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# University of Mysore

(Estd.1916)

## POSTGRADUATE DIPLOMA IN SWAMI VIVEKANANDA STUDIES



**UNIVERSITY OF MYSORE**

**Manasagangotri, Mysuru-570006**

**Regulations and Syllabus**

**POSTGRADUATE DIPLOMA IN SWAMI  
VIVEKANANDA STUDIES**

**(One-year Course)**



The Chairman [BOS]  
Department of Post-Graduate Studies  
and Research in Philosophy  
University of Mysore  
Manasagangotri, Mysuru-570 006

**UNIVERSITY OF MYSORE**  
**GUIDELINES AND REGULATIONS**  
**LEADING TO**  
**POSTGRADUATE DIPLOMA IN SWAMI**  
**VIVEKANANDA STUDIES**

**Programme Details**

**Name of the Programme** : Postgraduate Diploma in Swami Vivekananda Studies

**Duration of the Programme** : 1 year

**PROGRAMME OUTCOMES**

While studying this course the student would be able to :

**P.O-1:** Students will learn about the rise and impact of renascent movements on Modern Indian Society like Brahma Samaj, Arya Samaj, Ramakrishna Movement etc Swami Vivekananda imbibed the spirit of all the above movements.

**P.O-2:** Students will learn about the importance of Swami Vivekananda's Practical Vedanta, who liberated the Vedantic ideas and ideals from forests, caves and the like and brought them to the main stream of life.

**P.O-3:** Students will learn about the invariability of religion to society. Swami Vivekananda was a revolutionary religionist and brought reformations in the religions of the world by analyzing them in a spirit of Rationalism and Universalism.

**P.O-4:** Students will learn about the importance of Yoga and Yogic Methods. Swami Vivekananda was essentially a Karma Yogi and made Indian Society creative and dynamic.

**P.O-5:** Students will learn the message of Nationalism, Patriotism and true spirituality. If there was a true nationalist, a spirited patriot it was Swami Vivekananda.

## **Programme Specific Outcomes :**

### **After the completion of the course the student will-**

- Develop an understanding of Vivekananda and renascent movements.
- Understand Vedas and Upanisads and three schools of Vedanta
- Know about Vivekananda's views on Religious Conversion and concept of Universal Religion and its characteristics
- Understand about various yogic methods
- Know about Vivekananda's Nationalism and Sociological, Political and Economical views of Vivekananda

## **PROGRAMME PEDAGOGY**

- The pedagogy involves meaningful incorporation of teaching and learning materials in addition to use of text books and reference works.

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# POSTGRADUATE DIPLOMA IN SWAMI VEKANANDA STUDIES

(One-Year Course)

## SYLLABUS

### PAPER - 1

## VIVEKANANDA AND RENASCENT MOVEMENTS

### **COURSE OUTCOME**

The students will be able to know Brahma Samaj, Arya Samaj and Prarthana Samaj. The students will also be able to know about brief biography of Theosophical, Ramakrishna, and Swami Vivekananda movements.

### **COURSE CONTENTS**

**UNIT-1** : Brahma Samaj - Raja Ram Mohan Ray as a Social Reformer - Introduction of English Education.

**UNIT-2** : Arya Samaj - Dayananda Saraswathi's revival of Vedas -Vedic Teaching to all castes – Status of Women.

**UNIT-3** : Prarthana Samaj - Mahadeva Govinda Ranade

**UNIT-4** : Theosophical Movement - Madam Blavatsky, Colonel Alcot and Annie Beasant-  
Emphasis on Occultism.

**UNIT-5** : (a) Ramakrishna Movement - a Brief biography - spirit of reconciliation at philosophical and religious level.

(b) Swami Vivekananda – a Brief biography – Influence of Ramakrishna on Vivekananda – Parliament of Religions – Establishment of Ramakrishna mission.

### **Reference Books**

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|---|------------------|
| 1. Hinduism through the Ages                                | - D.S. Sharma    |
| 2. The Renascent Hinduism                                   | - D.S. Sharma    |
| 3. Indian Social Reform                                     | - C.Y.Chintamani |
| 4. Raja Ram Mohan Roy and<br>Progressive Movements in India | - J.K.Kumar      |

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| 5. History of Brahma Samaj               | - Sivanath Sastri     |
| 6. Life and Times of Lokamanya Tilak     | - N.C. Kelkar         |
| 7. The Arya Samaj                        | - Lala Lajpath Rai    |
| 8. Modern Religious Movements in India - | J.Farquhar            |
| 9. Renaissance in India                  | - G.F.Andrews         |
| 10. Hindu Social Progress                | - M.Subba Row Pantulu |
| 11. Wake up India                        | - Annie Beasant       |

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**PAPER - 2**

**VIVEKANANDA'S PRACTICAL VEDANTA**

**COURSE OUTCOME**

The students will be able to know Vedas and Upanisads and three schools of Vedanta and characteristic of practical Vedanta.

