University of Mysore
DOS in Food Science and Nutrition, Manasagangotri, Mysore

# **Syllabus of Advanced Research Methodology in Human Development**

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| Unit 1 | a. | <b>Research Methodology:</b> Meaning and Objectives of research; Types of research [Descriptive vs. Analytical, Applied vs. Fundmental, Qunatitative vs. Qualitative, Conceptual vs. Empirical, Field setting vs. laboratory, clinical vs. diagnostic, Exploratory vs. Formalized]; Research Approachs [Qualitative approach and Quantitative approach] Significance of research; Basic concepts about the research and scientific method; Research process |
|        | b. | <b>Defining the Research problem</b> : Meaning of research problem; Selecting the research problem; Techniques involved in Defining problem:  |
|        | c. | <b>Research Designs:</b> Meaning, need, features of a good design, concepts relating to research design, Different research designs – Exploratory research studies, descriptive and diagnostic research studies, Longitudinal, cross-sectional and sequential studies; Hypothesis-testing research studies; Basic principles of Experimental designs; Important experimental designs; Evaluation and Interventional designs                                 |
| Unit 2 | a. | <b>Sampling Design:</b> Steps in sample design; criteria of selecting a sampling procedure; Characteristics of a good sampling design; Types of sample designs [Non-probability sampling and Probability sampling]; Complex Random Sampling Designs [Systematic sampling, Stratified sampling, Cluster sampling, Area sampling, Multi-stage sampling, Sequential sampling]  |
|        | b. | Measurement and Scaling Techniques: Measurement in research, measuring scales, sources of error in measurement, test of sound measurement- validity, reliability, practicality; meaning of scaling, scale classification bases, important scaling techniques - rating scales, scale construction techniques-arbitrary scales, differential scales, likert-type scales, cumulative scales, factor scales, multidimenstional scaling                          |
| Unit 3 | a. | Methods of Data Collection: Collection of primary data in surveys and descriptive researchs - Observation, Interview, Questionnnniare, schedules, Case study, and Collection of secondary data and characteristics to be noticed before using secondary data  |
|        | b. | <b>Ethical Issues in Research:</b> Benefits of the Research, Responsibility, Rights of the Research Participant, Physical and Psychological Risks, Deception, Reducing Risk and/or Minimizing Harm, Informed Consent, Privacy, Summary of Results; Ethical Issues regarding Copyright.  |

# **Unit 4** Discipline Centric Research methods and Techniques

- **a. Methods in Studying Growth and Somatic status** Anthropmetry, body composition, Physical/Clinical examination, Dental maturation, Age at menarche/spermarche, Use of growth reference,
- b. Methods in Studying Development and Behaviour Descriptive studies; Ethnographic studies; Epidemiological studies; Program Evaluation studies: Genetic studies Twin study, Pedigree, Genome analysis; Clinical studies Developmental and Neuro-Cognitive Assessment, Interventional studies and Theraphy; Laboratory studies Behavioural, Electrophysiological and Brain imaging research.
- c. Use of Computer in Research

## Unit 5

- **a. Statistical Methods I: Probability and Inference -** Advanced theory, derivations of quantitative statistics. Descriptive statistics, probability, normal distribution. One-/two-sample hypothesis tests, confidence intervals. Chi square tests. One-way analysis of variance, follow up tests.
- **b.** Statistical Methods II: Regression and the General Linear Model Analysis of variance designs (two-/three-way), repeated measures, correlation, simple/multiple regression methods, non-parametric procedures, multivariate analyses.
- c. Computer Application in Analysis of Data

### Unit 6

- a. Interpreation: Meaning, Techniques, and precacutions in interpretation
- **b. Scientific writing:** Significance and steps in scientific writing, Review of literature, Authenticity of reviews, Layout of the research report writing, Types of Reports, Mechanics of writing a research report, Precacustions for writing research reports: Writing the research articles and project proposal