

Curriculum Vitae



1. **Name** : Dr. Deepa Kannur
2. **Present Position** : Guest Faculty in Human Development
DOS In Food Science and Nutrition
University of Mysore
Manasagangotri, Mysuru - 570006
3. **Residential Address** : D/O Shivanna Kannur
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Near Darga road
Vijaypur-586103
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5. **Email** : deepakannur0472@gmail.com
6. **Date of Birth** : 01/01/1991
7. **Nationality** : Indian
8. **Religion** : Hindu
9. **Category** : II A

1. ACADEMIC QUALIFICATION

Examination/ Degree Passed	Specialization	Institution/ Board/ University	Year of Passing	Marks
Ph.D.	Human Development and Family Studies	University of Agricultural Sciences, Dharwad.	2019	8.48
M. H.Sc. (Home Science)	Human Development and Family Studies	University of Agricultural Sciences, Dharwad.	2016	76.40
B. H.Sc. (Home Science)	Human Development and Family Studies	University of Agricultural Sciences, Dharwad.	2014	76.80
P.U.C	Science	Govt PU college for girls Bijapur	2010	49.67
S.S.L.C	-	Govt PU college for girls Bijapur	2007	78.24

2. ADDITIONAL QUALIFICATIONS

- **State Level Leadership Development Program** through National Service Scheme at Belgaum (Examba)

- Qualified **UGC-NET** held on 31-12-2017 and 30-12-2018 in the subject Home Science
- Qualified **K-SET exam passed held on 27-9-2020** in the subject Home Science
- Certificate Course in computer application in 2010 by TI-Master, Education Computer Training Center, Vijayapur.
- PG Diploma in Parental Education in 2019 by the Annamalai University, Tamil Nadu
- Two months agriculture massive open online courses in the subjects Functional Foods: Concept, technology and health benefits in 2018 and Fundamentals of Agricultural Extension in 2019.

3. PROFESSIONAL EXPERIENCES

INSTITUTION	POST HELD	YEAR
Department of Food Science and Nutrition, Manasagangotri, Mysore-06	Guest faculty	2019-till date

FIELD OF SPECIALIZATION IN TEACHING

Methods and Techniques in Human Development, Theories of Human Development and Behavior, Advanced Family Studies, Reproductive Health-Issues and Welfare, Mental Health of Adolescents and Adults, Infant Development and Stimulation.

4. RESEARCH EXPERIENCE

Title of Ph.D. Thesis : Menopause: Problems, well-being, marital satisfaction and intervention

Title of M.Sc. Thesis : Health status, menopausal knowledge regarding care and management among postmenopausal women in rural and urban area.

Research Fellow : Staff Research Project (SRP) on “Reproductive morbidity among adolescents and young women in North Karnataka”, University of Agricultural Sciences, Dharwad

5. RESEARCH GUIDANCE: 2 (Annexure 1)

- M. Sc. Dissertations: 2

6. RESEARCH PUBLICATIONS: 21 (Annexure 2)

	National	International	Total
Research papers published	04	11	15
Books published	-	06	06

Total	04	17	21
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7. OTHER ACADEMIC RELATED PUBLICATIONS: 09 (Annexure 3)

Popular articles	9	-		9
Folders	2	-	-	2
Total	11	-		11

8. RESEARCH PAPERS PRESENTED IN CONFERENCES/SEMINARS: 15
(Annexure 4)

	National	International	Total
Research Papers presented			
Poster papers presented	1	1	2
Oral papers presented	10	3	13
Total	11	4	15

9. PARTICIPATED IN CONFERENCES/ SEMINARS /WORKSHOPS: 10 (Annexure 5)

- National conference- 7
- Workshops-3

10. SPECIAL LECTURE: (Annexure 6)

- Invited Lecture-1

11. LIFE MEMBERSHIP OF ACADEMIC ORGANIZATIONS

- Home Science Association of India
- Society for Advancing Human and Nature (SADHNA), Dr YS Parmar University of Horticulture and Forestry, Nauni, Solan, 173230 Himachal Pradesh, India (Life Member)

12. AWARDS- 09

- **Winner of Dile Ram Banyal Memorial Best Paper Award** in 2018 by Dr YS Parmar University of Horticulture and Forestry, Nauni, Solan, 173230 Himachal Pradesh, India.
- **Best poster presentation award** entitled “Impact of nutrition status on menopausal problems” presented at International Conference on Nutrition Society of India, Hyderabad in 2018
- **Best paper presentation** entitled “Problems, well-being and marital satisfaction among working and non-working menopausal women” Presented in Post Graduate Conference, Unvi., Agri., Dharwad in 2019.

