## **Divyashree HR**

divyashreehr@outlook.com | +91 9591407403



Career Objective	To play a significant role in institutions or initiatives committed to empowerment of communities, especially young and vulnerable, where I can contribute my research experience and community skills to the larger purpose of development		
Professional Profile	<ul> <li>Development sector professional with 8+ years of experience in diverse themes: Mental health, psychology &amp; counselling, Human Development, Sanitation, Education, Nutrition, Corporate Social Responsibility</li> <li>Skilled in research activities viz. tool development, surveys, data analysis and community engagement</li> <li>Academic qualifications in Human Development, Food and Nutrition Studies</li> <li>Experience in teaching Master degree students , office management, public relations, coordination, logistics, reporting and documentation.</li> </ul>		
Academic Qualification	<ul> <li>Pursuing Ph.D in Human Development</li> <li>Department of Studies in Food Science and Nutrition University of Mysore</li> <li>Master of Science in Human Development (2010)</li> <li>Department of Studies in Food Science and Nutrition University of Mysore</li> <li>Bachelor of Science (2008)</li> <li>Chemistry, Microbiology, Food Science and Nutrition University of Mysore</li> </ul>		
Experience Summary	<ul> <li>November 2015- May 2019: Guest Faculty (on part time basis) at Dos in Food Science and Nutrition, University of Mysore</li> <li>Key tasks and Responsibilities: <ul> <li>Teaching M.Sc Human Development students at Department of Food Science and Nutrition, University of Mysore.</li> <li>Experience in Handling papers - <ul> <li>Mental Health of Adolescents and Adults</li> <li>Mental health of Children</li> <li>Genetic Disorder and Counselling</li> <li>Gerontology- Challenges and Care</li> <li>Advanced study in Human Development I</li> <li>Adolescence and Youth- Challenges and Guidance</li> <li>Reproductive health issues and welfare programs</li> <li>Parenting in Childhood Years.</li> <li>Adolescence – problems and guidance.</li> <li>Methods and techniques of assessment in Human Development</li> <li>Monitoring and Evaluation of child and family welfare programmes.</li> </ul> </li> </ul></li></ul>		

-Seminar-Current issues and trends in Human development.

- Handling practical classes Children with Special Needs
- Dissertation work.

## August 2014 to 2019: Program Manager at Wee Care Charities

**About the organization:** Wee Care Charities is a registered Non-Governmental Organization working in the field of rehabilitation and mental illness for the betterment of homeless people, patients with psychiatric and addiction related problems, and school mental health program. It is currently working under the directions of Supreme Court of India as a lead NGO of Mysore City Corporation.

## Key tasks and responsibilities:

- Managing the school mental health program conducting& coordinating mental health screening at schools, data analysis and reporting.
- Conducting psychological assessment and counselling to children and adults.
- Conducting counselling sessions for patients needing psychiatric care and addiction related issues.
- Staff management.
- Therapies to the children with developmental delay.

**February 2012 to August 2014:** Research Assistant / Associate /Senior Research Associate at Grassroots Research And Advocacy Movement (GRAAM), Mysore

**About the organization:** GRAAM is a public policy research and advocacy initiative of Swami Vivekananda Youth Movement launched in January 2011 and focuses on research incorporating grassroots perspectives and advocacy based on empirical evidence.

## Key tasks and responsibilities:

- Conducting and coordinating research activities, tool development, surveys and primary data collection, data entry, coding and analysis, documentation and report writing
- Field work including surveys and interviews, Focus Group discussions, community needs assessment
- Supervision and monitoring of surveys, field level validation and back-checking
- Coordination and rapport building with donor agencies, Govt. departments and other institutions
- Compilation, maintenance and conversion of data bases as per requirement for the purpose of research and analysis
- Supporting advocacy efforts of the organization by involving in evidence compilation activities, event coordination, etc.

**December 2010 to January 2012:** Admin Manager at Swami Vivekananda Youth Movement (SVYM), Saragur, Mysore

**About the organization:** SVYM is a non-governmental development organization founded in 1984 working in the areas of health, education,

