

Bio-Data

Dr. M. KOMALA

Designation	Assistant Professor in Human Development
E mail Id	komala_madaiah@yahoo.co.in
Phone Number	Office: 0821-2419631, Mobile: 09980425919
Qualification	B.Sc.(Home science), M.Sc., Ph.D.(Human Development)
Area of Specialization	Life Span Development, Early Childhood Education, Marriage and Family Relationship

Project (On-going)

Sl. No.	Position	Title of the Project	Funding Agency	Year
1	Co-Investigator	Bio-Anthropological, Bio-Chemical and Bio-Ethnical study among the tribal populations of Western Ghats Areas	MHRD, New Delhi (Institute of excellence scheme, University of Mysore)	2010-2013

- Number of Students Guided for M.Sc. Dissertation and Project work : 23
- Number of Ph.D. candidates currently working :02

Articles/Research Papers Published in Journals

1. K.N. Anuradha and M. Komala, "Impact of Non-formal Education on All round Development of Preschool Children", Journal of Social Sciences Interdisciplinary Reflection of Contemporary Society, January, 2002, Volume 6, Number 1, 21-23.
2. K.N. Anuradha and M. Komala, "Influence of Infrastructural Facilities in Anganwadis on Promoting the All round Development of Preschool Children", Journal of Human Ecology, International Interdisciplinary Journal of Environment Relationship, July 2003, Volume 14, Number 4, 287-290.
3. Komala, M. and Rudramma "Physical Growth And Nutritional Status Of School Children Of Mysore" Man and Life, 2008, Vol. 34 (3-4), pp 79-84
4. Ramya Bhaskar and Komala, M., "A Study On The Quality Of Life And Life Satisfaction Among The Senior Citizens In Mysore City" Man and Life, 2009 , Vol. 35 (3-4), Pp 65-72
5. Komala, M. and Rudramma, "A Study On Association Of Television Viewing With Stress And Academic Performance Of Children" Man and Life. 2009, Vol. 35 (3-4), Pp 73-80

Papers Presented (Oral) In Seminars/Symposium/Conferences

1. Deepu, N., Komala, M. and Rudramma, "An Evaluation of the Use of Mass Media by Adult Women in Semi-Urban Area of Mysore District", UGC National Seminar on "Women and Development" held on March 14TH & 15TH 2002 at Tirupati organized by Department of Home Science And Centre for Extension Studies, Sri Venkateshwara University, Tirupati.
2. Komala, M. and Roopa S. Angadi "Mental Health Status of Adolescents", Southern Regional Consultation Meet on "Adolescent Guidance Services" organized by NIPCCD, Southern Regional Centre, Bangalore on 22nd -23rd March 2006 at NIPCCD premises, Bangalore.
3. Komala, M., Shobha S. and Rudramma "Television Viewing and Study Habits – A Study Among the College Students" National Conference on Quality assurance in ODL institutions organized by Karnataka Open University, Manasagangotri, Mysore on 3rd – 5th March 2007.
4. Komala, M. and Roopa S. Angadi, "Relationship Between Adolescents' Perceived Parenting

