ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ಕಾರ್ಯಸೌಧ ಕ್ರಾಫರ್ಡ್ಭವನ, ಮೈಸೂರು-5 ದಿನಾಂಕ 22-01-2021

ಸಂಖ್ಯೆ:ಯುಎ.2/379/2016-2017

ಗೆ:

ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ಮಂಡಳಿ(ಸಂಯುಕ್ತ)ಯ ಅಧ್ಯಕ್ಷರು ಮತ್ತು ಸದಸ್ಯರುಗಳಿಗೆ.

ಮಾನ್ಯರೇ,

ವಿಷಯ: ದಿನಾಂಕ 19-01-2021ರಂದು ನಡೆದ ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ಮಂಡಳಿ(ಸಂಯುಕ್ತ)ಯ ವಾರ್ಷಿಕ ಸಭೆಯ ನಡಾವಳಿಯನ್ನು ಕಳುಹಿಸುತ್ತಿರುವ ಬಗ್ಗೆ.

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ದಿನಾಂಕ 19-01-2021ರಂದು ನಡೆದ ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ಮಂಡಳಿ(ಸಂಯುಕ್ತ)ಯ ವಾರ್ಷಿಕ ಸಭೆಯ ನಡಾವಳಿಯನ್ನು ಈ ಪತ್ರದ ಜೊತೆ ಲಗತ್ತಿಸಿ ಕಳುಹಿಸಲಾಗಿದೆ.

श्रम् कंट्रिसेंड (स्ट्रिक्टर)

ಪ್ರತಿ:

- 1. ಅಧ್ಯಕ್ಷರು, ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ವಿಭಾಗ, ಮಾನಸಗಂಗೋತ್ರಿ, ಮೈಸೂರು
- 2. ಪ್ರೊ.ಎನ್.ಎಂ.ತಳವಾರ್, ಡೀನರು, ಕಲಾ ನಿಕಾಯ, ಕುವೆಂಮ<sup>\*</sup> ಕನ್ನಡ ಅಧ್ಯಯನ ಸಂಸ್ಥೆ, ಮಾನಸಗಂಗೋತ್ರಿ, ಮೈಸೂರು.
- 3. ಕುಲಸಚಿವ(ಪರೀಕ್ಷಾಂಗ), ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ, ಮೈಸೂರು.
- 4. ಉಪಕುಲಸಚಿವರು (ಶೈಕ್ಷಣಿಕ), ಆಡಳಿತ ವಿಭಾಗ, ಮೈವಿವಿ ನಿಲಯ, ಮೈಸೂರು-ಅಧ್ಯಯನ ಮಂಡಳಿಯು ಶಿಫಾರಸ್ಪು ಮಾಡಿರುವಂತೆ ಸೂಕ್ಷ ಕ್ರಮಕೈಗೊಳ್ಳಬೇಕಾಗಿ ಕೋರಿದೆ.
- 5. ಸಹಾಯಕ ಕುಲಸಚಿವರು/ಅಧೀಕ್ಷಕರು (ಶೈಕ್ಷಣಿಕ), ಆಡಳಿತವಿಭಾಗ, ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ, ಮೈಸೂರು
- 6. ಕುಲಪತಿ/ಕುಲಸಚಿವ/ಕುಲಸಚಿವ(ಪರೀಕ್ಷಾಂಗ) ಅವರ ಆಪ್ತ ಸಹಾಯಕರು, ಮೈವಿವಿ ನಿಲಯ, ಮೈಸೂರು.
- 7. ಕಾರ್ಯನಿರ್ವಾಹಕರು, ಎಸಿ6, ಆಡಳಿತ ವಿಭಾಗ, ಮೈವಿವಿ ನಿಲಯ, ಮೈಸೂರು.

Date: 19-01-2021



### Estd.1916 ಸಮಾಜಕಾರ್ಯ ಅಧ್ಯಯನ ವಿಭಾಗ ಮಾನಸಗಂಗೋತ್ತಿ, ಮೈಸೂರು

-----(re-accredited by NAAC at "A" Grade with a CGPA of 3.47)------(Ranked 47<sup>th</sup> overall and 26<sup>th</sup> among Universities in NIRF ranking 2020)-----

PGSW/952/2020-21

Proceedings of the BOS in Social Work meeting held on 19<sup>th</sup> January, 2021.

