

Telephone No. 2419677/2419361
Fax: 0821-2419363/2419301

e-mail : registrar@uni-mysore.ac.in
www.uni-mysore.ac.in

UNIVERSITY OF MYSORE
Estd. 1916



Vishwavidyalaya Karyasoudha
Crawford Hall, Mysuru- 570 005
Dated: 07.10.2020.

No.AC6/389/2019-20

NOTIFICATION

Sub:- Modification of Syllabi and regulations concerning PG/UG (M.P.Ed & B.P.Ed) Courses.

Ref:- 1. Decision of the meeting of the Faculty of Education held on 08.01.2020.

2. Decision of the meeting of the Academic Council held on: 18.06.2020.

The Board of Studies in Physical Education (CB) which met on 08.01.2020 has resolved to modify the existing syllabus of PG/UG(M.P.Ed & B.P.Ed) Courses. from the academic year 2020-21

The Faculty of Education and the Academic Council at their meetings held on 08.01.2020 and 18.06.2020 respectively have also approved the above proposal and same is hereby notified.

The revised syllabus is annexed herewith and the contents may be downloaded from the University Website i.e., www.uni-mysore.ac.in

DRAFT APPROVED BY THE REGISTRAR

Deputy Registrar (Academic)
Deputy Registrar (Academic)
University of Mysore
Mysore-570 005

To:-

1. The Registrar (Evaluation), University of Mysore, Mysore.
2. The Dean, Faculty of Education, DOS in Physical Education and Sports Science, Sports pavilion, UOM, Mysuru.
3. The Chairman, Board of Studies in Special Education (CB) All India Institute of Speech and Hearing, Manasagangotri, Mysuru.
4. The Director, College Development Council, MoulyaBhavan, Manasagangotri, Mysuru.
5. The Deputy Registrars/Assistant Registrars/Superintendents, AB & EB, University of Mysore, Mysuru.
6. The PA to Vice-Chancellor/Registrar/Registrar (Evaluation), University of Mysore, Mysuru.
7. Office Copy.

B.P.Ed Course																												
Existing - 2019 - 20										I Semester Modified										Read After - 2020 - 21								
PART A: Theoretical Course										PART A: Theoretical Course										PART A: Theoretical Course								
Activity No.	Title of the Paper	L	T	P	No. of Credits	Total Hours per week	Component 1&2 continuous Assessment in terms of Percentage of Marks	Component 3 and Evaluation in terms of percentage of Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Internal Marks C1 & C2	Exam Mark C3	Total Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Internal Mark sC1 & C2	Exam Mark C3	Total Marks
Core Course										Core Course										Core Course								
CC-101	History, Principles and foundation of Physical Education	3	0	0	3	3	30	70	CC-101	History, Principles and foundation of Physical Education	3	0	0	3	3	30	70	100	CC-101	History, Principles and foundation of Physical Education	3	0	0	3	3	30	70	100
CC-102	Educational Technology and Methods of Teaching in Physical Education	3	0	0	3	3	30	70	CC-102	Educational Technology and Methods of Teaching in Physical Education	3	0	0	3	3	30	70	100	CC-102	Educational Technology and Methods of Teaching in Physical Education	3	0	0	3	3	30	70	100
CC-103	Anatomy and Physiology	3	0	0	3	3	30	70	CC-103	Anatomy and Physiology	3	0	0	3	3	30	70	100	CC-103	Anatomy and Physiology	3	0	0	3	3	30	70	100
Elective Course (Any One)										Elective Course (Any One)										Elective Course (Any One)								
EC-101	Olympic Movement	3	0	0	3	3	30	70	EC-101	Olympic Movement	3	0	0	3	3	30	70	100	EC-101	Olympic Movement	3	0	0	3	3	30	70	100
EC-102	Curriculum Design	3	0	0	3	3	30	70	EC-102	Curriculum Design	3	0	0	3	3	30	70	100	EC-102	Curriculum Design	3	0	0	3	3	30	70	100
PART-B: Practical Course										PART-B: Practical Course										PART-B: Practical Course								
PC-101	Track and Field - I	0	1	2	3	6	30	70	PC-101	Track and Field - I	0	1	2	3	6	30	70	100	PC-101	Track and Field - I	0	1	2	3	6	30	70	100
PC-102	Handball and Softball	0	1	2	3	6	30	70	PC-102	Handball and Softball	0	1	2	3	6	30	70	100	PC-102	Handball and Softball	0	1	2	3	6	30	70	100

