

DEPARTMENT OF STUDIES IN FOOD SCIENCE AND NUTRITION
University of Mysore, Manasagangotri, Mysuru
In Association with Indian Nutritional Medical Association, Cochin
Centenary Year lecture series

Nutritional Medicine and Wellness Conclave

Unique feature: The first of its kind Wellness Conclave in Mysore organized by the department.

Objectives –

- An Insight on the role of dietary chemicals on gene expression, impact on onset, incidence, progression, and/or severity of chronic diseases.
- Nutritional therapy in the promotion of health and work performance leading to a happy, healthy and vibrant life.
- Promotion of *'Personalized Nutrition'* to prevent, mitigate or cure chronic diseases.

Speakers:

Renowned Nutritional Medicine and Wellness practitioners and Researchers from Australia, New Zealand and Malaysia will present evidence- based understanding of the complex relationships between nutrition and diseases. This will provide an impetus to adopt critical and scholarly approach for better understanding of the range and potential of the nutritional management of diseases.

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| 1. Prof. Ian Brighthope – | Founder President, Australasian College of Nutritional and Environmental Medicine |
| 2. Dr Karl Kamal – | Director, Wellness centre, New Zealand |
| 3. Dr Selvaraj Y Subramaniam- | President, Society of Anti-aging & Regenerative Medicine, Malaysia |
| 4. Dr.A.Sreekumar – | President, Indian Nutritional Medical Association |
| 5. Prof. U.V.Mani – | Former Head & Director, WHO Collaborating Centre, MS University, Baroda |
| 6. Dr.Asna Urooj - | Professor & Chairperson, DOS in Food Science & Nutrition |

Date: 31.05.2016

Time: 10.00 am to 3.30 pm

Venue: B.N.Bahadur Institute of Management Sciences, Manasagangotri, Mysuru

Who can attend: Healthcare Professionals, Nutritionists/ Dieticians, Students, Research Scholars, Teaching, Faculty from Science and Physical Education & Sports Sciences departments of the University.

No registration fee

We invite you to attend the program and benefit

Dr Asna Urooj
Chairperson

DOS in Food Science & Nutrition, MGM, Mysore