Ref.: University letter No. UA2/379/2016-2017, Date 05-11-2020

#### Members of BOS in Social Work

- Dr. Chandramouli, Associate Professor & Chairman, DOS in Social Work, University of Mysore, Manasagangothri, Mysuru
- 2. Dr.H.P.Jyothi, Assistant Professor, DOS in Social Work, University of Mysore, Manasagangothri, Mysuru
- 3. Prof. K.G. Parashuram, Professor, DOS in Social Work, Tumkur University, Tumkuru
- 4. Dr. R. Mahesh, Professor, Bahadur Institute of Management Studies, University of Mysore, Manasagangothri, Mysuru
- 5. **Dr.** M.S. **Yatheesh Chandra**, Associate Professor, Dept. of Management Studies VTU Regional Office, Hanchya Satagalli Ring Road, Mysuru 570 029
- 6. Dr. Narendra Kumar, Associate Professor, Ambedkar Studies Centre, University of Mysore, Manasagangothri, Mysuru
- 7. Dr. Appaji Gowda, Assistant Professor and Chairman, Department of Anthropology, Karnataka State Open University, Mukthagangothri, Mysuru
- 8. Dr. Daniel, Assistant Professor, DOS in Philosophy University of Mysore, Manasagangothri, Mysuru-570006

The BOS in Social work was held on 19.01.2021 at the Department of Studies in Social Work, University of Mysore, Manasagangothri, Mysuru at 11 AM. The Board discussed, deliberated and resolved as mentioned below.

Agenda: 1 Revision of the syllabus of selected papers of MSW Programme for the academic year 2022-23

**Explanation** Some of the papers in the MSW Programme were needed complete revision. The details of the revised papers are as follows

#### 1st Semester

1. SWHC - 5 - Work with Communities.

#### 2<sup>nd</sup> Semester

- 1. SWSC 1 Communication and Counseling
- 2. SWSC 2 Personal and Professional Development

#### 3rd Semester

- 1. SWHC 11 Human Resource Management
- 2. SWSC-3 Organizational Behaviour and Organizational Development
- SWSC 4 Preventive and Social Medicine and Medical Social Work
- 4. SWSC 5 Social Policy, Planning and Development
- 5. SWSC 5 Legal System in India
- 6. SWOE 2 Management of Non-Governmental Organizations

#### 4th Semester

- SWHC 13 Employee Relations and Legislation.
- 2. SWHC 14 Mental Health and Psychiatric Social Work
- 3. SWSC 6 Human Resource Development and Employee Wellness

## Agenda: 2 Provision of the question papers of MSW Program in bilingual form i.e. both in Kannada and English

Explanation

Till now the question papers provided to the students are in English version. Many students have expressed their difficulties in understanding these questions and often they have failed to write answers effectively. Therefore, the BOS has discussed and resolved in its meeting that question papers of MSW Programme should be given in English as well as in Kannada version.

## Agenda: 3 Preparation of Panel of Examiners for both BSW and MSW Programmes

Explanation A detailed and updated Panel of Examiners, with their complete addresses has prepared for both the BSW and MSW Programmes and the same has been sent to the Registrar (Evaluation) separately.

Agenda: 4 Any other: Nil

Yours faithfully

(Dr. Chandramouli) 21.01, 202

Chairman BOS in Social Work

Department of Studies in Social We University of Mysore

Manasagangothri, Mysuru - 570 000

## Details of members attended the meeting

Sl. No.	Name of the members	Designation	Signature
01	Dr. Chandramouli	Chairman	Challes
02	Dr.Jyothi. H. P	Member	( Off 19/01/21
03	Dr. Daniel, M	Member	h. fairl
04	Dr. Narendra Kumar	Member	
05	Dr. M.S. Yatheesh Chandra	Member	
06	Dr. Appaji Gowda	Member	Alux X
07	Dr. R. Mahesh	Member	and .

Date: 19<sup>th</sup> January 2021 Place: Mysuru

Chairman -BOS

19.01.2021. Chairman

Department of Studies in Social Work

University of Mysore

University of Mysore

Manassgangothri, Mysuru - 570 663

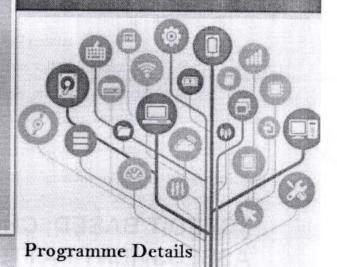


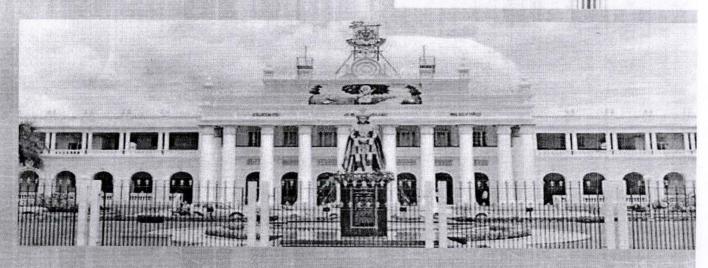
# University of Mysore

(Estd.1916)