PC-103	Kabaddi and Kho-Kho	0	1	2	3	6	30	70	PC-103	Kabaddi and Kho-Kho	0	1	2	3	6	30	70	100	PC-103	Kabaddi and Kho-Kho	0	1	2	3	6	30	70	100
PC 104	Mass Demonstration Activities: Drill & Marching / Mass P.T / Table Card / Wands / Hoops / Dumbbells / Lezium / Minor Games / Aerobics	0	1	2	3	6	30	70	PC 104	Mass Demonstration Activities: Drill & Marching / Mass P.T / Table Card / Wands / Hoops / Dumbbells / Lezium / Minor Games / Aerobics	0	1	2	3	6	30	70	100	PC 104	Mass Demonstration Activities: Drill & Marching / Mass P.T / Table Card / Wands / Hoops / Dumbbells / Lezium / Minor Games / Aerobics	0	1	2	3	6	30	70	100
	TOTAL	12	4	8	24	36	240	560		TOTAL	12	4	8	24	36	240	560	800		TOTAL	12	4	8	24	36	240	560	800

B.P.Ed Course

II Semester

Existing - 2019-20

Modified

Read After - 2020-21

PART A: Theoretical Course

PART A: Theoretical Course

PART A: Theoretical Course

PART A: Theoretical Course									PART A: Theoretical Course									PART A: Theoretical Course										
Activity No	Title of the Paper				No. of Credits	Total Hours per week	Component 1&2 continuous Assessment in terms of Percentage of Marks	Component 3 and Evaluation in terms of Percentage of Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Internal Marks C1 & C2	Exam Marks C3	Total Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Internal Marks C1 & C2	Exam Marks C3	Total Marks
Core Course									Core Course									Core Course										
CC-201	Yoga Education	3	0	0	3	3	30	70	CC-201	Yoga Education	3	0	0	3	3	30	70	100	CC-201	Yoga Education	3	0	0	3	3	30	70	100
CC-202	Organization and Administration	3	0	0	3	3	30	70	CC-202	Organization and Administration	3	0	0	3	3	30	70	100	CC-202	Organization and Administration	3	0	0	3	3	30	70	100
CC-203	Computer Applications in Physical Education	3	0	0	3	3	30	70	CC-203	Computer Applications in Physical Education	3	0	0	3	3	30	70	100	CC-203	Computer Applications in Physical Education	3	0	0	3	3	30	70	100
Elective Course (Any One)									Elective Course (Any One)									Elective Course (Any One)										
EC-201	Contemporary Issues in Physical Education, Fitness and Wellness	3	0	0	3	3	30	70	EC-201	Contemporary Issues in Physical Education, Fitness and Wellness									EC-201	Contemporary Issues in Physical Education, Fitness and Wellness								
EC-202	Sports Nutrition and Weight Management								EC-202	Sports Nutrition and Weight Management	3	0	0	3	3	30	70	100	EC-202	Sports Nutrition and Weight Management	3	0	0	3	3	30	70	100

PART-B: Practical Course										PART-B: Practical Course										PART-B: Practical Course									
C-201	Track and Field - II	0	1	2	3	6	30	70	PC-201	Track and Field - II	0	1	2	3	6	30	70	100	PC-201	Track and Field - II	0	1	2	3	6	30	70	100	
C-202	Wrestling and Karate	0	1	2	3	6	30	70	PC-202	Wrestling and Karate	0	1	2	3	6	30	70	100	PC-202	Wrestling and Karate	0	1	2	3	6	30	70	100	
C-203	Badminton and Lawn Tennis	0	1	2	3	6	30	70	PC-203	Badminton and Lawn Tennis	0	1	2	3	6	30	70	100	PC-203	Badminton and Lawn Tennis	0	1	2	3	6	30	70	100	
P 01	Teaching Practice:(05 lessons in class room, Teaching and 05 lessons in outdoor	0	1	2	3	6	30	70	PART-C: Teaching Practices										PART-C: Teaching Practices										
		0	1	2	3	6	30	70	TP-201	Teaching Practices: Class Room and Mass Demonstration Activities	0	1	2	3	6	30	70	100	TP-201	Teaching Practices: Class Room and Mass Demonstration Activities	0	1	2	3	6	30	70	100	
	TOTAL	12	4	8	24	36	240	560	TOTAL	12	4	8	24	36	240	560	800	TOTAL	12	4	8	24	36	240	560	800			

