



**Dr. Jyotsna Prabakar**

- She is working as Visiting Professor for International Union of Food Sciences & Technology in Vietnam, and Department of Food Science & Biotechnology, Zhejiang Gongshang University, China.
- Former Professor of Food Science & Nutrition at University of Mysore.
- She is a Fellow of IUFOSI and National Academy of Agricultural Sciences, India.
- She has with >250 research and review papers, 20 books/book chapters, >400 presentations and successful completion of many research and educational projects with total citations exceeding 4,200. She has guided many students for doctoral and post-doctoral research.
- She is the recipient of Dr. Rajendra P. Desai Memorial Award for outstanding contributions in the field of applied nutritional sciences, Best Postgraduate Teacher Award, and Prof. M. Subramanian Honorary award for research achievements.
- She is a member of many National and International committees, life member of many professional organizations and serves as Indian Ambassador for Global Harmonization Initiative, Austria.

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graph TD
    A[Composition, structure, function of brain] --> B[Dependent on lipids, amino acids, vitamins minerals]
    B --> C[Food intake & quality]
    B --> D[Diet-modifiable variable related to mental health, mood & cognition]
    C --> E[Composition of the diet]
    E --> F[Endogenous gut hormones  
Neuropeptides  
Neurotransmitters  
Gut microbiota]
    
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Department of Food Science and is present...

is presenting

Department ...

**A Special lecture on "Nutrition and Mental Health" (Online)\_on\_30.06.2021**



**UNIVERSITY OF MYSORE**

**DEPARTMENT OF STUDIES IN FOOD SCIENCE AND NUTRITION,  
MANASAGANGOTRI, MYSURU**

*organises*

**A Special Lecture**

*on the topic*

**"Nutrition and Mental Health"**

**Date: 30<sup>th</sup> June 2021**

**Time: 3.00 - 4.30 pm**



**Dr Jamuna Prakash**

Former Professor of Food Science & Nutrition,  
University of Mysore

&

Visiting Professor for International Union of Food  
Sciences & Technology in Vietnam &  
Zhejiang Gongshang University, China

**Google Meet link: <https://meet.google.com/twu-oyts-quj>**

***All are cordially invited!***

***- Chairperson & Staff***