- **Young Scientist Award** entitled “Experimental study on well-being among working and non-working menopausal women” presented in 12th National Women’s Science Congress, Mysore.
- **Best paper presentation award entitled “Sexual distress among surgical menopausal women”** presented in International Conference on “Interdisciplinary Scope of Human Development”, Mount Carnal College, Bangaluru.

S/d Dr. Deepa Kannur

Annexure 1**Research Guidance****M.Sc. Disseratation**

2020-21	<ul style="list-style-type: none"> • Impact of Parental obesity and childhood obesity with behavior problems of preschool children • Cognitive Development and Nutritional Status of Yerava Tribal School Children
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Annexure 2**PUBLICATION OF RESEARCH ARTICLES JOURNALS: 21**

INTERNATIONAL JOURNALS: 11	
2017	<ol style="list-style-type: none"> 1. Kannur, D. and Itagi, S., 2017, Influence of weight on health status and menopausal problems of rural and urban postmenopausal women. <i>Int. J. Pure App. Biosci.</i> 5 (6): 1457-1464. (NAAS Rating - 4.74).
2018	<ol style="list-style-type: none"> 2. Itagi, S., Kannur, D. and Sangal, R., 2018, Factors influencing the knowledge of rural adolescent girls and young women of northern Karnataka about reproductive health. <i>Int. J. farm science.</i> 8 (2): 57-61. 3. Kannur, D. and Itagi, S., 2018, Influence of demographic characteristics on menopausal problems of rural and urban middle-aged women of Dharwad and Bagalkot, Karnataka. <i>Int. J. farm science.</i> 8 (3): 62-68. 4. Kannur, D., Itagi, S., 2018, Health status of menopausal women and correlates. <i>Korean Journal of Food & Health Convergence</i> 4(1):1-13.
2019	<ol style="list-style-type: none"> 5. Kannur, D., Itagi, S., 2019, Prevalence of Menopause and Menopausal Problems in Dharwad and Bagalkote Districts, India. <i>Int.J.Curr.Microbiol.App.Sci.</i>, 8(7): 2618-2626. (NAAS Rating – 4.74) 6. Kannur, D., Itagi, S., 2019, Influence of socio-demographic factors on menopausal problems among working and non-working women., <i>Int. J. Chemical Studies.</i> 7(5): 2913-2917. (NAAS – 5.31). 7. Kannur, D., Itagi, S., 2019, The comparative study on menopausal problems between rural and urban middle aged women. <i>Int. J. Arts, Humanities and Social Studies.</i>, 1 (1): 7-12. (NAAS – 3.31). 8. Kannur, D., Itagi, S., 2019, Knowledge on care and management of menopause in middle aged women., <i>The Pharma Innovation Journal.</i> 8(12): 286-289. (NAAS – 5.03).
2020	<ol style="list-style-type: none"> 9. Kannur, D. and Itagi, S., 2020, Problems and Coping Strategies for Menopausal Problems among Surgical Menopausal Women. <i>Int. J. Multidisciplinary Educational Research.</i>, 9(10): 107-121.