## **MASTER OF SOCIAL WORK**

CREDIT BASED, CHOICE
BASED CONTINUOUS
ASSESSMENT PATTERNED
EDUCATION SYSTEM





- i. Clarify and imbibe values which sustain positive attitude and professional ethics.
  - ii. Develop the capacity for self-direction, growth and change through self awareness.
- i. Enhance writing skills to document practice appropriately. Recordings to be viewed as an expression of interest, motivation and involvement in practice and as an evidence of enrichment in the process of professional growth.
   To meet these outcomes, several opportunities with specific objectives are designed. The different sets of opportunities with details of content and related tasks are listed separately.

## **Programme Specific Outcome**

- The Social Work Post Graduates will get absorbed as HR Executives, Labor Welfare Officers both at Public and private sector industries; they also work as Counselors, Social Workers and Community Organizers in the Non Governmental Organizations.
- The Social Work Post Graduates also take up various competitive examinations like UPSC, KPSC and other examinations and get into positions like IAS, IPS and KAS officers at various departments (Gazetted Officers)
- 3. They also join Government Departments as Police Sub-inspectors in Police Department, Child Development Program Officers at the Department of Women and Child Development, Panchayath Development Officers (PDOs) at the Department of Rural Development and Panchayathraj, Assistant Professors at Government First Grade Colleges, Jailors at Prisons Department, Probation Officers Grade I and Grade
  - II at Government Correctional Institutions like Government Boys/Girls Homes, State Homes, Observation Homes and Labour Welfare Officers and Labour Inspectors at Karnataka State Road Transport Corporations.
- 4. The well educated and enlightened Social Work Post Graduates become highly sensible and responsible citizens of the nation.
- The Pro-active Social Workers establish their own NGOs and work in the communities to achieve the welfare, harmony and all round development of all the Rural, Tribal and Urban communities in India.
- Some of them work as Medical Social Workers and Counselors at reputed Hospitals and strive towards delivering effective Health Care services to the needy.

- 7. Some of them work as Social Activists (using Social Action) with a sense of social responsibility and work with the marginalized and vulnerable sections of people and endeavor to improve their quality of life.
- 8. Few Social Workers work in the community and make significant efforts towards preservation and promotion of environment and natural resources.
- 9. In the recent times the Social Work Post Graduates have also proved to be effective in handling both Crises and Disaster situations as Disaster Managers/Consultants.
- Few take up Research studies with the help of UGC-JRF,RGNF,SC/ST fellowships, UGC-UPE scheme and get the Ph.D Degrees.

## Scheme of Examination and Details of Course Patterns for MSW Degree Course (CBCS) Credit Based Choice Based Continuous Evaluation Pattern System

#### **First Semester**

SI No.	Code No.	Paper title	HC/ SC/OE	L	T	P	Credits
1.	19001	Social Work – History and Ideologies	НС	2	1	0	3
2.	19006	Society and Dynamics of Human Behavior	НС	2	1	0	3
3.	19002	Work with Individuals and Families	НС	2	1	0	3
4.	19003	Work with Groups	HC	2	1	0	3
5.	19004	Work with Communities	HC	2	1	0	3
6.		Social Work Practicum – I	HC	0	0	3	3
		Total Credits					18

#### **Second Semester**

SI No.	Code No.	Paper title	HC/ SC/OE	L	T	P	Credits
1.	19011	Management of Developmental and Welfare Services	НС	2	1	0	3
2.	19012	Social Work Research and Statistics	НС	2	1	0	3
3.		Social Work Practicum – II (Social Work Camp and Summer Placement)	НС	0	0	3	3
4.		Social Work Practicum – III		0	0	3	3
5.	19013	Communication and Counseling					
6.	19014	Gandhian Approach to Welfare and Development	SC	2	1	0	3
7.	19015	Personal and Professional Growth	SC	2	1	0	3
8.	19016	Population and Environment				100.00	10
		Total			Late Contract		18
9.	19017	Social Work Practice with Children	OE	3	1	0	4
10.	19018	Science of Crime, Penology and Social Work Practice	J. J.				10
		Total Credits					18