B.P.Ed Course																												
III Semester																												
Existing - 2019 - 20														Modified														
PART A: Theoretical Course														PART A: Theoretical Course														
Activity No	Title of the Paper	L	T	P	No. of Credits	Total Hours per week	Component s 1&2 continuous Assessment in terms of Percentage of Marks	Component 3 and Evaluation in terms of percentage of Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Intern al Marks C1 & C2	Exam Marks C3	Total Marks	Course Code	Title of the Paper	L	T	P	Credit s	Total Hou rs	Inte rnal Marks C1 & C2	Exam Mark s C3	Total Marks
Core Course														Core Course														
CC-301	Sports Training	3	0	0	3	3	30	70	CC-301	Sports Training	3	0	0	3	3	30	70	100	CC-301	Sports Training	3	0	0	3	3	30	70	100
CC-302	Health Education and Environmental Studies	3	0	0	3	3	30	70	CC-302	Health Education and Environmental Studies	3	0	0	3	3	30	70	100	CC-302	Health Education and Environmental Studies	3	0	0	3	3	30	70	100
CC-303	Sports Psychology and sociology	3	0	0	3	3	30	70	CC-303	Sports Psychology and sociology	3	0	0	3	3	30	70	100	CC-303	Sports Psychology and sociology	3	0	0	3	3	30	70	100
Elective Course (Any One)														Elective Course (Any One)														
EC-301	Sports Medicine, Physiotherapy and Rehabilitation	3	0	0	3	3	30	70	EC-301	Sports Medicine, Physiotherapy and Rehabilitation									EC-301	Sports Medicine, Physiotherapy and Rehabilitation								
EC-302	Sports Management								EC-302	Sports Management	3	0	0	3	3	30	70	100	EC-302	Sports Management	3	0	0	3	3	30	70	100
PART-B: Practical Course														PART-B: Practical Course														
PC-301	Swimming and Gymnastics	0	1	2	3	6	30	70	PC-301	Swimming and Gymnastics	0	1	2	3	6	30	70	100	PC-301	Swimming and Gymnastics	0	1	2	3	6	30	70	100

PC-302	Yoga and Cricket	0	1	2	3	6	30	70	PC-302	Yoga and Cricket	0	1	2	3	6	30	70	100	PC-302	Yoga and Cricket	0	1	2	3	6	30	70	100			
PC-303	Volleyball and Basketball	0	1	2	3	6	30	70	PC-303	Volleyball and Basketball	0	1	2	3	6	30	70	100	PC-303	Volleyball and Basketball	0	1	2	3	6	30	70	100			
PART-C: Teaching Practices									PART-C: Teaching Practices									PART-C: Teaching Practices													
TP-301	Teaching Practice:(Teaching Lesson Plans for Racket Sport/Team Games/ Indigenous Sports) (Out of 10 lessons 5 Internal and 5 External at practicing school	0	1	2	3	6	30	70	TP-301	Teaching Practice: Sports and Games Skills	0	1	2	3	6	30	70	100	TP-301	Teaching Practice: Sports and Games Skills	0	1	2	3	6	30	70	100			
TOTAL									TOTAL									TOTAL													
		12	4	8	24	36	240	560					12	4	8	24	36	240	560					12	4	8	24	36	240	560	800