	<p>10. Indresh.S.M and Kannur, D., 2020, Assessment of Nutritional and Health Status of Urban Elderly. <i>Int. J. Multidisciplinary Educational Research.</i>, 9(10): 140-150.</p> <p>11. Kannur, D. and Itagi, S., 2020, Hysterectomy: Interrelationship between Menopausal problems and marital Satisfaction among Middle Aged Women. <i>Int. J. Creative Research Thoughts.</i> 8(11): 597-606.</p>
<p>National Journals: 4</p>	
<p>2016</p>	<p>12. Kannur, D., Itagi, S. and Sangal, R., 2016, Influence of SES and age on knowledge of menstrual hygiene among adolescents and young women's of North Karnataka. <i>RA J. App Research.</i>, 2 (5): 451-457.</p> <p>13. Kannur,D and Itagi, S., 2017, Health status and menopausal knowledge among rural and urban postmenopausal women. <i>Ind. J. Health and Well-being. Ind. J. Health and well-being.</i> 8 (10): 1199-1203. (NAAS Rating-4.13)</p> <p>14. Kannur,D and Itagi, S., 2018, Psychological well-being of working and non-working menopausal women. <i>Ind. J. Positive Psychology.</i> 9 (2): 271-274. (NAAS Rating - 4.64).</p> <p>15. Kannur,D and Itagi, S., 2019, Menopause: Problems and coping strategies of working and non-working women. <i>J. Pharmacognosy and Phytochemistry</i> 8(3): 2891-2896.(NAAS Rating - 5.38)</p>
<p>Books /Book chapters : 06</p>	
	<p>16. Deepa Kannur, Health Status of Rural and Urban Menopausal Women. LAMBERT Academic Publications, Mauritius-2017 ISBN: 978-620-2-00548-7</p> <p>17. Deepa Kannur, Death perception, death anxiety and intervention among elderly. LAMBERT Academic Publications, Mauritius-2017 ISBN: 978-620-2-0813-7</p> <p>18. Deepa Kannur, Menopausal knowledge, QOL and effect of health education. LAMBERT Academic Publications, Mauritius-2018 ISBN: 978-613-9-83573-7</p> <p>19. Deepa Kannur, Effect of surgical menopause among women, LAMBERT Academic Publications, Mauritius-2018 ISBN: 978-613-9-88580-0</p> <p>20. Deepa Kannur, Alternative therapies for reducing menopausal problems. LAMBERT Academic Publications, Mauritius-2018 ISBN: 978-613-7-98925-8</p> <p>21. Deepa Kannur, Coping strategies for reducing menopausal problems. LAMBERT Academic Publications, Mauritius-2019 ISBN: 978-620-2-02180-7</p>

OTHER ACADEMIC-RELATED PUBLICATIONS: 09

Popular articles published (9)

2019	<ol style="list-style-type: none"> 1. Deepa Kannur and Daneshwari Onkari, Program for pregnant women regarding promotion of breast feeding:A monthly magazine of agricultural and biological sciences, 2019. 2. Deepa Kannur and Daneshwari Onkari, Role of flaxseed in everyday life:A monthly magazine of agricultural and biological sciences, 2019. 3. Daneshwari Onkari and Deepa Kannur, Junk foods and its effects:A monthly magazine of agricultural and biological sciences, 2019. 4. Daneshwari Onkari and Deepa Kannur, Malnutrition:A monthly magazine of agricultural and biological sciences, 2019. 5. Deepa Kannur and Daneshwari Onkari, Role of flaxseed in everyday life: A monthly magazine of agricultural and biological sciences, 2019. 6. Deepa Kannur and Daneshwari Onkari, Pregnancy complications and prevention:A monthly magazine of agricultural and biological sciences, 2019. 7. Daneshwari Onkari and Deepa Kannur, Lunch box for school children., A monthly magazine of agricultural and biological sciences, 2019. 8. Daneshwari Onkari and Deepa Kannur, Causes and prevention of disability., A monthly magazine of agricultural and biological sciences, 2019. 9. Vinuta Muktamath, Deepa Kannur and Aishwarya, Importance of millets in throughout life stages.,A monthly magazine of agricultural and biological sciences, 2019.
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Folders

2019	10. Care and Management of menstruation, University of Agricultural Sciences Dharwad
	11. Nutrition required for Pregnant and Lactating Mothers, University of Agricultural Sciences Dharwad

RESEARCH PAPERS PRESENTED IN THE CONFERENCES/ SEMINARS:

INTERNATIONAL: 04

2018	1. Deepa Kannur and Sunanda Itagi, Impact of nutritional status on menopausal problems presented at International conference on nutrition society of India, Hyderabad held on 2018.	Oral
	2. Deepa Kannur and Sunanda Itagi, Health status and menopausal problems among rural and urban menopausal women, presented at Nutrition Society of India, 2018	Poster
2020	3. Deepa Kannur and Sunanda Itagi, Well-being among rural and urban menopausal women presented at International Conference on Science, Technology and Management, Tamil Nadu held on 2020	Oral
2021	4. Deepa Kannur and Sunanda Itagi, Sexual distress among surgical menopausal women presented at International conference on interdisciplinary scope of human development, Mount Carmal College, Bangaluru held on 2021.	Oral
National level : 10		
2016	5. Deepa Kannur and Sunanda Itagi, Influence of Socio-Economic Status on postmenopausal problems of rural women of Dharwad District presented at Home Science Association of India, Dharwad, 2016.	Oral
	6. Deepa Kannur and Sunanda Itagi, Knowledge on care and management of menopause among rural and urban middle-aged women, presented at Home Science Association of India, Dharwad, 2016	Poster
	7. Deepa Kannur and Sunanda Itagi, Influence of Demographic Characteristics on Menopausal Problems among Rural and Urban Middle-Aged Women presented at Avinashi Lingam, Coimbatore Year	Oral
2018	8. Deepa Kannur and Sunanda Itagi, Health status and menopausal problems among rural and urban menopausal women, presented at Nutrition Society of India, 2018	Poster
2019	9. Deepa Kannur and Sunanda Itagi, Problems and coping strategies for menopausal problems among surgical menopausal women presented at University of Agricultural Sciences, Dharwad, 2019.	Oral
	10. Deepa Kannur and Sunanda Itagi, Experimental study on well-being among working and non-working menopausal women presented at 12 th women science congress conference, Mysore 2019.	Oral

