

ANNAPOORNA A M

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Gowrishankar Nagar, Mysore

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SKILLS

Counselling

Organisational Skills

Classroom management

Curriculum development

Active listening

Documentation and record keeping

Career counseling

Diagnosis

Assessment

PROFESSIONAL EXPERIENCE

Guest Faculty

Department of Studies in Psychology

Manasagangotri, University of Mysore

From October 2024 to Present

Psychology Intern

The Revive Wellness Hospital

From December 2023 to January 2024

Two months of supervised clinical training, including Behavior Therapy, conducting Psychological tests and Case History taking, exposure to Neuropsychiatric illness and De-addiction cases.

Psychology Intern

Psychiatry Department, K R Hospital

From September 2021 to October 2021

Two months of supervised case history taking, focused on learning the key responsibilities including applying Counselling Techniques, application of Psychological Scales and Questionnaires.

Journalist Intern

Times of India

From August 2020 to August 2020

Participated in Editorial meetings to discuss story ideas and content, reported from field and wrote articles.

EDUCATION

Masters of Science in Psychology

2022-2024

University of Mysore

CGPA - 8.34

Bachelor of Arts in Psychology

2019-2022

Maharaja's College, University of Mysore

CGPA - 7.89

AWARDS

Best Student Award

National Level Inspire Award

LANGUAGES

- English
- Kannada
- Hindi

DISSERTATION

'Social Anxiety and it's interrelation to Chronic Loneliness between Generation Z and Millennials'

REFERENCES

Dr. Lancy D'Souza

HOD, Department of Psychology

Maharaja's College

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Dr. Sampathkumar

Chairman, DoS in Psychology

Manasagangotri, University of Mysore

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