B.P.Ed Course

IV Semester

Existing - 2019 - 20

Modified

Read After - 2020 - 21

PART A: Theoretical Course

PART A: Theoretical Course

PART A: Theoretical Course

PART A: Theoretical Course									PART A: Theoretical Course																			
Course Code	Title of the Paper	Lecture	Tutorial	Practical	No. of Credits	Total Hours per week	Component 1&2 continuous Assessment in terms of Percentage of Marks	Component 3 and Evaluation in terms of percentage of Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Internal Marks C1 & C2	Exam C3 Marks	Total Marks	Course Code	Title of the Paper	L	T	P	Credits	Total Hours	Internal Marks C1 & C2	Exam C3 Marks	Total Marks
Core Course									Core Course									Core Course										
CC-401	Measurement and Evaluation in Physical Education	3	0	0	3	30		70	CC-401	Measurement and Evaluation in Physical Education	3	0	0	3	30	70	100		CC-401	Measurement and Evaluation in Physical Education	3	0	0	3	30	70	100	
CC-402	Officiating and Coaching	3	0	0	3	30		70	CC-402	Officiating and Coaching	3	0	0	3	30	70	100		CC-402	Officiating and Coaching	3	0	0	3	30	70	100	
CC-403	Research and Statistics in Physical Education	3	0	0	3	30		70	CC-403	Research and Statistics in Physical Education	3	0	0	3	30	70	100		CC-403	Research and Statistics in Physical Education	3	0	0	3	30	70	100	
Elective Course (Any One)									Elective Course (Any One)									Elective Course (Any One)										
EC-401	Theory of Sports and Games								EC-401	Theory of Sports and Games	3	0	0	3	30	70	100		EC-401	Theory of Sports and Games	3	0	0	3	30	70	100	
	Kinesiology and Biomechanics	3	0	0	3	30		70	EC-402	Kinesiology and Biomechanics									EC-402	Kinesiology and Biomechanics								

PART-B: Practical Course									PART-B: Practical Course									PART-B: Practical Course																	
Specialization:	Track & Field / Swimming / Gymnastics	0	1	2	3	6	30	70	Specialization:	Track & Field / Swimming / Gymnastics	0	1	2	3	6	30	70	100	Specialization:	Track & Field / Swimming / Gymnastics	0	1	2	3	6	30	70	100							
PC-401	Gymnastics	0	1	2	3	6	30	70	PC-401	Gymnastics	0	1	2	3	6	30	70	100	PC-401	Gymnastics	0	1	2	3	6	30	70	100							
PC-402	Football and Hockey	0	1	2	3	6	30	70	PC-402	Football and Hockey	0	1	2	3	6	30	70	100	PC-402	Football and Hockey	0	1	2	3	6	30	70	100							
PART-C: Teaching Practices									PART-C: Teaching Practices									PART-C: Teaching Practices																	
Sports Specialization: Coaching Lesson Plans (One for Sports 5 lessons)	0	1	2	3	6	30	70	Sports Specialization: Coaching Lesson Plans (One for Sports 5 lessons)	0	1	2	3	6	30	70	100	Sports Specialization: Coaching Lesson Plans (One for Sports 5 lessons)	0	1	2	3	6	30	70	100										
TP-401		0	1	2	3	6	30	70	TP-401		0	1	2	3	6	30	70	100	TP-401		0	1	2	3	6	30	70	100							
PART-C: Teaching Practices									PART-C: Teaching Practices									PART-C: Teaching Practices																	
Sports and Games Coaching Lessons:	0	1	2	3	6	30	70	100	Sports and Games Coaching Lessons:	0	1	2	3	6	30	70	100	Sports and Games Coaching Lessons:	0	1	2	3	6	30	70	100									
TP-401		0	1	2	3	6	30	70	100	TP-401		0	1	2	3	6	30	70	100	TP-401		0	1	2	3	6	30	70	100						
TOTAL		12	4	8	24	36	240	560	800	TOTAL		12	4	8	24	36	240	560	800	TOTAL		12	4	8	24	36	240	560	800						
GRAND TOTAL		48	16	32	96	144	960	1240	3200	GRAND TOTAL		48	16	32	96	144	960	1240	3200	GRAND TOTAL		48	16	32	96	144	960	1240	3200						
TOTAL		12	4	8	24	36	240	560	TOTAL		12	4	8	24	36	240	560	TOTAL		12	4	8	24	36	240	560	TOTAL		12	4	8	24	36	240	560
GRAND TOTAL		48	16	32	96	144	960	1240	GRAND TOTAL		48	16	32	96	144	960	1240	GRAND TOTAL		48	16	32	96	144	960	1240	GRAND TOTAL		48	16	32	96	144	960	1240