	11. Deepa Kannur and Sunanda Itagi, Problems, well-being and marital satisfaction among working and non-working menopausal women presented at 4 th Post Graduate Research Conference” University of Agricultural Sciences, Dharwad, 2019	Oral
2020	12. Deepa Kannur and Sunanda Itagi, Impact of menopausal problems on marital satisfaction among middle-aged women presented at 33rd Biennial Conference of Home Science Association of India, Coimbatore, 2020.	Oral
	13. Deepa Kannur and Sunanda Itagi, Menopause: problems and knowledge on care and management of menopause among middle-aged women presented at College of Home Science, Udaipur.	Oral
	14. Deepa Kannur and Sunanda Itagi, Impact of menopausal problems on marital satisfaction among surgical menopausal women presented at College of Engineering and Technology, Tamil Nadu, 2020.	Oral
	15. Deepa Kannur and Sunanda Itagi, Sexual distress among surgical menopausal women presented at Mount Carmel College, Bengaluru, 2020.	Oral
2021	16. Deepa Kannur and Sunanda Itagi, Impact of hysterectomy on stress and sexual distress among middle-aged women presented at Aditi Mahavidyalaya, University of Delhi, 2021.	Oral

WORKSHOPS AND CONFERENCES ATTENDED

WORKSHOPS	
2019	<ol style="list-style-type: none"> 1. Early Identification, Intervention and Class Room Management of Children With Communication Disorders- Role of Special Educators. Organized by SDM Special School Hubballi. Held on 4th- 12th January 2019. 2. National Workshop Popularization of Remote Sensing Based Maps & Geospatial Information, Jointly organized by ISRS & ISRO. Organized by University of agricultural sciences, Dhaarwad. Held on 11th-15th April, 2019. 3. Use of Ergonomics Software and Equipment for Conducting Research in Ergonomics and Occupational Challenges. Organized by college of community sciences, UAS, Dharwad. Held on 16th-17th December, 2019.
CONFERENCES	
2020	<ol style="list-style-type: none"> 1. Attended conference on “National webinar on psychological impact of COVID 19 on education and it’s stakeholders- students, teachers and parents held on 26th June 2020. 2. Attended conference on “National webinar on immuno nutrition, wellness management” organized by AICRP, on women in agriculture, Assam agricultural university, Jorhat, Bhubaneswar. Held on July 3-5, 2020. 3. Attended conference on “National webinar on influence of social media on studies mental health. Organized by students welfare committee, Dept. of sociology and Dept. of physical education of GFGC-Bilikere held on October 17, 2020. 4. Attended conference on “National webinar on convenience foods-mind over Munch” organized by department of home science, held on 19th October 2020. 5. Attended conference on “National webinar on sustainable strategies for food safety and nourishment organized by department of studies in food science and nutrition, University of Mysore. Held on 22nd and 23rd October, 2020.

	<ol style="list-style-type: none"><li data-bbox="381 195 1437 394">6. Attended conference on “National webinar on challenges of neonatal care and infant protection organized by human development department of studies in food science and nutrition, university of Mysore held on 19th and 20th November 2020.<li data-bbox="381 415 1437 558">7. Attended conference on “National webinar on quality sustainability of the higher education. Organized by the rural degree college, Ramanagar held on 29th -30th June, 2020.
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INVITED LECTURE

2017	Lecture on “Menopausal management” on 19 th and 25 th of July 2017, for Anganwadi teachers of Uppinbetegere, Aminbhave, Marewad and Timmapur villages of Dharwad Taluk in collaboration with Prajayatna NGO.
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