



**UNIVERSITY OF MYSORE**

**"A STUDY ON AWARENESS ON MENSTRUAL HYGIENE AMONG  
YOUNG GIRLS AT KUDLURU VILLAGE, CHAMARAJANAGARA  
TALUK AND CHAMARAJANAGARA DISTRICT."**

**A Major project report submitted to**

**The University of Mysore as a partial fulfilment for the award of  
Master's degree in Social Work**

Submitted By

**RANJITHA C**

**REG.NO (SW119832)**

Under the Guidance Of

**Dr. JYOTHI H P**

**Research Guide**

**DOS in Social Work**

**Manasagangothri**

**Mysuru**

**UNIVERSITY OF MYSORE**

**DEPARTMENT OF STUDIES IN SOCIAL WORK**

**MANASAGANGOTHRI, MYSURU**

**OCTOBER - 2021**



UNIVERSITY OF MYSORE  
DEPARTMENT OF STUDIES IN SOCIAL WORK  
MANASAGANGOTRI, MYSURU

DECLARATION

I, Ms. **RANJITHA C**, student of fourth semester, Department of studies in social work, University of Mysore, Manasagangotri, Mysuru. I hereby declare that the major project entitled **“A STUDY ON AWARENESS ON MENSTRUAL HYGIENE AMONG YOUNG GIRLS AT KUDLURU VILLAGE, CHAMARAJANAGARA TALUK AND CHAMARAJANAGARA DISTRICT.”** has been carried out by all of us and submitted the same in partial fulfilment of the requirements for the award of the degree of Master of Social Work by the University of Mysore, Manasagangotri, Mysuru during the academic year 2020-2021.

Further, we declare that the matters embodied in the report have not been submitted previously by anybody for the award of any degree or diploma to this University or any other Universities.

This major project work has been carried out under the guidance and supervision of **Dr. JYOTHI H P**, Associate Professor & Chairperson, DOS in Social Work, University of Mysore, Manasagangotri, Mysuru.

*Ranjitha C*

**RANJITHA C**

Signature of the Social Work Trainees



**UNIVERSITY OF MYSORE**  
**DEPARTMENT OF STUDIES IN SOCIAL WORK**  
**MANASAGANGOTHRI, MYSORE**

**CERTIFICATE**

This is to certify that the major project work entitled “A STUDY ON AWARENESS ON MENSTRUAL HYGIENE AMONG YOUNG GIRLS AT KUDLURU VILLAGE, CHAMARAJANAGARA TALUK AND DISTRICT.” It is bonified Major Project carried out by **RANJITHA C** in partial fulfilment for the award of the degree of Master in Social Work by the department of studies in Social Work, University of Mysore, Manasagangothri, Mysore during the academic year 2020-2021. The Major project has been approved as it satisfies the academic requirements in respect of project work prescribed for said degree.

This is also certified that this project report has not been submitted in part or full to any other university for any other degree.

Research Supervisor

(Dr. JYOTHI H P)

CHAIRPERSON &  
ASSOCIATE PROFESSOR

Dos in Social Work

**Dr. Jyothi. H. P.**  
Associate Professor  
Department of Studies in Social Work  
University of Mysore  
Manasagangothri, Mysore - 570 006

Date: 08/10/2021

Place: Mysuru