## **Third Semester**

SI No.	Code No.	Paper title	HC/ SC/OE	L	T	P	Credits
1.	19031	Human Resource Management	HC	2	1	0	3
2.		Social Work Practicum - IV	HC	0	0	3	3
3.	19032	Social Work with Tribal and Rural Communities	SC	2	1	0	3
4.	19033	Organisational Behavior and Organisational Development	SC	2	1	0	3
5.	19034	Preventive and Social Medicine and Medical Social Work	SC	2	1	0	3
6.	19035	Rehabilitation and Aftercare Services	SC	2	1	0	3
7.	19036	Social Policy, Planning and Development	SC	2	0	0	2
8.	19037	Legal System in India	SC	2	0	0	2
		Total					22
9.	19038	Gerontological Social Work					
10.	19039	Management of Non- Governmental Organizations	OE	3	1	0	4

## **Fourth Semester**

SI No.	Code No.	Paper title	HC/ SC/OE	L	Т	P	Credits
1.	19051	Employee Relations and Legislation	HC	2	1	0	3
2.	19052	Mental Health and Psychiatric Social Work	НС	2	1	0	3
3.		Major Project	HC	0	0	4	4
4.		Social Work Practicum – V	HC	0	0	3	3
5.		Social Work Practicum – VI (Block Placement)		0	0	3	3
6.	19053	Human Resource Development and Employee Wellness	SC	2	0	0	2
7.	19054	Case studies				01200	1,093
	80 11	Total Credits					18

8.	19055	Disaster Management / or Correctional Administration and Services	OE	3	1	0	4
9.	19056	Correctional Administration and Services					

welfare, social development, social reform, social security - Interrelation between Social Work and other disciplines; - Beginning of Social Work education in Western countries and India.

Professionalization of Social Work values, education, knowledge and professional associations - Goals, values, functions/roles and process of Social Work - Interface between professional and voluntary Social Work, Social Work ethics.

#### **UNIT II**

Indian History of Ideologies for Social Change -Ancient period: Vedic, Vedantic and non-Vedic Ideologies, Jainism and Buddhism, Spirituality - Medieval period: Zoroastrianism and Islam in India - Mysticism of Bhakti and Sufi movements and Sikhism.

Modern period: Christianity in India - Hindu reform movements - Contribution of Jyothiba Phule, Savithriba Phule - Gandhian ideology and Sarvodaya movement - Dalit Movements - Ambedkar's Ideology of Annihilation of Caste Movement - Nationalism - Ideology of the Indian Constitution - Ideology of voluntary organisations and voluntary action.

#### **UNIT III**

Contemporary Ideologies for Social Change: Neoliberalism and Globalisation - Post modernism - Multiculturalism - Ideology of action groups and social movements - Ideology of non-governmental organisations. Role of state in providing social welfare services.

#### UNIT IV

Organized and scientific charity - Clinical Social Work - Ecological Social Work - Attributes of a profession.

Western History of Ideologies for Social Change: Western History of Social Work Profession

- Medieval period: Judeo-Christian ideologies- Secular humanism and Protestantism
- Modern period: Rationalism and Welfarism Liberalism and democracy Utilitarianism and Social Darwinism - Socialism and human rights.

Emerging ideologies of professional Social Work. Challenges for Social Workers in contemporary world.

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#### Journals/ Magazines

Economic and Political Weekly, the Indian Journal of Social Work, Lokayan Bulletin and Vikalp.

## COURSE-II: SOCIETY AND DYNAMICS OF HUMAN BEHAVIOUR

#### INTRODUCTION

This course provides the learners basic understanding of relevant concepts from social sciences, the social phenomena and development process. Besides, helping/enabling the learner develop skills for social

analysis, it aims to introduce the learners to the development of individual across the life span, with a system and an ecological perspective. It also provides an understanding of human development and behavior in contextual influences, including individuals in disadvantaged or special contexts. The theoretical inputs are to enhance the understanding of people's growth, health and development at various stages as bio-psycho-socio-spiritual being over the life span.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- a. Understand the concepts to examine social phenomena.
- Develop skills to analyze Indian society and change.
- c. Understand the concepts of change and conflict.
- d. Understand interactional nature of growth and behavior at various stages in the life span and impact of cultural aspects on the individual.
- e. Apply the information of growth, development and health in Social Work practice in general and to individuals, groups and communities in particular.

#### Pedagogy

- Class room teaching
- Social Work trainees are encouraged to develop the skill of social analysis while doing their concurrent field work activities.
- 3. The Department of Social Work organizes 10 days Social Work camp either in rural or in tribal communities, wherein the teachers encourage students to socialize with the local people, observe, analyze the social rituals and institutions like marriages, family, etc. and understand the socio-economic and cultural dynamics in an appropriate manner.
- 4. Trainees are also encouraged to understand the ideals of Indian Constitution and practice both fundamental rights as well as duties in their day-to-day life.
- Trainees are also encouraged to study and understand the issues of developmental Psychology starting from infancy to the period of Geriatrics (old age).
- Trainees are also exposed to the various basic human needs, stress and stress coping strategies, Motivation strategies and practice them.

