

**“A SURVEY ON TRENDS IN CONSUMPTION AND  
AWARENESS OF SPORTS DRINKS AND ENERGY DRINKS  
AMONG ADULT POPULATION”**

**A PROJECT SUBMITTED TO THE UNIVERSITY OF MYSORE**

**In partial fulfilment of the requirement for the degree of**

**MASTER OF SCIENCE**

**In**

**FOOD SCIENCE AND NUTRITION**

**BY**

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**Register No: FS119015**

**Under the guidance of**

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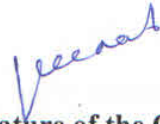
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**NOVEMBER - 2021**

## DECLARATION

I **HEMALATHA M** do here by declare that the investigation reported in the Dissertation entitled "A SURVEY ON TRENDS IN CONSUMPTION AND AWARENESS OF SPORTS DRINKS AND ENERGY DRINKS AMONG ADULT POPULATION" was carried out by me during the academic year 2019-2021, under the guidance of **Mrs.Veena A**, in the Department of Studies in Food Science and Nutrition, University of Mysore, Mysore in partial fulfilment of the requirement of the degree of Master in Science Food Science and Nutrition (CBCS).

I, further declare that the work embodied in this dissertation has not been submitted previously for any degree, diploma or any other with similar title.



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