- Styles and their Mental Health Status”, Fifth Regional Conference of International Union for Health Promotion and Education – South East Asia Regional Bureau on theme “Youth’s Health – Nation’s Wealth” held on 21st – 22nd April 2007 at Bangalore.
5. Komala, M. and Shilpa R. Patil “Nutritional Status of Hakkipikki Tribal Preschool Children” in National Conference on “ Medical Anthropology and Health Sciences” organized by Society for Indian Medical Anthropology on 29th to 30th November 2007 at Anthropological Survey of India, Mysore.
 6. Komala, M. and Rudramma, “Television Viewing – An Environmental Risk Factor For Childhood Obesity”, 3RD Indian Anthropological Inter-Congress on “Man and Environment: The South Asian Perspective” organized by Department of Anthropology, Punjab University, Chandigarh and Indian National Confederation and Academy of Anthropologists on 21st -23rd February 2008 at Chandigarh.
 7. Komala, M. and Rudramma, “A Study On Association Of Television Viewing With Stress And Academic Performance Of Children” UGC Sponsored National Seminar on “Resolving Stress To Optimize Academic Achievement – The Innovative Role Of Teachers” organized by The Department of Family and Community Science, St. Teresa’s College, Ernakulam on 12th, 13th and 14th November 2008 at Ernakulam
 8. Ramya Bhaskar, Komala, M. and Rudramma, “Study on Relationship between stress and adjustment among Adolescents”, UGC Sponsored National Seminar on “Resolving Stress To Optimize Academic Achievement – The Innovative Role Of Teachers” organized by The Department of Family and Community Science, St. Teresa’s College, Ernakulam on 12th, 13th and 14th November 2008 at Ernakulam
 9. Komala, M. and Shaila R. Bhat, “A Study on Mental Efficiency of Elderly People of Mysore City”, International Symposium and Conference of Gerontology and Geriatrics and 14th Biennial Meeting of the Association of Gerontology (India) organized by the Centre for Research on Ageing, Department of Psychology, Sri Venkateshwara University, Tirupati on 16th – 18th December 2008 at Tirupati.
 10. Komala M. and Rudramma, “Influence of Television viewing on Mental Health of Children” UGC Sponsored National Conference on “Role Of Home Science Education And Interdisciplinary Subjects Towards Promoting Health For All” organized by Smt V.H.D. Central Institute of Home Science on 23rd and 24th July 2009 at Jnanajyothi Auditorium, Central College campus, Bangalore.
 11. Ramya Bhaskar, Anjali, B.U. and Komala M., “A Study on Sexual Attitudes of Youth in Mysore Taluk”, National Conference on ‘Sexuality and Psychology’ organized by Dept of Post Graduation studies and Research in Psychology, Sri. Darmasthala Manjunatheshwara College (Autonomus), Ujjare, Dakshina Kannada on 29th and 30th January 2010
 12. Ramya Bhaskar, Rudramma, Arundathy M V, and Komala M., “Sexual Tendency and Adjustment among the Adolescents of Mysore City” National Conference on ‘Sexuality and Psychology’ organized by Dept of Post Graduation studies and Research in Psychology, Sri. Darmasthala Manjunatheshwara College (Autonomus), Ujjare, Dakshina Kannada on 29th and 30th January 2010
 13. Komala M. and P. Kamakshi, “Mental Health Of Single-Adolescents In Single-Parent Families”, Second National Conference of SIMA organized by Society for Indian Medical Anthropology, Mysore and Department of Anthropology, Kannada University, Hampi on “India’s Health Care Challenges” on 1st -3rd February 2010 at Kannda University, Vidyanaya, Hampi.
 14. Nandini, M., Komala, M. and Ramya Bhaskar, “A Study on Mental Health of Teenagers in Single Parent Families” Second National Conference of SIMA organized by Society for Indian Medical Anthropology, Mysore and Department of Anthropology, Kannada University, Hampi on “India’s Health Care Challenges” on 1st -3rd February 2010 at Kannda University, Vidyanaya, Hampi.
 15. Komala M. and Arundhathy, “Economy and Development among Medar – A schedule Tribe Population of Mysore”, Indian Anthropological Congress 2010 jointly organized by Indian National Confederation and Academy of Anthropologists (INCAA) and Indira Gandhi Rashtriya Manav Sangrahalaya (IGRMS) on 21st -23rd February 2008 at Bhopal.
 16. Ramya Bhaskar, M. R. Gangadhar and Komala M., “Development Programmes for the Resettled Tribes – An Evaluation”, Indian Anthropological Congress 2010 jointly organized by Indian National Confederation and Academy of Anthropologists (INCAA) and Indira Gandhi Rashtriya Manav Sangrahalaya (IGRMS) on 21st -23rd February 2008 at Bhopal.