#### Course Content

#### UNIT I

Social Work and other social sciences; Society and Culture: Social Structure – meaning, status and roles; Culture: meaning and contents - traditions, customs, values, norms, folklore and mores.

Socialization: Meaning, process of socialization - The development of self - Agencies of socialization.

Indian Society: Composition of Indian Society: The concept of unity amidst diversity-Social stratification in India: Meaning, caste, untouchability, class divisions, Gender;

Types of social institutions: Marriage, Family, Religion, State and Law-Meaning and Functions; Social Control exercised through the social institutions;

Social Change: Meaning, characteristics and factors inducing change with reference to India.

#### **UNIT II**

Social Groups, and Social Control – Primary and Secondary Groups, in-groups and out-groups. Social control through social groups and social institutions. Social Process.

Development - social ideals of Indian Constitution. Fundamental Rights.

Social Analysis: Significance of social analysis: A brief analysis of socioeconomic, political and cultural systems – Inter-linkages in the Indian context.

Theories of Economic Development, Globalization and its impact on Developing Countries: Stages of growth theory – Structural internationalist theory.

Privatization, liberalization and structural adjustment programmes - Role of international financial institutions.

#### **UNIT III**

Life Span: Beginning of life – Human reproductive system, Fertilization and Fetal development – Delivery, Pre-natal and post-natal care and their importance in development.

Development stages: Infancy, babyhood, childhood, puberty, adolescence, adulthood and aging:

Growth, characteristics, developmental goals, psycho-social adjustment and other adjustments, hazards, lifestyle effects – as relevant to each of these stages;

Principles of growth and development: methods of studying human behaviour, role of heredity and environment, social customs, traditions, values in parenting and child rearing practices; deprivation and development during stages of life span; Indian concept of life span stages.

#### **UNIT IV**

Basic human needs: Maslow's hierarchy of needs, physical, psychological and intellectual needs; Stress – Coping and Social support.

Motivation, frustration and conflicts – Emotions and emotional behavior. Personality: Definition, nature, types and assessment of personality.

Intelligence: Concept, levels of intelligence, influence of heredity and environment, assessment of intelligence.

Relevance of psychology to Social Work practice across the stages of development period specific needs, tasks and challenges.

#### REFERENCES: UNIT I AND II

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Sociological Bulletin (Journal of the Indian Sociological Society). Contribution to Indian Sociology. Social Change, Issues and Perspectives (Journal of the Council for Social Development). Economic and Political Weekly, EPW Research Foundations, Mumbai.

#### COURSE-III: WORK WITH INDIVIDUALS AND FAMILIES

#### INTRODUCTION

This course aims to develop simple to complex skills of working with individuals and families in various situations like crisis, preventive, facilitative and developmental.

#### **COURSE OUTCOMES**

On successful completion of this course, each student will be able to:

- a. Understand casework as a method of Social Work, and appreciate its place in Social Work practice.
- b. Understand the values and principles of working with individuals and families.
- Develop the ability to critically analyse problems of individuals and families and factors affecting them.
- d. Enhance understanding of the basic concepts, tools and techniques in working with individuals and families, in problem-solving and in developmental work.

e. Develop appropriate skills and attitudes to work with individuals and families.

#### Pedagogy

- Class room teaching
- During their concurrent field work the Social Work trainees are encouraged to develop the skills of
  working with individuals and families using different models like crisis intervention, prevention,
  facilitative and developmental models.
- Trainees are encouraged to develop the abilities of critical analysis of problems at individual and family levels, understand the causes responsible for such problems.
- 4. Encourage them to practice and master the case work tools such as, interviewing, home visits, observation, listening, communication skills, rapport building and counseling with the client group during their field work programme.

#### Course Content

#### **UNIT I**

Social case work: Definitions, scope, historical development - Influence of psychoanalysis on casework - Introduction of casework as a method of Social Work - Concepts of adjustment and maladjustment - Philosophical assumptions and casework values.

Principles of casework: Individualization, acceptance, non-judgmental attitude, participation, relationship, effective communication of feeling, client self-determination, and confidentiality.

Components of social casework: The person, the problem, the place and the process.

Process in casework: Study, assessment, intervention, evaluation, follow-up, and termination.

#### **UNIT II**

Types of problems faced by Individuals and families; individual differences and needs - Family assessment in casework practice.