M.P.Ed Course

I Semester

Existing -2019-20

Modified

Read After -2020-21

Part A :Theoretical Course

Part A :Theoretical Course

Part A :Theoretical Course

Part A :Theoretical Course							Part A :Theoretical Course										Read After -2020-21									
Course Code	Title of the Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks	Course Code	Title of the Papers	Total Hours	Credits	Internal Marks C1 & C2	Exam Marks C3	Total Marks	L	T	P	Course Code	Title of the Papers	Total Hours	Credits	Internal Marks C1 & C2	Exam Marks C3	Total Marks	L	T	P
Core Course							Core Course										Core Course									
MPED CC-101	Foundations and Principles of Physical Education	3	3	30	70	100	MPED C-101	Foundations and Principles of Physical Education	3	3	30	70	100	2	1	0	MPED CC-101	Foundations and Principles of Physical Education	3	3	30	70	100	2	1	0
MPED CC-102	Sports Bio-Mechanics & Kinesiology	3	3	30	70	100	MPED CC-102	Scientific Principles of Sports Training	3	3	30	70	100	2	1	0	MPED CC-102	Scientific Principles of Sports Training	3	3	30	70	100	2	1	0
MPED CC-103	Information & Communication Technology (ICT) in Physical Education	3	3	30	70	100	MPED C-103	Information & Communication Technology (ICT) in Physical Education	3	3	30	70	100	2	1	0	MPED CC-103	Information & Communication Technology (ICT) in Physical Education	3	3	30	70	100	2	1	0
Elective Course (Anyone)							Elective Course (Anyone)										Elective Course (Anyone)									
MPED C-101	Yogic Sciences	3	3	30	70	100	MPED C-101	Yogic Sciences	3	3	30	70	100	2	1	0	MPED EC-101	Yogic Sciences	3	3	30	70	100	2	1	0
MPED C-102	Sports Journalism and Mass Media						MPED EC-102	Sports Journalism and Mass Media									MPED EC-102	Sports Journalism and Mass Media								

Part-B Practical Course							Part-B Practical Course							Part-B Practical Course												
MPED PC-101	Track and Field	6	3	30	70	100	MPED PC-101	Track and Field I: Running, Hurdles, Relay, Steeple Chase and Combined (External & Internal Examination)	6	3	30	70	100	0	1	2	MPED PC-101	Track and Field I: Running, Hurdles, Relay, Steeple Chase and Combined (External & Internal Examination)	6	3	30	70	100	0	1	2
	*Gymnastics																									
	*Swimming (*Any one)(External Examination)																									
MPED PC-102	(Any one game)	6	3	30	70	100	MPED PC-102	*Gymnastics-I *Swimming-I (*Any one) (External & Internal Examination)	6	3	30	70	100	0	1	2	MPED PC-102	*Swimming-I (*Any one) (External & Internal Examination)	6	3	30	70	100	0	1	2
	Game Specialization- Kabaddi/ Badminton/Squash/ Volleyball/ Basketball/Han (External & Internal Examination)																									
MPED PC-103		6	3	30	70	100	MPED PC-103	Game Specialization - I: Kho-kho / Kabaddi / Wrestling *Any one game (External & Internal Examination)	6	3	30	70	100	0	1	2	MPED PC-103	Game Specialization - I: Kho-kho / Kabaddi / Wrestling *Any one game (External & Internal Examination)	6	3	30	70	100	0	1	2
MPED PC-104	Yoga *Aerobics/ Self Defense Techniques- Martial Arts/Shooting activity + Yoga) (Only Internal Examination)	6	3	30	70	100	MPED PC-104	*Aerobics and Self Defense Techniques: Karate/ Martial Arts (Only Internal Examination)	6	3	30	70	100	0	1	2	MPED PC-104	*Aerobics and Self Defense Techniques: Karate/ Martial Arts (Only Internal Examination)	6	3	30	70	100	0	1	2

[illegible]

