



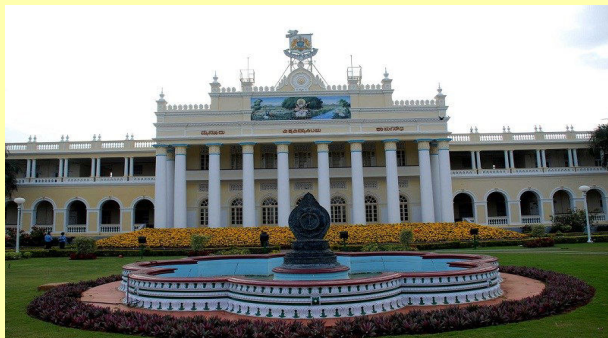
## **UNIVERSITY OF MYSORE**

University with Potential for Excellence Sponsored  
**Silver Jubilee National Seminar**  
on

**'Risks and Resilience Across The Life Span'**

March 15<sup>th</sup> & 16<sup>th</sup> 2018

**Venue: Manasagangothri Campus**



**Organized by**

**Human Development**

**Department of Studies in Food Science and Nutrition**

**Manasagangothri, Mysuru - 570006**

### **University of Mysore:**

The University was established on 27<sup>th</sup> July 1916 and it has celebrated its centenary year in 2016-17. It is the 6<sup>th</sup> oldest in the country and the first in the state of Karnataka. As one of India's premier institutions of higher learning, the University enjoys the distinctive honour of parenting four Universities - Bangalore University [1964], Mangalore University [1980], Kuvempu University [1987] and the Karnataka State Open University [1996]. Today the University has 63 PG Departments offering 76 post graduate programmes with more than 120,000 UG, PG, M.Phil and Ph.D. Students. Enrollment of a large number of overseas students from 63 countries reflects the international reputation of the University.

The University has several laurels to its credit. It was the first University to be accredited by NAAC in 2000 with Five Star Status. In its third cycle of accreditation, the University has received an 'A+' in 2013. The Govt. of India conferred the status of 'Institution of Excellence' by awarding a grant of Rs. 100 crores to the University in 2008. It is identified as Innovation University by Government of Karnataka in 2009. The University Grants Commission has conferred the recognition of 'University with Potential for Excellence' in 2009 with a financial assistance of Rs. 50 crores in 2012. It is recognized as centre of Excellence in Potential for Excellence in a Particular Area and was awarded grant of Rs. 9.5 crores which has been renewed in 2016. The University is now ranked 36<sup>th</sup> in the India Rankings 2017, NIRF-MHRD, Govt. of India.

### **Human Development, DOS in Food Science and Nutrition:**

The Master degree and Doctoral degree programs in Human Development was introduced during the academic year 1993-94 in the DOS in Food Science and Nutrition as a result of the efforts of the renowned Educationist and Home Economist Dr. Selvie Das P., Former Vice Chancellor of University of Mysore, Mysore (1988-91). The Human Development is housed in its own academic building constructed in 2000 with generous contribution given by Dr. Selvie Das P. from MP fund and Karnataka State Government grants. It has well furnished classrooms, staffrooms, research tools for Human Development studies and research laboratories. Mysore University Day Care Centre was started in 2009 and it serves as the child development laboratory for Human Development program.

The Human Development has to its credit 9 Ph.D. degrees awarded, 188 dissertation/project reports, nearly 50 publications and more than 75 scientific/research papers presented in various national and international level seminar and conferences. The graduated students are serving as counselor, trainer, tutor at hospitals, Day Care Centers, Special Education Centers, Anganwadi Training institutions, IBM and other NGOs working for women and children. The Human Development has students-teachers forum i.e. Human Development and Welfare Association – to provide a platform to students to exhibit their talents and to promote curricular and co-curricular activities.

### **About the Seminar: Risks and Resilience across the Life Span'**

Life is a journey, with each developmental stage posing a new set of challenges and opportunities. As individuals grow and reach their developmental competencies, there are contextual variables/factors that hinder or promote the process. The way risk and protective factors interact to produce positive or negative outcomes at different stages of human development is complex and difficult to understand. Further, the effects of risk and protective factors are cumulative, may also depend on the nature of the problem experienced by individuals. Thus, the greater the number of risk factors, the higher the susceptibility. Conversely, the accumulation of protective factors may have enduring effects to promote resilience.

Resilience has been defined as a multidimensional construct in its operational characteristics, and a key variable in predicting positive outcomes in the face of adversity. Consequently, an operational definition of resilience must encompass all of the key characteristic

of resilience and include the components of capacity, process, and result. Thus, cultivation of resilience means fostering individuals' capacity, flexibility, and coping strategies as they face developmental changes and life stresses in order to "bounce back" from difficult life experiences and achieve positive outcomes. Life span perspective provides an organizational framework for understanding how growth and development of human being takes place across the life emphasizing experience and learning in environment along with biological maturation from infancy through old age. It also helps to understand the critical conditions that make individuals vulnerable to or resilient in the face of, potential health and developmental issues at different stages of lifespan.

### **Objectives of the Seminar**

- To identify risk and protective factors at different stages in the life span.
- To understand the etiology & consequences of risks and protective factors
- To recognize the resilience factors as catalyst for health promotion across the life span.
- To understand the interaction of factors and methods for development of resilience and implications for intervention
- To provide opportunities to health Professional to establish a common vision and identify practical means through which they can maximize their contribution to health policies and programmes.

### **Sub Themes of the Seminar**

**Child Development and Resilience** – risks factors for developmental delays including birth injury, low birth weight and disability, insecure attachment, early recognition and prevention of emotional or behavioural problems, antisocial behaviours, trauma and maltreatment, abuse of tobacco, alcohol and other drugs, difficulties in learning and at school,

**Nutrition and Resilience** – malnutrition and non-communicable disease, life styles, Food insecurity, Multi-sectoral programs and policies that aim at improving the diets, nutritional status, and health of vulnerable groups

**Mental Health and Resilience** – mental health determinants, provision of living and working conditions that enable psychosocial development and self-determination particularly among vulnerable persons, promotion of positive interactions within and between social groups, social protection for the poor, promotion of the rights, opportunities and care of individuals with mental disorders, elder abuse.

**Family and Cultural Resilience** – family cohesion, parenting, single parenthood, child rearing practices or patterns of family communication, family stress, lack of social support, family belief system, marital adjustment, religion, socioeconomic status of family, media influence, peer pressure, neighborhood violence and crime

**Call for Papers:** Interested academicians, scientists, scholars and students working in allied areas like Human Development, Food and Nutrition, Psychology, Anthropology, Sociology, Social Work, Education, Special Education along with Medical sciences are invited to submit abstract for oral/poster presentation on any of the themes mentioned above. **The abstract of the paper** (Typed in Times New Roman, 12 font, 1½" line spacing and not more than 500 words) **shall reach the Organizing Secretary on or before 25<sup>th</sup> February 2018** by post and soft copy of the abstract can also be sent to the seminar email id. [hdnationalseminar2018@gmail.com](mailto:hdnationalseminar2018@gmail.com). The abstract review committee will screen and select the papers for oral/poster presentation. The selected participants will be intimated about the acceptance and the category of presentation via email by 3<sup>rd</sup> March 2018. **Last date to send the Registration form is 3<sup>rd</sup> March 2018.** Necessary accommodation can be done onrequest andonreceiptof advance of Rs.500/-per delegate.

**Registration Fee: Rs.1000/- for Delegates, Teachers & Corporate sectors, Rs. 500/- for Research Scholars and Student Delegates.**

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