Theories and approaches: Psycho- social approach, Functional approach, Problem-solving approach, Crisis Theory, Family intervention, Behavioural modification, Transactional analysis and Holistic approach

#### **UNIT III**

Tools for Help: Case work tools: Interview, home visit, observation, listening, communication skills, rapport building.

Records: Nature, purpose and principles of recording.

Techniques of casework: Supportive, resource enhancement and counseling.

Self as a professional: Professional self - Conflicts and dilemmas in working with individuals and families.

#### **UNIT IV**

Application of Method: Primary and secondary settings - Application of methods in family, women, and child welfare settings, marriage counselling centers, school settings, medical and Psychiatric settings, correctional institutions, and industry.

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#### **COURSE-IV: WORK WITH GROUPS**

#### INTRODUCTION

This course aims at developing the understanding of Group Work as a method, developing skills for intervention, and gaining knowledge of the scope of this method in various settings.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Develop awareness about the specific characteristics of Group Work and its contributions as a method of Social Work intervention,
- b. Gain knowledge about group formation and the use of a variety of group approaches.
- Develop understanding of concepts, dynamics and small group theory in relation to all types of groups,
   e.g. family, staff, committee, long-term client groups.
- d. Identify the various situations and settings where the method could be used in the context of social realities of the country.

#### Pedagogy

- 1. Class room teaching
- During the concurrent field work programme the department encourage the trainees to understand the art
  and science of group formation and practice it at various settings like hospitals, schools, family welfare
  agencies, industries, women and child welfare settings etc.

- Encourage the trainees to develop the skill of understanding the group dynamics and use them
  appropriately for group's all-round development, bring positive and socially acceptable changes among
  group members.
- Trainees are encouraged to learn and practice both recording and evaluation of the whole group process
  and also the level of progress achieved by the group members.

#### **Course Content**

#### **UNITI**

Introduction and history of Group Work: Understanding of groups - Characteristics and significance of group - Definition of Social Group Work - Characteristics of Social Group Work - Purpose of Social Group Work; Historical evolution of group work with special emphasis on the Indian Context.

Type of Groups: Types and approaches based on objectives and purpose – Type of Membership – Time -Duration

Values and Principles in group work and Characteristics of Group formation: Values in social group work- Principles in group work - Assumptions underlying social group work - Factors of group formation - Formulation of goals - Identification of problems for work.

#### UNIT II

Group Processes and Group Dynamics: Importance of group processes - Typical patterns - Processes in different type of groups - Worker's skills in identifying and understanding processes.

Pre-group and Initial Phase: Planning model - Characteristics of pre group phase - Group structures Facilitation skills and role of worker in pre-group and initial phase. Bond, sub-groups, role. Leadership - Isolation - Decision making - Conflict – Communication - Relationships.

#### **UNIT III**

Middle Phase and Use of Program: Characteristics of middle phase - Group structures - Group dynamics - Facilitation skills - Role of group workers - - Comparison across phases - Concept and principles - Program planning - Skills in program planning

Facilitation: Knowledge of skills and techniques for effective work with groups/problem solving.

#### **UNIT IV**

Recordings in Group work: Importance of recording in social group work - Principles of recording - Recording structure -Types of recording.

Evaluation in Groups and Termination Phase: Importance of evaluation - Types of evaluation - Methods of evaluation - Need for termination - Types of termination - Characteristics of termination phase - Worker's skills.

Application of Group Work: Application in health settings, school settings, family welfare settings, industrial settings, women and child welfare settings.

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#### **COURSE-V: WORK WITH COMMUNITIES**

#### INTRODUCTION

Community organization / development, as a method of Social Work practice, is seen as a means to facilitate communities towards self-directed change. It takes as its basis the inequalities in society manifested through processes of marginalization, discrimination or disempowerment of groups, which have resulted in the loss of control over resources, be they tangible or intangible. The strategies of Community Organisation practice being addressed as part of the course cover a range spanning different ideologies, from those being people-initiated, and those that are initiated by the elite. Community organization is seen as a means as well as an end, where collective processes are to sustain the community's capacity to bring about change.

#### **COURSE OUTCOMES**

On successful completion of this course, each student will be able to:

- a. Understand the critical elements of community organisation practice.
- b. Enhance critical understanding of the models and strategies for community organisation practice.
- c. Make the micro-macro connections between the ranges of complex issues in practice.
- d. Develop attitudes conducive to participatory activities for civil society.