Papers Presented (Poster) In Seminars/Symposium/Conferences

1. Komala, M. and Rudramma “Adjustment Problems of Adolescent: A Comparison Between Institutionalized and Non- Institutionalized Girls”, 90th Indian Science Congress Section: Anthropological and Behavioral Sciences organized by Indian Science Congress, Bangalore University, Indian Space Research Organization, Confederation of Indian Industry, Bangalore, at Bangalore University on 3rd -7th January 2003.
2. Komala, M. Shobha. S. and Rudramma “Influence of Television Viewing on Study Habits of College Students”, 91ST Indian Science Congress, Section: Anthropological and Behavioral Sciences organized by Indian Science Congress Association, Punjab University And Institute of Microbial Technology on 3rd - 7th January 2004 at Punjab University, Chandigarh.
3. Ramya Bhaskar, Komala, M. and Rudramma “The Relationship between Body type and Personality: A Study on School Age Children of Chamarajanagar in Karnataka”, 91ST Indian Science Congress, Section: Anthropological and Behavioral Sciences organized by Indian Science Congress Association, Punjab University And Institute of Microbial Technology on 3rd - 7th January 2004 at Punjab University, Chandigarh.
4. Ramya Bhaskar, Komala, M. Rudramma, and Shashikala Puttaraj, “Nutritional and Personality Assessment of School Children – The beneficiaries of A Family Helper Project”, XXXVI Annual meet of Nutrition Society of India organized by Nutritional Society of India and Department of Studies in Food Science and Nutrition, University of Mysore at Mysore on 5TH and 6TH November 2004
5. Komala, M. and Jyothi, R., “Influence of Television Viewing on Anxiety of College Students.”, 92nd Indian Science Congress, Section: Anthropological and Behavioral Sciences organized by Indian Science Congress Association, Nirma University And National Institute of Occupational Health, Ahmedabad at Nirma University, Ahmedabad on 3rd-7th January 2005.
6. Kavitha, Komala, M, and Rudramma “Influence of Television Viewing on Anxiety of College Students.”, 92nd Indian Science Congress, Section: Anthropological and Behavioral Sciences organized by Indian Science Congress Association, Nirma University And National Institute of Occupational Health, Ahmedabad at Nirma University, Ahmedabad on 3rd-7th January 2005
7. Komala, M. and Jyothi R., “Anxiety Among College Students”, International conference on Health Sciences on theme “Integrated Healthcare towards Global Well being” organized by JSS Mahavidyapeetha, Mysore on 25th – 26th February 2005 at JSS Medical College Campus at Mysore.
8. Komala, M. and Mahesh Sharma B.V., “A Study on Emotional Intelligence in Relation to Gender Difference among the Adolescents of Mysore”, 93rd Indian Science Congress, Section: ‘Anthropological and Behavioral Sciences held on 3rd-7th January 2006 at Hyderabad organized by The Indian Science Congress Association and N.G. Ranga Agricultural University, Hyderabad.
9. Komala, M. and Roopa S. Angadi, “Relationship between Parenting and Mental Health Status of Adolescents”, 94TH Indian Science Congress, Section: ‘Anthropological and Behavioral Scienceheld on 3rd-7th January 2007 at Chidambaram organized by The Indian Science Congress Association and Annamalai Deemed University, Chidambaram.
10. Komala, M. and Rudramma “A Study on Environmental Factors Associated With Childhood Obesity” in UGC National Seminar on “Functional Food for Health Promotion and Diseases Prevention” organized by Department of studies in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore on 14th – 15th February 2008 at Mysore
11. Shilpa R. Patil, and Komala, M. “Relationship between Nutritional Status and Cognitive Abilities: A Study on Hakkipikkis tribal preschool children” UGC National Seminar on “Functional Food for Health Promotion and Diseases Prevention” organized by Department of studies in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore on 14th – 15th February 2008 at Mysore
12. Arundhathy, M.V. and Komala M., “Nutritional Status Of Medar Tribal Pre-School Children Of Mysore City”, Second National Conference of SIMA organized by Society for Indian Medical Anthropology, Mysore and Department of Anthropology, Kannada University, Hampi on “India’s Health Care Challenges” on 1st -3rd February 2010 at Kannda University, Vidyaranya, Hampi.