M.P.Ed Course																													
II Semester																													
Existing -2019-20							Modified										Read After -2020-21												
Part A: Theoretical Course							Part A: Theoretical Course										Part A: Theoretical Course												
Course Code	Title of the paper	Total Hours	Credits	Internal Marks	External Marks	Total Marks	Course Code	Title of the paper	Total Hours	Credits	Internal Marks	Exam Marks	Total Marks	L	T	P	Course Code	Title of the paper	Total Hours	Credits	Internal Marks	Exam Marks	Total Marks	L	T	P			
Core Course							Core Course										Core Course												
MPED CC-201	Measurement and Evaluation in Physical Education	3	3	30	70	100	MPED C-201	Tests, Measurement and Evaluation in Physical	3	3	30	70	100	2	1	0	MPED CC-201	Tests, Measurement and Evaluation in Physical	3	3	30	70	100	2	1	0			
MPED CC-202	Research Process in Physical Education & Sports Sciences-I	3	3	30	70	100	MPED C-202	Research Process in Physical Education & Sports Sciences	3	3	30	70	100	2	1	0	MPED CC-202	Research Process in Physical Education & Sports Sciences	3	3	30	70	100	2	1	0			
	Applied Statistics in Physical Education & Sports	3	3	30	70	100	MPED C-203	Applied Statistics in Physical Education & Sports	3	3	30	70	100	2	1	0	MPED CC-203	Applied Statistics in Physical Education & Sports	3	3	30	70	100	2	1	0			
Elective Course (Anyone)							Elective Course (Anyone)										Elective Course (Anyone)												
MPED EC-201	Physical Fitness and Wellness	3	3	30	70	100	MPED C-201	Physical Fitness and Wellness	3	3	30	70	100	2	1	0	MPED EC-201	Physical Fitness and Wellness	3	3	30	70	100	2	1	0			
	Health Education and Sports Nutrition	3	3	30	70	100	MPED C-202	Health Education and Sports Nutrition	3	3	30	70	100	2	1	0	MPED EC-202	Health Education and Sports Nutrition	3	3	30	70	100	2	1	0			
Part-B Practical Course							Part-B Practical Course										Part-B Practical Course												
MPEDP C-201	Track and Field II:	6	3	30	70	100	0	1	2	MPEDP C-201	Track and Field II:	6	3	30	70	100	0	1	2	MPEDP C-201	Track and Field II:	6	3	30	70	100	0	1	2
	Throwing Events										Throwing Events																		
	(External & Internal)										(External & Internal)																		
MPED	*Gymnastics-II				70	100	0	1	2	MPED	*Gymnastics-II	6	3	30	70	100	0	1	2										

[illegible]

MPED PC-204	Class room Teaching Lessons on theory of different Sports & Games- 5 Lessons	6	3	30	70	100	
	(Only Internal Examination)						
	Total	36	24	240	560	800	

M.P.Ed Course

III Semester

Existing -2019-20

Part A: Theoretical Course

Core Course

Course Code	Title of the Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
MPED CC-301	Physiology of Exercise.	3	3	30	70	100
MPED CC-302	Research Process in Physical Education & Sports Sciences-II	3	3	30	70	100
MPED CC-303	Scientific Principles of Sports Training	3	3	30	70	100

Elective Course (Anyone)

EC-301	Education	3	3	30	70	100
MPED EC-302	Sports Technology	3	3	30	70	100

Part-B Practical Course

MPED PC-301	Track and Field III: Jumping events	6	3	30	70	100
MPED PC-301	*Gymnastics					
MPED PC-301	*Swimming (*Any one)					
MPED PC-301	& Internal Examination)					
MPED PC-301	(Any one game)					

Modified

Part A: Theoretical Course

Core Course

Course Code	Title of the paper	Total Hours	Credits	Internal Marks CI & C3	Exam Marks C3	Total Marks	L	T	P
MPED CC-301	Physiology of Exercise.	3	3	30	70	100	2	1	0
MPED CC-302	Research Process in Physical Education & Sports Sciences-II	3	3	30	70	100	2		0
MPED CC-303	Sports Bio-Mechanics & Kinesiology	3	3	30	70	100	2		0

Elective Course (Anyone)

MPED EC-301	Value and Environmental	3	3	30	70	100	2	1	0
EC-301	Education								
MPED EC-302	Sports Technology								

Part-B Practical Course

	Track and Field III:								
	Jumping Events								

Read After -2020-21

Part A: Theoretical Course

Core Course

Course Code	Title of the paper	Total Hours	Credits	Internal Marks CI & C3	Exam Marks C3	Total Marks	L	T	P
MPED CC-301	Physiology of Exercise.	3	3	30	70	100	2	1	0
MPED CC-302	Research Process in Physical Education & Sports Sciences-II	3	3	30	70	100	2		0
MPED CC-303	Sports Bio-Mechanics & Kinesiology	3	3	30	70	100	2		0

Elective Course (Anyone)

MPED EC-301	Value and Environmental	3	3	30	70	100	2	1	0
EC-301	Education								
MPED EC-302	Sports Technology								