#### Pedagogy

- 1. Class room teaching.
- During the concurrent field practicum the trainees are required to understand the dynamics of a community, analyse them critically and draw suitable conclusion to bring desirable changes in a community.
- 3. Conduct of Social Work Camp: A 10 day Social Work camp is organized by the Department of Social Work. The trainees are encouraged to learn the nuances of socializing with the local people, analyzing their needs and challenges, mobilizing people's participation in development activities, encouraging the local people to participate in the "Participatory Rural Appraisal" and enlightening them about sustainable social development.
- Trainees also conduct a socio-economic survey, collect relevant data, analyse them, prepare a
  document and submit a copy of the document to the appropriate Government authorities for suitable
  action.
- Encourage among the trainees the skills of problem analysis, resource mobilization, conflict resolution, organizing meetings, writings and documentation, networking training etc., through their active participation in both concurrent field practicum and Social Work camp.

 Allow the Social Work trainees to understand the issues of human rights, protect them and create awareness among the local people about the same.

#### **Course Content**

#### **UNITI**

Community: Concept, characteristics, types.

Understanding of community organisation practice: Definition of community organisation, values and principles of Community Organisations, ethics of community organisation practice. Historical development of community organisation practice.

Process of Community Organization.

Community organization and sustainable community development: People's participation; concept, need.

Power: Concept of power - The range of perspectives - Dimensions of power relevant to community organization.

Empowerment: Concept of Empowerment - Barriers to, process and cycle of empowerment.

Gender and Empowerment: Gender sensitive community organization. Gender: Meaning, measurement of gender, Problems of women, women empowerment,

#### **UNIT II**

Models and Strategies of Community Organization - Locality Development Model - Social Planning Model - Social Action Model - Select methods of public interest mobilization, litigation, protests and demonstrations, Dealing with authorities, Public Relations, Planning, Monitoring and Evaluation - Roles in different models attributes and attitude.

#### UNIT III

Community Organization as a Method: Relevance of community organisation as a method across different spheres of Social Work intervention and relook at own attitudes.

Skills of Community Organization Practitioner: Problem analysis, resource mobilization, conflict resolution, organizing meetings, writing and documentation, networking, training.

#### **UNIT IV**

Human rights: understanding human rights, need for the protection of human rights.

Strategy and Roles: Unionization as a strategy - Advocacy in community organization.

Current debates in Community Organisation Practice: Emerging issues - Impact of macro policies, Social Entrepreneurship Development, Social auditing.

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## Course-VII: SOCIAL WORK PRACTICUM - I

## Orientation provides information regarding.

- the importance and place of the practicum in the educational programme.
- ii. the purpose, functions and ethics in professional practice.

In the first four weeks, the learners may make a local directory to include emergency numbers of Hospitals/ PHCs/ Police/ Panchayath Office and Network Agencies along with references to other developmental and welfare services in the location.

Visits - provide an exposure to and understanding of the services provided in responses to people's needs. (Agencies in health setting, education, community, institutional services, criminal justice system, civic administration, rehabilitation etc.)

Structured experience laboratory - is a classroom activity, which provides opportunities through the games/activities, to form the involvement of self in various practice skills. These laboratory experiences are designed in small groups to encourage participation, sharing of the experience and aid in examining learning and applications of skills. These sessions have a specific objective of experiencing self and applying /using self in practice. (Relationship skills, Communication skills etc., will be focused)

#### Concurrent practice learning of two-days a week

An opportunity to develop intervention skills in learning Social Work practice for two days in a week of the entire semester. (a minimum of 25 field work visits are to be performed by each student in a semester)

The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on mastering strategies, skills and techniques to practice Social Work.

## SECOND SEMESTER HARD CORE

#### COURSE-I: MANAGEMENT OF DEVELOPMENTAL AND WELFARE SERVICES

#### INTRODUCTION

The course aims to develop management competencies to function in organizations, participate as a team member and understand the role of a Social Work programmes manager.

#### **COURSE OUTCOMES**

On successful completion of this course, each student will be able to:

- a. Understand the overall environment and its impact on the nature, structure and development of organizations in corporate, public and voluntary sectors in the context of Social Work profession.
- Understand policies and procedures involved in establishing and maintaining human service organizations.
- Acquire skills to network and participate in the management of resources -human, material and environmental.
- d. Develop skills to participate in management of programmes, as a part of the inter-disciplinary team and initiate as well as develop new programmes.
- e. Develop ability to analyse the practices applied in specific settings.

#### Pedagogy

- Class room teaching
- 2. Participation in Workshops/Seminars/Conference organized by NGOs and Universities.
- 3. Group conference once in a week (conducted in the Department).
- 4. Special lectures by the NGO functionaries conducted by the Social Work trainees through their forums (once in a week)
- Individual Conference: Conducted as a part of supervision of Social Work Practicum of trainees, 30
  minutes for each trainee once in a week.
- 6. Preparation of an assignment on select topic and presentation of the same in the Department Seminars.