Invited Talk/Lecture

1. Delivered a lecture and demonstration on “Creative Activities for Pre-school Children” in Nutrition Awareness Training for the Staff of Kiriya Pushpa: A Family Welfare Project, Mysore during April 1998
2. Guest speech on “Importance of Pre-Nursery School Education” in Parent Education Programme held at Shreya Nursery School and Play home, Siddharthanagar, Mysore during August 2001
3. Delivered a lecture on “Breast Feeding and Dangers of Bottle Feeding” in Orientation Training course on Integrated Nutrition Education for ICDS Functionaries organized by Food and Nutrition Board, Bangalore held at Dept. of studies in Food Science And Nutrition, Manasagangotri, Mysore during February, 2002
4. Delivered a lecture on “Conveying Messages to the Community” in Orientation Training course on Integrated Nutrition Education for ICDS Functionaries organized by Food and Nutrition Board, Bangalore held at Dept. of studies in Food Science And Nutrition, Manasagangotri, Mysore during February, 2002
5. Delivered a lecture on “Common teenage problem” in Orientation Training Programme organized by Agni Abhishek Mahila Empowerment Society for employees of Mandya Milk Union Limited held at RTDC, Mysore during April 2004
6. Delivered a lecture on “Common teenage problem” in Orientation Training Programme organized by Agni Abhishek Mahila Empowerment Society for employees of Mandya Milk Union Limited held at RTDC, Mysore during August 2004
7. Delivered a lecture on ““Role of Audio-Visual-Aids in Communication” in Karnataka State Open University Contact Class Programme for students of Certificate course in Nutrition at Manasagangotri, Mysore during September 2004
8. Delivered a lecture cum Demonstration on “Creative Activities for Physical and Mental growth of the child” in Orientation Training course for Anganwadi Teachers and Supervisor held at MYRAD/PLAN, Hand post, H.D. Kote, organized by MYRAD/PLAN H.D.Kote Programme Unit during October 2005
9. Delivered a lecture on “Role of Preschool education on overall development of children” in Orientation Programme organized by Dept. of Women and Child Development, and MYRAD, Mysore for Anganwadi Supervisors held at Bal bhavan, Bannimantap, Mysore during February 6th and 8th 2006
10. Delivered a lecture on “Methods of Communication in Nutrition and Health Education” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 23rd July 2007.
11. Delivered a lecture on “Approaches in Nutrition and Health” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 28th July 2007.
12. Delivered a Special lecture on “Human Growth – Nutrition” in Workshop organized by KMF Unit Mysore Training Centre, Mysore for Rural Women on 19th September 2007 at Alanahalli, Mysore
13. Delivered a lecture on “Methods of Communication in Nutrition and Health Education” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 17th June 2008.
14. Delivered a lecture on “Approaches in Nutrition and Health” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 17th June 2008
15. Delivered a lecture on “Methods of Communication in Nutrition and Health Education” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 6th May 2009.
16. Delivered a lecture on “Approaches in Nutrition and Health” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 7th May 2009
17. Delivered a lecture on “Methods of Communication in Nutrition and Health Education” in Karnataka

- State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 6th May 2009.
18. Delivered a lecture on “Approaches in Nutrition and Health” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 7th May 2009
 19. Delivered a lecture on “Methods of Communication in Nutrition and Health Education” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 7th July 2010.
 20. Delivered a lecture on “Approaches in Nutrition and Health” in Karnataka State Open University Contact Class for Diploma course in Nutrition and Health Education at Manasagangotri, Mysore on 8th July 2010

PARTICIPATED IN THE SEMINARS/CONFERENCE/ WORKSHOPS/ORIENTATION / REFRESHER COURSE/OTHER TRAININGS ((Level of participation: Merely participated/ Presented a paper/Resource person/Chaired a session/worked as a Rapporteur)*)**