***COURSE CONTENTS***

**UNIT-1** : Vedas and Upanisads – An introduction

**UNIT-2** : Basic tenets of three schools of Vedanta – Advaita, Visistadvaita and Dvaita.

**UNIT-3** : Characteristic of Practical Vedanta

- (a) Universality
- (b) Impersonality
- (c) Rationality
- (d) Catholicity

**UNIT-4** : Philosophy of Swami Vivekananda

- (a) Nature of Reality
- (b) Nature of Self
- (c) Nature of the universe – The doctrine of maya
- (d) Identity of Self and God

**UNIT-5** : Sadhana and Moksha – Knowledge as the means of Moksha – Jivanmukti – Social concern.

**Reference Books**

1. The Complete Works of Swami Vivekananda Vols 1 to 8 Relevant Chapters.
2. Kannada Translation of (1) above
3. Brahma Sutras: Published by Ramakrishna Mission
4. Brahma Sutra: By Dr. S. Radhakrishnan
5. The Metaphysics and the Mysticism of Sri Nijaguna Shivayogi – B.P. Siddhashrama.

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## PAPER - 3

### VIVEKANANDA ON UNIVERSAL RELIGION

#### **COURSE OUTCOME**

The students will be able to know about Vivekananda's views on Religious Conversion and concept of Universal Religion and its characteristics.

#### **COURSE CONTENTS**

**UNIT-1** : Definition of Religion – Religion as ancestor worship and nature worship – Religion as realization – Relationship between religion and science.

**UNIT-2** : Vivekananda views on Religious Conversion

**UNIT-3** : His observations on major religions of the world

- (a) Hinduism
- (b) Christianity
- (c) Islam

**UNIT-4** : The concept of Universal Religion and its characteristics – Fundamental unity of all religions – acceptance and not tolerance is the principle.

**UNIT-5** : Swami Vivekananda's observation on Buddhism.

#### Reference Books

1. The complete works of Swami Vivekananda (in 8 Volumes)
2. Jnana Yoga - Swami Vivekananda
3. The Biography of Swami Vivekananda
4. Cultural Heritage of India
5. Natural Religion - Max Muller
6. Eastern Religious and Western Thought – Dr. S.Radhakrishnan
7. Hindu View of Life -Dr.S.Radhakrishnan
8. Religion and Society - Dr. S.Radhakrishnan
9. Kannada Translation of 4 by K.B. Ramakrishna Rao ( Uni.of Mys.)
- 10.Kannada Translation of 5 Religion and Social.



## **PAPER - 4**

### **VIVEKANANDA AND YOGIC METHODS**

#### **COURSE OUTCOME**

The students will be able to know about various yogic methods.

#### **COURSE CONTENTS**

**UNIT-1** : Definition of term Yoga - Different meanings of term – The four Yogas namely viz. Karma, Bhakti, Jnana and Rajayoga

**UNIT-2** : Karmayoga – Karma and Samskaras – Role of Karma in shaping human character – Niskama Karma Yoga – Pravritti and Nivritti.

**UNIT-3** : Bhaktiyoga – Bhakti as love – Apra Bhakti and Para Bhakti – Place of Symbols and images in Bhaktiyoga – Pratheeka and Pratheema – The need for Guru – Qualifications of Guru and Shisya – Five forms of Bhakti – Shantabhava, Dasyabhava, Sakhyabhava, Vatsalyabhava and Madhurabhava – The triangle of love – Parabhakti or Jnana.

**UNIT-4** : Jnanayoga – The real nature of man as Sat, Chit and Ananda – man as immortal – Jnana as the direct means of Moksha.

**UNIT-5** : Rajayoga – The control of Vrittis – Five kinds of Vrittis – Klesas – Abhyasa and Vairagya – The eight steps of Yoga – Siddhis as obstacles to yoga – Nature of Samadhi.

#### **Reference Books**

1. Jnana Yoga - Swami Vivekananda
2. Karma Yoga - Swami Vivekananda
3. Bhakti Yoga - Swami Vivekananda
4. Raja Yoga - Swami Vivekananda
5. Yoga Sustras - Patanjali
6. Synthesis of Yoga - Sri Aurobindo
7. Lights of Yoga - Sri Aurobindo
8. The Complete works of Swami Vivekananda Vols 1 to 8 relevant chapters.



**PAPER - 5**

**VIVEKANANDA AND MODERN INDIA**

**COURSE OUTCOME**

The students will be able to know about Vivekananda's Nationalism and Sociological, Political and Economical views of Vivekananda.

**COURSE CONTENTS**

**UNIT-1** : Vivekananda and Nationalism – The message of patriotism – spirituality as the basis of patriotism

**UNIT-2** : Sociological views of Vivekananda – His views on caste and untouchability - status of women – His views on Education – Swami Vivekananda's concept of Vedantic Socialism

**UNIT-3** : Vivekananda's his Economic Ideas – Economic thinking in 19<sup>th</sup> Century – Vivekananda and Karl Marx – Material Development not ignore – emphasis on technological revolution

**UNIT-4** : Vivekananda's Political Ideas – His analysis of Democracy and Communism.

**Reference Books**

1. The Complete Works of Swami Vivekananda Vol. 1 to 8 Relevant Chapters.
2. Translation of (1) into Kannada
3. Great Women of India Published by Ramakrishna Mission.
4. Thus spake Swami Vivekananda

