

University of Mysore
Department of Studies in Food Science and Nutrition
Manasagangotri, Mysuru

Outstanding Achievements/Milestones of the Department

Sl. No.	Year	Details
1.	1970-71	M.Sc. Home Science Program- started at the palatial Mansion in the Manasagangotri campus.
2.	1976	Own Academic building was constructed
3.	1993	Extension of the building under UGC 8 th plan
4.	1993-94	M.Sc. Human Development Program was Introduced
5.	6 th Feb1994	Change of nomenclature from Home Science to Food Science and Nutrition
6.	1994-95	Silver Jubilee celebration of Food Science and Nutrition
7.	1999-2000	Construction of New wing for M.Sc. Human Development program, generous contribution of MP funds by Prof. P.Selvi Das, former Member of Parliament, Government of India and Former Vice Chancellor, University of Mysore
8.	2009	Establishment of Mysore University Day Care Centre to cater to needs of working mothers and to serve as a Child development laboratory centre for M.Sc.Human Development program.
9.	2007-2012	Induction under UGC SAP-DRS(I)
10.	2013-2018	Continuation of UGC SAP-DRS(II)
11.	2013	M.Sc. Food Science and Nutrition specialization in Clinical Nutrition and Dietetics was introduced
12.	2018	Silver Jubilee celebration of Human Development program
13.	2020-21	Introduced PG Diploma in Food Safety, Hygiene and Applied Nutrition Certificate Course in Nutrition and Health in collaboration with IIHMR, Bangalore
14.	2020	Extension of New wing(1 st floor) housing Laboratories for Nutrition research
15.	2020-21	Golden Jubilee celebration of the Food Science and Nutrition Department.
16.	2024	Alumni Association Inauguration- "FSN Golden Jubilee Group"

Faculty Awards and Achievements

Prof Asna Urooj

- Best research paper**– 1st National Nutrition Oncology Conclave, 20-21 April 2024, Bengaluru
- Best oral presentation** – 14th Apollo International Clinical Nutrition Update 2022
- UGC-Mid-Career Award** 2021 Faculty Research Promotion Scheme
- Prof M.L. Khorana IJPS Best Research Paper award 2019** -in the area of Pharmacognosy, Phytochemistry & Alternate Medicine, The Indian Pharmaceutical Association (IPA).

5. **Dr Rajammal P Devadas Memorial Award**- for outstanding contributions in the field of applied Nutritional Sciences for 2017, by Nutrition Society of India
6. **Academician Award** – By Nutritionists Republic for highest publications by a Nutritionist in 2013
7. **Prof G.S. Bains lifetime achievement award** –for credible achievement in the area of Nutrition for the year 2011, by Association of Food Scientist's & Technologists, India.
8. **State Award** - Dr Kalpana Chawla award for young women scientist in the field of Science & Technology for the year 2009 by Government of Karnataka
9. **Young scientist award**- Indian Dietetic Association, Nutrition Society of India, RSSDI, International College of Nutrition.
10. **60 Best research paper awards** in various national and international conferences (with co-authors).

Honors/ Recognitions

- **Adjunct Professor**- Dept of Dietetics and Applied Nutrition, MAHE, Manipal
- **Member** – FSSAI Scientific Panel Nutrition and Fortification, Expert Committee on FOPL, Former member - Labeling & Claims/ Advertisements, FOPL - Working Group, Functional foods
- **Member**- NAAC Peer Team
- **Member** – Committee for revision of norms under PM POSHAN Scheme, GOI
- **Member** – Registered Dietitian National Board, Indian Dietetic Association
- **Executive committee member**- Nutrition Society of India (2024-26)
- **Team Leader**- MHRD Joint Review Mission- Mid Day Meal scheme in Karnataka (2020)
- **Course coordinator**- SWAYAM –MOOC course ‘ Foods and Nutrition ’
- **Academic Council Member** – Sri Sathya Sai Institute of Higher Learning, Prashanthi Nilayam (2014-16).
- **Member Secretary** – Institutional Human Ethics Committee, University of Mysore (2005-24)
- **Coordinator** – IPR Cell, University of Mysore (2004-24)
- **Coordinator** – Certificate course in ‘Diabetes education’ as part of the National Diabetes Education program, University of Mysore.
- **Chairperson** - University Complaints Committee. **Member** – Sensitization, prevention and Redressal of sexual harassment committee (2012-17)
- **Chairperson**- Board of Studies in Food science & Nutrition
- **Member of** various Board of Studies (Food science & Nutrition, Food science & Technology, Women's studies, Human sciences, Human Development) – Madras, Periyar, Bangalore, Avinashilingam, Mysore universities.
- **Member**- Malpractices & Lapses in examination committee- Mysore University (2014 onwards).

