

CAREER OPPORTUNITY IN FOOD SCIENCE AND NUTRITION

Students opting for M.Sc. course in Food Science and Nutrition have dual career opportunities in the field of both Food Science and Nutrition. Some avenues are listed below, though the list is not exhaustive.

1. HIGHER QUALIFICATION - M. PHIL / PH.D.

Students desirous of obtaining higher qualification can opt for higher degree in Food Science and Nutrition. These can be done through Fellowships offered by various agencies or through self-financing.

- Fellowships available - UGC, CSIR, ICMR, DST.
- Sponsoring agencies
- Research Projects
- Self-financing

AREAS OF RESEARCH

- Laboratory oriented
- Field oriented
- Hospital based – Clinical nutrition

Employment opportunities available as Research Associates, Post Doctoral fellows, Teachers Scientists

2. TEACHING

Universities, Colleges and other institutions offering courses in

- Home Science
- Food Science, Nutrition, Dietetics
- Catering Colleges
- Nursing colleges

3. RESEARCH INSTITUTIONS

Scientists, Project trainees, Research Assistants, Post-Doctoral Fellows

4. UNIVERSITIES – PROJECT WORKERS IN FUNDED PROJECTS

5. NUTRITION COUNSELLING

- Dieticians – Hospitals
- Nutrition consultant – Health clubs
- Special situations – (Industry, Schools, Children, Pregnant women, Elderly etc.)
- Sports persons

6. FOOD INDUSTRY

- Quality control analyst
- Production supervisors
- Research and development
- Market surveys
- Product promotion

7. GOVERNMENT SECTOR

- Dept of Women and Child Development - ICDS Project Officers, Superintendent and Probationary officers at Children's Home, State Home for Women

8. SELF EMPLOYMENT

- **Home industry**

Processed products - Pickles, Papads, Masala powders, Snack items specially formulated foods etc.

- **Catering** – Ready to eat foods, Packed meals, Packed lunches for schools.
- **Training** – Cookery, Home scale preservation

9. Nutrition Surveillance: Project workers for carrying out surveys.

10. Nutrition Education Programs: Facilitators for Nutrition Education Programs.