

CURRICULUM VITAE



Name : Mr. Pavan Kumar S. K.
Present position : Guest Faculty in Human Development
Department address: Department of Studies Food Science and Nutrition
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PERSONAL PROFILE

Nationality	Indian
DOB	16-Feb-1995
Religion	Hindu
Caste	Veerashaiva Lingayath

ACADEMIC PROFILE

Education	College	Year of passing	Percentage & Class
SSLC	S.V.M. English School, Hassan	2010	70.88%
P.U.C (PCME)	St. Josephs Pre-University College, Hassan	2010-2012	64.48%
B.Sc. (Psychology, Criminology and Forensic Science, Human development)	Government Home Science college, Hassan	2014-2017	70.51%
M.Sc. in Human Development	Department of Studies in Food Science and Nutrition, Manasagangothri, University of Mysore, Mysuru.	2017-2019	Distinction CGPA 8.230 (82.30%)
PG Diploma in Human Development	Department of Studies in Food Science and Nutrition, Manasagangothri, University of Mysore, Mysuru.	2017-2019	Secured by acquiring extra 18 credits along with M.Sc. Program in Human Development

Career Experience:

- Currently working as Guest faculty in Human Development at Maharaja's College, Mysore.
- Currently working as Guest faculty in Human Development Department of Studies in Food Science and Nutrition, Manasagangothri, Mysore.

Research Experience:

- **M.Sc. Dissertation:** “Relationship between Depression and Resilience in Youth of Mysore”
- **Enrolled for Ph.D. in Human Development** in Human Development at DOS in Food Science and Nutrition

Additional Qualification

- **UGC NET - Cleared UGC NET for Assistant Professor in Home Science in the year June 2019**
- **Cleared Ph.D. Course work** in Human Development at DOS in Food Science and Nutrition

Research Guidance:

- M.Sc. Dissertation: 1 (Ongoing)

PROFESSIONAL TRAINING

- Completed internship at NIMAHNS, Bangalore in the psychiatry Social work Department for six week. (25th June to 4th August 2018)
- Completed Internship at Sneha Kiran Spastic society, Mysore for 4 Weeks.
- Completed 15 days internship at Podar Jumbo Kids, Hassan.

AWARDS AND ACHIEVEMENTS

- Best Seminar Award for the academic year 2018-19 by Human Development and Welfare Association, DOS in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore

PARTICIPATION AND RESEARCH PAPERS PRESENTED IN CONFERENCES/

SYMPOSIUM/ WORKSHOPS – 15

2017

- Merely participated in 49th Annual conference of the Nutrition Society of India on Biodiversity, Traditional Food Systems And Wellness: Connecting Global Priorities organised by Department of Food Science and Nutrition, Assam Agricultural University, Jorhat, Assam. (November 3rd & 4th, 2017)

2018

- Poster presentation on- “Pre-eclampsia- risk factors and management” at UPE sponsored Silver Jubilee National Seminar on – “Risks and Resilience across the Life Span” held at Vijnana Bhavan, Manasagangotri, Mysuru on 15th& 16th March, 2018.
- Merely participated in Workshop on “Basic Statistics and its Application Using Statistical Package for Social Science (SPSS) organized by Human Development and Welfare Association in collaboration with Nutrition Society, DOS in Food science and Nutrition, Manasagangotri, Mysuru. (20th and 21st August, 2018)

- Merely participated in orientation workshop on Swayam courses for third semester Post-Graduate students organized by SWAYAM- Digital Learning Monitoring cell, Manasagangothri, university of Mysore, Mysuru. (25th august, 2018)
- Merely participated in Workshop on “Listening Skills in Counselling: Indian Experience and Perspective” organized by the Department of Clinical Psychology, All India Institute of Speech and Hearing. (28th December, 2018)

2019

- Merely participated in International Conference on “Innovative Techniques and Nutritional Demands in Food Security- Trends, Challenges and perspectives”, at department of PG and UG Studies in Food Science and Nutrition, Alva’s College, Moodbidri. (8th and 9th February, 2019)
- Merely participated in Open day “Nutritional Carnival” in communication of Anaemia Mukth Bharath organized by Department of studies in Food Science and Nutrition, University of Mysore, Mysuru. (1st March, 2019)
- Merely participated in Mysore divisional level consultation on “Early Childhood Care and Development” organised by Karnataka Child Rights Observatory, Human development, DOS in Food Science and Nutrition, University of Mysore and Swami Vivekananda Youth Movement Mysuru. (March, 5th 2019)
- Merely participated in the two day national workshop on “Quality Research Methodology and Writing, Publishing Skills for Researchers” organized by the department of studies in Library Science, University of Mysore, Mysuru. (26th and 27th July, 2019)
- Merely participated in Two day workshop on “Critical Appraisal Skills for Nutrition Research” organized by the Department of Studies in Food Science and Nutrition, University of Mysore, Mysuru. (19th and 20th August, 2019)
- Oral Presentation on – “Prevalence of Malnutrition among Adolescents of Hassan” at 51st National Conference held by Nutrition Society of India with the theme Nutrition Security: Blending Tradition with Modern Technology at Rajiv Gandhi Centre for Biotechnology, Thiruvananthapuram, Kerala (8th and 9th November, 2019)

2020

- Oral Presentation on – “Relationship between depression, vice habits and resilience of youth in Mysuru city” at 33rd Biennial conference held by Home science Association of India at Avinashilingam institute for home science, Coimbatore.
- Attended workshop on “Complementary Therapies in Autism Spectrum Disorder: Interplay between Diet and Gut Micro-biota”, organized by Department of Studies in Food Science and Nutrition held on 15th of February, 2020 at IOE Auditorium, Vijnana Bhavan, Manasagangothri, University of Mysore, Mysuru-06.
- Attended Webinar on Psychosocial Impact of COVID 19 on Education and its Stakeholders- Students, Teachers and Parents held on 26 June 2020 by Home Science Association of India Karnataka State Branch.
- Attended Two days online Faculty Development Webinar on Quality Sustainability of the Higher Education held on 29th and 30th June 2020 by The Rural Degree College, Kanakapura, Ramanagara.

Invited Talks:

- Resource person for the contact class of Diploma in Nutrition and Health education at Karnataka State Open University, Mukthagangotri, Mysuru.

Publication:

- Pavan Kumar S. K and Komala M (2020) Relationship between Depression, Vice Habits and Resilience in Youth of Mysore City, cited in “Development and Well-being across the Lifespan”, Edited book of 33rd Biennial Conference of HSAI- Trends for Futuristic Development in Home Science: Research and Innovation, page no-130, ISBN 978-9385604-11-9.

SKILLS

- Fluency in Kannada, English and Hindi languages.
- Cleared Prathama and Madyama Exam in Hindi.
- Cleared Lower and Higher exams in Drawing.
- Computer literate in MS Office, Internet operations and SPSS.
- Attended two village camps in NSS during the academic year 2014-15 and 2016-17.

(Pavan Kumar S K)