	<ul> <li>and community development among others especially in the rural and tribal belt of Mysore district. Over the years, the organization has also expanded its activities to include academics, training and capacity building, community and institution based empowerment programs, research and consultancy.</li> <li>Key tasks and responsibilities <ul> <li>Office management including administrative support, maintenance of contact data bases, coordination of meetings, correspondence and communication between internal departments of the organization as well as external agencies.</li> <li>Reporting and documentation, filing and maintenance of office records</li> <li>Providing orientation of the organization to guests and internal visitors, and supporting PR activities</li> </ul> </li> </ul>
	<ul> <li>December 2009: 5 weeks Internship at All India Institute for Speech and Hearing (AIISH), Mysore</li> <li>Key tasks and responsibilities</li> <li>Worked in the Department of Clinical Psychology and involved in recording case histories, conducting psychometric tests to determine levels of learning disabilities and/or mental retardation</li> <li>Guidance and counselling for parents of children with learning</li> </ul>
Projects& Research work undertaken	Preparation of District Human Development Report of Kodagu and Kolar District (December 2012 to March 2014)
	District Human Development Report is a comprehensive report of the human development status in the district analysed from multiple dimensions such as education, health, income, poverty, livelihoods, vulnerability, gender issues, governance, etc.
	<ul> <li>Involved in the coordination of a multi-disciplinary team for all activities leading to the completion of the reports</li> <li>Secondary Data collection, compilation and analysis from different Government departments including ZillaPanchayaths of both districts and line departments and various sources pertaining to different sectors</li> </ul>
	<ul> <li>Statistical analysis and computation of the different indicators and indices with respect to Human Development in both districts</li> <li>Primary data collection and field surveys, interviews and FGDs for case studies and chapters of the report</li> <li>Data Analysis, validation and development of report</li> </ul>
	Evaluation of CSR activities of a leading automotive company and Community Needs Assessment (June 2012 to Jan 2013)
	<ul> <li>Analysis of initiatives made by the company, motivation and impact</li> <li>Perception and Community needs assessment: Field stay and interaction with communities around the company premises including SHGs, students, Panchayath members, Doctors in Govt health institutions and beneficiaries of company initiatives.</li> <li>Completed an evaluation report and contributed to the</li> </ul>

	<ul> <li>recommendations made to the company for their CSR strategy</li> <li>Study of School School Level Dietary adequacy in rural belt of Mysore District in collaboration with Azim Premji University (2013)</li> <li>Involved in conceptualization and providing support in tool development and implementation techniques</li> <li>Participated and contributed inputs to pilot survey and tool testing exercise</li> <li>Baseline study of status of sanitation and hygiene in city schools (2012)</li> <li>Questionnaire development, data collection from selected schools, interviews and group discussions with teachers and students</li> <li>Data compilation and reporting</li> <li>"Domestic Violence on Women" in Mysore (Rural area): Project undertaken while pursuing post-graduation looking at the prevalence and causes of violence as well as awareness levels among women.</li> <li>Single-handedly involved in Tool Development, Field Survey, Data entry, Data Analysis, Report writing, Presentation.</li> </ul>
Trainings / Workshops attended	<ul> <li>Basic orientation and Technical Training for preparation of District Human Development Report</li> <li>National Seminar on Functional foods for Health Promotion and disease prevention conducted by University of Mysore</li> <li>Different Abilities, Equal Opportunities: Panel discussion and seminar on employment issues for people with disabilities conducted by GRAAM</li> <li>Workshop on Focus Group Discussion and other data collection techniques conducted by Azim Premji University</li> <li>Internal workshops at GRAAM on community consultation, tool development for researches and surveys, orientation on DHDR</li> <li>Participated State Level Media workshop on Development Journalism hosted by GRAAM (also involved in event coordination)</li> </ul>
Presented papers at Conferences	<ul> <li>Oral presentation on "Domestic Violence against Women in Rural Area of Mysore" at 9th National Women's Science Congress – November 2016.</li> <li>Poster presentation on "Social Media usage among adolescents" in National Conference at Avinashlingam University, Coimbatore- March 2017.</li> <li>Participated and presented a poster on "Children of teen mothers – risks and challenges", in UGC sponsored National conference on scientific perspectives of home sciences held on 6th and 7th March 2017 at Avinashlingam University, Coimbatore, TamilNadu.</li> <li>Participated and presented a poster on "Binge eating behaviors among young girls in Mysore city" at 49th Annual National</li> </ul>

	<ul> <li>November 2017 a</li> <li>Poster presenta Determination" a</li> <li>Participated and birth weight chil Development on</li> </ul>	tritional society of India, held on 2nd,3rd and 4th - at Assam Agricultural university, Assam. tion on "Autism-Towards Autonomy and Self t University of Mysore. presented poster on "Cognitive outcomes of Low dren" at Silver Jubilee National Seminar of Human "Risks and Resilience Across the Life Span" on rch 2018 at Manasagangotri, Mysuru.
IT Skills	<ul> <li>Proficient with MS Office applications, Statistical Analysis using Excel, Kannada typing and basic desktop publishing</li> </ul>	
Personal Details	Date of Birth	22.07.1987
	Address for correspondence	C/o Ravi T Hosur Gate, Ballenahalli Post, Hunsur Taluk, Mysore
	Languages known	English, Kannada, Hindi

Information furnished above is true and accurate. Reference may be made available on request

Divyashree HR