- **Member-** UGC Expert committee for evaluating Major research projects
- **Resource person** - orientation programs and refresher courses - Academic Staff College, University of Mysore.
- **Reviewer** – project proposals for UGC, DBT, DST and ICMR.
- Chaired scientific sessions at various national and international conferences/seminars/symposiums.
- Delivered many plenary and invited lectures at various national and international conferences/seminars/symposiums.

Prof.KomalaM.

Awards and Recognitions

1. Research Fellowship of UPG -JRF in Human Development while working for Ph.D. in Human Development(2001-2003)

2. Awards: **(Best paper presentation – 02, Best Poster Presentation - 02, Mid Career Award-01)**

UGC sponsored National Conference on “Recent Trends in Home Science” organized by Avinashilingam University, Coimbatore. 6-7th March 2017

- a. **Best Paper Presentation Award** for paper on “A Study on Youth Problems in Mysore City” presented by Ramya Bhaskar and **Komala, M.** (Co-author)

UPE Sponsored Silver Jubilee National Seminar on “Risks and resilience across the lifespan” organized by Human Development, Department of Studies in Food Science and Nutrition, Manasagangotri, Mysore held on 15th and 16th March 2018 at IOE auditorium, Vijnana Bhavan, Manasagangotri, Mysore

- b. **Best Paper Presentation Award** for paper on “Teen Pregnancy – A Risk Factor for Physical Growth and Cognitive Abilities of School Children” presented by Ramya Bhaskar and **Komala, M.** (Guide)
- c. **Best Poster Presentation Award** for paper on “Early Intervention Program As Resilience For Developmental Delays In Children” presented by Hemalatha, K.B. and **Komala, M.** (Co-author)
- d. **Best Poster Presentation Award** for paper on “A Study on Risk Factors of Congenital Anomalies” presented by Priyanka A.G, Ramya Bhaskar and **Komala, M.** (Co-author)

3. **Mid-**

Career Award for Paper “Physical, Cognitive and Behavioural outcomes of Children Born to Teenage Mothers” presented by Ramya Bhaskar and **Komala, M.** (Guide) in 33rd Biennial Conference of Home Science Association of India (HSAI) on “Trends for futuristic Development in Home science: Research and Innovation” Jointly organized by Home Science Association of India and Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore held on Jan 22nd – 24th 2020

National Conference MY NUTRICON 2022 on the theme “Public Health Aspects of Nutrition Towards Sustainable Development Goals” held on 8th & 9th December 2022, at JSS Medical College, Mysuru.

4. Shivani Rao, Deepa Kannur, and **Komala M.** **Best Paper – oral presentation** in session and overall 2nd prize in the Oral competition
5. Dr. Prabhavati S. N. and **Komala M.** – **Appreciation Award for Best paper presentation in the session** and overall 1st prize in the Oral competition- Student category entitled “Somatic status and nutrient deficiencies in Jenu Kuruba children from ashrama schools of H.D Kote Taluk, Mysore district, at National Conference MY NUTRICON 2022 held on 8th & 9th December 2022, at JSS Medical College, Mysuru.

34th Biennial National Conference of Home Science Association of India on Innovation and incubation opportunities in Home Science for Self-Reliant India held on 15th – 17th December 2022 at St. Teresa’s College, Kochi organized by Home Science Association of India Kerala chapter.

6. Dr. Deepa Kannur and **Dr. Komala M.** – **Best paper presentation for the**

research paper entitled “Gender differences in the Nutrition status of under-five children in Jenu Kuruba Tribal Population”

7. **“Basava Rathna” Award** in the field of **Education**. Felicitated by Mysuru Sharana Mandali in “VatalShri Guruvandane and Basava Rathna Award Ceremony” on 17th July 2024.
8. **Member of National level committee** -Member of Governing body and general Body, Dr. B. R. Foundation, Dept of Social Justice and Empowerment, Government of India, New Delhi (2023 -2026)
9. Convener, **Advisory Committee** of Mysore University Day Care Centre 2008 – to date
10. Member, **Hostel Food Monitoring Committee**, University of Mysore, Mysore 2012 & 2019
11. Member **Advisory committee** for Ladies Hostels and Working Women’s Hostel, University of Mysore, Mysore 2013
12. Member, **Selection Committee** for selection of Assistant Professor for UGC sponsored B.Voc. Course JSS College, Mysore Jan 2015
13. Member, **The Review Committee**, University of Mysore, Mysore for JSS Autonomous college, Mysore, Nov 2017
14. Member, **Hostel Grievance Committee**, University of Mysore, Mysore 2019
15. Member, **Manasa Exhibition Committee** University of Mysore, Mysore 2021
16. **Executive committee member** of Home Science Association of India, Baroda from 2021
17. **Member of editorial committee** in Apoorv Knowledge- International Journal of Multidisciplinary Research, Mumbai.
18. **Member of editorial committee** in Pratibimba- Multidisciplinary Kannada Research Journal of Indian Institute of Multidisciplinary Research and Development, Mysuru
19. **Referee for International Journal of Educational Sciences**, KRE publishers, New Delhi