level Semior on Nutrition Exchange in human Body
- Attended Semior on Vollyball new updated Rules



# PROFILE



**Name** : Puneeth.M  
**Email ID** : puneethcoach@gmail.com  
**Mobile Number** : 9449859055  
**Date of Birth** : February 10th 1989  
**Qualification** : BA, M.P.Ed, NS NIS (Athletic)  
**Designation** : Athletic Coach University of Mysore  
**Area of Specialisation** : ATHLETICS  
**Experience** : Department Youth Empowerment and Sports (Athletic Coach) for 2018 & 2019 Presently Working as Athletic Coach, University of Mysore till date.

## Sports Achievements

- Represented University of Mysore in All India Inter University Cross Country Championship for Seven Years IE. from 2007 to 2014.
- Participated in various State Level Junior and Senior Cross Country Championships held at different places of Karnataka from 2006 to 2007 And won all the championships successfully. I was honoured with cash prize and Memento by the Mysore Athletics Club , Mysore.
- Represented University of Mysore in ALL India inter University track and Field Championship for Three Years IE., from 2008 to 2010.
- Participated in various State and National Level Track and Field Events Held at different places. I was honoured with cash prize and Memento by the Mysore Athletics Club, Mysore.
- State Level Cross Country (K.A Netkalappa Memorial Road Races) 2006.
- Karnataka State Junior Athletics Championship – 1 st Place - 24th State Junior Athletics Championship – 2 nd Place - 2 nd All India Masters Cross Country Race – 2012.
- BSNL-Bangalore International Marathon 2007.

## Conference/Seminar/Workshop Attended

- Participated in community coaches training program ( Level-2) for Promotion of sports and games for the Disabled, held at DOS Press, University of Mysore, Mysore, From 12th October to 13th October, 2012 .
- Participated in Special Olympics – 2012-13 as a Volunteer. Organized by Rotary Mysore Midtown and JSS Mahasamsthan, Suttur, 15 & 16 December 2012 .
- Attended national level Seminar on Physical Education and Sports: A Challenging Future in India, Organized by Dept. Of Collegiate Education, Govt. First grade College, Kuvemunagar, Mysore, on 23rd and 24th August 2013.
- Attended One Day State Level Seminar on ‘Physical Education – its Relevance in Higher Education’, organized by DOS Physical Education, JSS College for Women, Saraswthipuram, Mysore, on 16th March 2013.
- Two Days workshop on “Physical Education: teaching Methodology” on 28 & 29th October 2020.
- Two Day National Conference “Tribal Development and corporate social responsibility : issues and prospectus” on 13 & 14th August 2018.
- One Day National Conference on “Infrastructure and Sustainable Development: Issues and Challenges” on 19th January 2018.

# PROFILE



**Name** : PRADHA JAIN M C

**Mail ID** : pradhanjain123@gmail.com

**Date of Birth** : 26-12-1976

**Contact Number** : 9880641485

**Qualification** : BA, BPed, NIS Diploma in swimming

**Designation** : Swimming Coach

**Area of Specialization** : Swimming Coaching

**Sports Achievements** : All India University represented Mysore University in Swimming, Have won National Gold Medal in Swimming

**Experience** : Working as Swimming coach at Mysore University Swimming pool , Department of Physical Education, University of Mysore

## PROFESSIONAL EXPERIENCE:

- Conducted DASARA Swimming Competition in Chamundivihar Stadium Swimming Pool
- Conducted Inter-School & Inter- College & different club Swimming competition in DYES Mysore
- Worked at BALDWIN BOYS School in Bangalore as Swimming Coach & PT teacher for 7years

## PROFESSIONAL GREDEBTIALS:

- Organized Inter-School & Inter- College Swimming competition in Chamundivihar Stadium Swimming Pool .
- Organized Government Employ Sports in Swimming
- Official in Junior-National & Senior- National & Team Manager in Swimming.

## PROFILE



NAME : Tulasi Dasa D

DESIGNATION : Multi Gym Instructor

DATE OF BIRTH : 25-10-1983

QUALIFICATION : B.Com,.

MOBILE NO : 9611225725

E-MAIL : [tulsidas2525@gmail.com](mailto:tulsidas2525@gmail.com)

Experience : Working as a Multy-Gym Instructor  
Department of Physical Education  
University of Mysore, Mysore since 2012  
to till date.

Technical Experience : completed Multy-Gym Instructor Course  
from National Skill Development  
Corporation (MSDC) 2020.

Professional Achievement : from 2013 to 2019 imparted scientific  
and systematic coaching to more than 50  
Gym and Badminton of 10 to 18 years of  
age.

## PROFILE



NAME : Raju H

DESIGNATION : Multi Gym Instructor

FATHER NAME : Hombaiah

MOTHER NAME : Basamma

DATE OF BIRTH : 02-10-1981

QUALIFICATION : B.A

NSDC (Multi-Gym Instructor Certificate)

PRESENT ADDRESS : # 87/A Ramamandira Road  
T.K Layout, Mysore 570009

MOBILE NO : 9986542130

E-MAIL : [rajupratham99@gmail.com](mailto:rajupratham99@gmail.com)

## PROFILE



NAME : Shashidhar A

DESIGNATION : Multi Gym Instructor

FATHER NAME : Andanappa

MOTHER NAME : Rajamma

DATE OF BIRTH : 13.04.1992

QUALIFICATION : M.B.A.,  
NSDC (Multi-Gym Instructor Certificate)

PRESENT ADDRESS : # 223, Dasankoppal, Bogadi,  
Jayapura Hobli, Mysore – 26

MOBILE NO : 7760514903

E-MAIL : [shashi9739110939@gmail.com](mailto:shashi9739110939@gmail.com)

Achievement : Representing Mysore University in  
Cricket in the year 2011-12 & 2014-15  
: KSCA Qualified Scorer