Part-B Practical Course

	Track and Field III:								
	Jumping Events								

PC-302	Game Specialization-Boxing / Judo/ Karate/ Wrestling/						MPED PC-301	(External & Internal Examination)	6	3	30	70	100	0	1	2	MPED PC-301	(External & Internal Examination)	6	3	30	70	100	0	1	2
	(External & Internal Examination)	6	3	30	70	100	MPED	Sports and Game Specialization-3:	6	3	30	70	100	0	1	2	MPED	Sports and Game Specialization-3:	6	3	30	70	100	0	1	2
MPED	Coaching Lessons of Track and Field/ Gymnastics/						PC-302	Volleyball /Cricket /Fencing									PC-302	Volleyball /Cricket /Fencing								
PC-303	(Only Internal Examination)							*Any one game										*Any one game								
		6	3	30	70	100		(External & Internal Examination)										(External & Internal Examination)								
MPED	Coaching Lessons of Game Specialization						MPED	Sports and Game Specialization-4:	6	3	30	70	100	0	1	2	MPED	Sports and Game Specialization-4:	6	3	30	70	100	0	1	2
PC-304	(Only Internal Examination)	6	3	30	70	100	PC-303	Handball /Football /Hockey									PC-303	Handball /Football /Hockey								
Total		36	24	240	560	800		*Any one game										*Any one game								
								(External & Internal Examination)										(External & Internal Examination)								
							MPED	Coaching Lessons:									MPED	Coaching Lessons:								
							PC-304	5 Lessons	6	3	30	70	100	0	1	2	PC-304	5 Lessons	6	3	30	70	100	0	1	2
								(Only Internal Examination)										(Only Internal Examination)								
							Total		36	24	240	560	800	8	8	8	Total		36	24	240	560	800	8	8	8

M.P.Ed Course																										
IV Semester																										
Existing -2019-20							Modified										Read After -2020-21									
Part A: Theoretical Course							Part A: Theoretical Course										Part A: Theoretical Course									
Course	Title of the Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks	Course	Title of the Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks	L	T	P	Course	Title of the Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks	L	T	P
Code		s	s	Marks	Marks	Mar ks	Code		s	ts	Marks	Mark s	Mark s				Code		Hours	s	al Marks	rnal Mar ks	Mar ks			
Core Course							Core Course										Core Course									
MPED CC-401	Sports Psychology						MPED CC-401	Sports Psychology	3	3	30	70	100	2	1	0	MPED CC-401	Sports Psychology	3	3	30	70	100	2	1	0
MPED CC-402	Management and Curriculum Designs in	3	3	30	70	100	MPED CC-402	Sports Management and Curriculum	3	3	30	70	100	2	1	0	MPED CC-402	Sports Management and Curriculum	3	3	30	70	100	2	1	0
MPED CC-403	Dissertation	3	3	30	70	100	MPED C-403	Dissertation	3	3	30	70	100	2	1	0	MPED CC-403	Dissertation	3	3	30	70	100	2	1	0
Elective Course (Anyone)							Elective Course (Anyone)										Elective Course (Anyone)									
MPED EC-401	Sports Medicine	3	3	30	70	100	MPED EC-401	Sports Medicine									MPED EC-401	Sports Medicine								
MPED EC-402	Athletic Care and Rehabilitation						MPED EC-402	Athletic Care and Rehabilitation	3	3	30	70	100	2	1	0	MPED EC-402	Athletic Care and Rehabilitation	3	3	30	70	100	2	1	0
Part-B Practical Course							Part-B Practical Course										Part-B Practical Course									
MPED PC-401	Track and Field IV: Introduction of Heptathlon & Decathlon event						MPED PC-401	Yoga: Asanas, Pranayama, Kriyas, Bhandas, Mudras, Dhyana and competition format	6	3	30	70	100	0	1	2	MPED PC-401	Yoga: Asanas, Pranayama, Kriyas, Bhandas, Mudras, Dhyana and competition format	6	3	30	70	100	0	1	2
	*Gymnastics	6	3	30	70	100		Sports and Game Specialization-5:										Sports and Game Specialization-5:								
	*Swimming (*any one)							Basketball /Netball/ Softball	6	3	30	70	100	0	1	2		Basketball /Netball/ Softball	6	3	30	70	100	0	1	2

[illegible]