1. Participated as Resource person in Nutrition Awareness Training for the Staff of Kiriya Pushpa:A Family Welfare Project organized by Kiriya Pushpa Family Welfare Project, Mysore during April 1998
2. Participated as a guest speaker in the Parent Education Programme held at Shreya Nursery School and Play home, Siddharthanagar, Mysore during August 2001
3. Participated as Resource person in the Orientation Training course on Integrated Nutrition Education for ICDS Functionaries held at Dept. of studies in Food Science And Nutrition, Manasagangotri, Mysore organized by Food and Nutrition Board, Bangalore during February 2002
4. Presented a paper in the UGC National Seminar on “Women and Development” on March 14TH & 15TH 2002 at Tirupati organised by Department of Home Science And Centre for Extension Studies, Sri Venkateshwara University, Tirupati.
5. Merely Participated in the Workshop on “Creativity” for parents, teachers, researcher involved with Preschooler held on 14th December 2002 organized by Indian Association of Preschool Education, Mysore chapter and DOS in Education, University of Mysore, Manasagangotri, Mysore
6. Presented a poster in the 90th Indian Science Congress Section: Anthropological and Behavioral Sciences held at Bangalore on 3rd -7th January 2003 organized by Indian Science Congress Association, Bangalore University, Indian Space Research Organization, And Confederation of Indian Industry, Bangalore.
7. Merely Participated in One day seminar on “Problems of Dalits” held on 17th August 2003 at university of Mysore, Mysore organized by Mysore University Dalit Employees Association, Mysore.
8. Presented two Posters in the 91ST Indian Science Congress, Section: Anthropological and Behavioral Sciences held on 3rd-7th January 2004 at Punjab University, Chandigarh organized by Indian Science Congress Association, Punjab University And Institute of Microbial Technology, Chandigarh.
9. Merely Participated in the National Seminar on “Intellectual Property Rights – A Public Awareness Programme” at University of Mysore held on 28th and 29th August 2004 organized by Department of Studies in Law, University of Mysore, Manasagangotri, Mysore
10. Presented a Poster in the XXXVI Annual meet of Nutrition Society of India held at Mysore on 5TH and 6TH November 2004 organized by Nutrition Society of India, Hyderabad and Department of Studies in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore
11. Presented two Posters in the 92nd Indian Science Congress, Section: Anthropological and Behavioral Sciences held at Ahmedabad on 3rd-7th January 2005 organized by Indian Science Congress Association Nirma University And National Institute of Occupational Health, Ahmedabad.
12. Presented a Poster in an International conference on Health Sciences on theme “Integrated Healthcare towards Global Well being” held at JSS Medical College Campus, Mysore, on 25th –

- 26th February 2005 organized by JSS Mahavidyapeetha, Mysore.
13. Participated as Resource Person in the Orientation Training Programme for employees of Mandya Milk Union Limited held at RTDC, Mysore during April 2004 organized by Agni Abhishek Mahila Empowerment Society
 14. Merely Participated in One Day Seminar on “Stress Management” on 16th July 2005 at University of Mysore, Mysore organized by Academic staff college, University of Mysore, Mysore
 15. Merely Participated in An International Seminar on “Multicultural Spain: Catalonia” on 5th and 6th August 2005 at University of Mysore, Mysore organized by University of Mysore, India and Universitat Rovira I Virgili, Tarragona- Spain
 16. Participated as Resource Person in the Orientation Training Programme for employees of Mandya Milk Union Limited held at RTDC, Mysore during August 2004 organized by Agni Abhishek Mahila Empowerment Society
 17. Participated as Resource Person in the Orientation Training course for Anganwadi Teachers and Supervisor held at MYRAD/PLAN, Hand post, H.D. Kote during October 2004 organized by MYRAD/PLAN H.D.Kote Programme Unit
 18. Merely participated in the Workshop on “Intellectual Property Right” at Manasagangotri, Mysore during 15th & 16th January 2005 organized by University of Mysore and National Law School of India Universities, Bangalore
 19. Merely Participated in the Workshop on “Civil Rights and Employees” at Manasagangotri, Mysore held on 23rd and 24th August 2005 organized by Dr. B.R. Ambedikar research and extension center, University of Mysore, Mysore
 20. Merely Participated in the Workshop on Learning Disability – 2005 UGC Innovative Programme On Learning Disability Held on 10th October 2005 organized by Scientific Learning Corporation, Oakland, California, USA and DOS in Psychology, University of Mysore
 21. Merely Participated in the National Seminar on “Intangible Cultural Heritage of Karnataka” on 13th and 15th December 2005 at University of Mysore, Mysore organized by Department of Studies in Anthropology, University of Mysore and Indira Gandhi Rashtriya Manav Sangrahalay, Bhopal
 22. Presented a Poster in the 93rd Indian Science Congress, Section: ‘Anthropological and Behavioral Sciences’ held on 3rd-7th January 2006 at Hyderabad organized by The Indian Science Congress Association and N.G. Ranga Agricultural University, Hyderabad
 23. Merely Participated in the National Conference on “Tribal Policy for India” held on 6th and 7th January 2006 at Hyderabad organized by Mahatma Gandhi National Institute of Research and Social Action
 24. Participated as Resource person in the Orientation Programme for Anganwadi Supervisors held at Bal bhavan, Bannimantap, Mysore held on 6th and 8th February 2006 organized by Dept. of Women and Child Development, and MYRAD, Mysore
 25. Presented a paper in Southern Regional Consultation Meet On “Adolescent Guidance Services” held on March 22-23 2006 at NIPCCD, Southern Regional Centre, Bangalore organized by National Institute of Public Cooperation and Child Development, Bangalore
 26. Merely Participated in One day Seminar on “Health and Nutirion Awareness” held at Department of Studies in Food Science and Nutrition on University of Mysore, Manasagangotri, Mysore on 27th March 2006 organized by Centre for Women’s Studies and Department of Studies in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore
 27. Merely Participated in the Workshop on “Recent Application Of Remote Sensing And GIS” held on 4th April 2006 organized by Department of Studies in Geology University of Mysore, Manasagangotri, Mysore
 28. Merely Participated in the UGC sponsored National Level Seminar on “Equity and Excellence in Higher Education” on 7th & 8th April 2006 at St. Philomena’s College, Mysore organized by St. Philomena’s College, Mysore
 29. Merely Participated in the 1ST Refresher Course in Home Science held from 28th June to 18th July 2006 organized by U.G.C. Academic Staff College, Bangalore University, Bangalore.

30. Presented a Poster in 94th Indian Science Congress, Section: 'Anthropological and Behavioral Sciences' held on 3rd-7th January 2007 at Chidambaram organized by The Indian Science Congress Association and Annamalai Deemed University, Chidambaram.
31. Merely Participated in the Workshop on "Conflict Management Tools and Skills" held on 20th January 2007 organized by Mysore University school of Justice and Department of Law, University of Mysore. Manasagangotri, Mysore
32. Presented a Paper in Fifth Regional Conference of International Union for Health Promotion and Education – South East Asian Regional Bureau on Youth's Health – Nation's Wealth" held on 21st and 22nd April 2007 at Bangalore organized by International Union For Health Promotion and Education South East Asia Regional Bureau Bangalore
33. Merely Participated in the National Seminar on "Policies and Issues in the Bio-cultural Development of Scheduled Tribes" on 26th to 28th November 2007, Mysore Anthropological Association, Mysore
34. Presented a Paper in the National Conference on " Medical Anthropology and Health Sciences" on 29th to 30th November 2007, at ASI, Mysore organized by Society for Indian Medical Anthropology
35. Presented two Posters in the UGC National Seminar on "Functional Food for Health Promotion and Diseases Prevention" on 14th -15th February 2008, Mysore organized by Department of studies in Food Science and Nutrition, University of Mysore, Mysore
36. Presented a Paper in the National Conference of 3RD Indian Anthropological Inter-Congress on "Man and Environment: The South Asian Perspective" held on February 21-23, 2008, Chandigarh organized by Department of Anthropology, Punjab University, Chandigarh and Indian National Confederation and Academy of Anthropologists
37. Merely Participated in the Three Day National Seminar on "Women Empowerment" on 17th to 19th March 2008, at Mysore organized by Dr. B.R. Ambedkar Research and Extension Centre, University of Mysore, Mysore
38. Presented two papers in UGC Sponsored National Seminar on "Resolving Stress To Optimize Academic Achievement – The Innovative Role Of Teachers" organized by The Department of Family and Community Science, St. Teresa's College, Ernakulam on 12th, 13th and 14th November 2008 at Ernakulam
39. Presented two papers in International Symposium and Conference of Gerontology and Geriatrics and 14th Biennial Meeting of the Association of Gerontology (India) organized by the Centre for Research on Ageing, Department of Psychology, Sri Venkateshwara University, Tirupati on 16th – 18th December 2008 at Tirupati
40. Merely participated in Two days National workshop on "Rooftop Rain Water Harvesting and Groundwater Recharge" organized by Department of Studies in Geology, University of Mysore, Manasagangotri, Mysore on 20th and 21st February 2009 at Mysore
41. Merely Participated in Silver Jubilee State Level CME organized by Department of Pulmonology, JSS Medical College and Hospital, Mysore on July 14th 2009 at JSS college, Bannimantap, Mysore
42. Merely Participated in One Day Faculty Development Program on Data Analysis Using SPSS 17.0 organized by Department of Studies in Statistics, University of Mysore, Mysore in collaboration with SPSS South Asia Private Limited, Bangalore on 14th of September 2009 at Manasagangotri, Mysore
43. Merely participated in Two days National Conference on "Recent Trends in Animal Physiology" organized by Department of Studies in Zoology, University of Mysore, Manasagangotri, Mysore on 29th and 30th October 2009
44. Presented two papers and a poster in Second National Conference of SIMA organized by Society for Indian Medical Anthropology, Mysore and Department of Anthropology, Kannada University, Hampi on theme "India's Health Care Challenges" on 1st -3rd February 2010 at Kannada University, Vidyanaya, Hampi.
45. Presented two papers in Indian Anthropological Congress 2010 jointly organized by Indian National Confederation and Academy of Anthropologists (INCAA) and Indira Gandhi Rashtriya Manav Sangrahalaya (IGRMS) on 21st -23rd February 2008 at Bhopal.

Administrative experience

Position held	Period (From-To)	
The Coordinator Mysore University Day Care Centre, Manasagangotri, Mysore	September 2007	To date

Membership in University Academic Bodies:

Academic Bodies	Position Held	Period (From - To)	
Board of Examination in Human Development	Chairperson	Jan 2007 Jan 2009	Jan 2008 Jan 2010
	Member	Jan 2005	Jan 2011
Board of Studies in Human Development	Member	2006	2012
Faculty of Science and Technology	Member	2005	2011
Advisory Committee of Mysore University Day Care Centre	Convener	2008	To date

Membership in Academic Societies

- Indian Science Congress Association, Kolkata – Annual membership
- Indian Association of Medical Anthropologist – Life member

Organization of Program (Seminar/Conference/Workshop)

Year	Program	Sponsor	Position held
2008	National Seminar on “Functional Food for Health Promotion and Diseases Prevention” held on 14 th -15 th February 2008, Mysore	UGC Sponsored National Seminar hosted by DOS in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore	Organizing Committee Member and Registration Committee Chairperson

Faculty/Student Related Program Organized

- Every year we have been organizing the **Recreational Programme** for Elderly Citizens at Little Sisters for Poor - Home for Aged, Gandhinagar, Mysore
- Every year we have been Organizing **Exhibition** on Pre-school education/Indigenous creative activities at schools and ICDS centers in and around Mysore city.
- Every year we have been Organizing **Parent Education Programme** for parents of under-privileged section on various issues such as growth and development, health and nutrition, social problems, rights for women and child.

Other Information

- Participated in **Board of Studies meeting** for finalization of the syllabus of **Certificate Programme in Infant Care** of Karnataka State Open University, Manasagangotri, Mysore during March 2006
- Involved in **Lesson writing for certificate program in Infant Care** and **Certificate course in Pre-school Education** of Karnataka State Open University, Manasagangotri, Mysore.

Dr. M. Komala