#### **Course Content**

#### **UNIT I**

Social Services: Need for welfare and developmental organisations, Factors determining social welfare programmes, Development and Welfare organizations "response to societal needs; role of state, voluntary and corporate sector. Management services: Types of settings, organizational characteristics like origin, nature, size, structure, and design, organizational climate and impact of socio-political environment - Management process: Vision, Planning, Organizing, Directing, Staffing, Coordination, Reporting, Budgeting.

Establishment: Registration, different types of legislations, legal status, constitution, rules and procedure, goals - Financial resources: Organizational Budget, Sources of finance, Fund Raising, Records, Audit.

#### **UNIT II**

Physical: All activities related to acquiring, hiring and maintaining importable structure and infrastructure, maintenance of premises and daily upkeep.

Enhancing the involvement and the potential of people in organization's executive boards, committees; professionals and other staff-relationship, communication, team work, and facilitating team building, supervision, and participation in training.

#### **UNIT III**

Programme Development: Programme management: long term, short term, and Documentation.

Project proposals based on felt-needs, nature of resources, eligibility criteria, records, evaluation and research.

Impact analysis - Qualitative and quantitative.

#### UNIT IV

Public Relations: Public relations need and its promotion by all in the organisation. Representing the organization, networking, public, corporate and voluntary sector, resource building, accountability, transparency, use of media for publicity.

Change and its Management: Understand and manage change, innovation in a rapidly changing social environment: for policy programmes and structure.

Organizational understanding: Conflict, conflict resolution, creating positive climate.

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### COURSE-II: SOCIAL WORK RESEARCH AND STATISTICS

#### INTRODUCTION

This course aims to equip learners to utilize, and conduct research as service managers to improve services, evaluate and develop new services and intervention methods: strategies and techniques and also be an effective consumer of other researches.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- a. Develop an understanding of scientific approach to human inquiry in comparison to the native or common sense approach in various aspects and its process.
- b. Understand major research strategies, meaning, scope and importance of Social Work research.
- c. Develop an ability to see the linkages between practice, research, theory and their role in enriching one another.
- d. Develop the ability to conceptualize, formulate and conduct simple research projects/exercises (This would include a broad range of basic research skills such as conceptualization of a research strategy and problem; writing a research proposal; developing tools for collecting data; use of sampling, strategies; data collection, processing, presentation, analysis and interpretation; and writing research report etc).
- e. Make informed assessment and judicious use of research studies and findings.
- Develop skills for use of library and documentation services for research.

#### Pedagogy

- 1. Class room teaching.
- 2. Participation of trainees in the colloquium presentation programmes of senior Ph.D. scholars.
- Conduct of a Socio-economic Survey as part of Social Work Camp. Collected data will be analysed, interpreted and a document is prepared with the help of a research expert.
- 4. Conduct of a mini research project work by each II Sem MSW trainee as a part of 21 days summer placement training programme in an NGO/Welfare organization.
- 5. Preparation of assignment and presentation of the same in the Department Seminar.
- 6. Participation in the conference and Seminars conducted in the sister Departments.
- 7. The fourth semester students carry out a major research project as per the requirements of MSW curriculum by following all the scientific research methodologies and processes. Each student is encouraged as well as guided by their research supervisors/senior faculty members.

#### **Course Content**

#### UNIT I

Science - Meaning and assumptions, scientific approach in comparison to the native or common sense approach.

Scientific attitude; Scientific method; application of scientific method for the study of social phenomena.

Research: Definition and objectives, Social Work Research: Meaning, objectives, functions and limitations; Scope of Social Work research in India; Agencies sponsoring and conducting Social Work research, ethics in research.

Problem identification: Criteria for the selection of research problem; Problem formulation.

Concepts, constructs, variables, conceptual and operational definitions. Hypothesis:

Meaning, importance, uses and requirements.

#### **UNIT II**

Design of research: Definition and importance; types of research design; exploratory, descriptive, experimental, evaluative design, participatory research and action research.

Source and Types of Data: Primary and secondary, objective and subjective, qualitative and quantitative.

Sampling: Sample and population: Rationale and Characteristics of sampling; methods of sampling, general considerations in the determination of sample size.

Methods of collection of primary data:

Observation: Structured and unstructured; participant and non-participant.

Questionnaire, interview schedule and interview guide. Pilot study and Pre-testing.

Scales: Need for scales, some prominent scaling procedures. Case study: Meaning, uses, steps.

Secondary data: Official data, personal documents, problem in the use of secondary data

#### **UNIT III**

Processing of data: Content, editing, coding data classification, manual and mechanical tabulation of data; frequency distribution, diagrammatic and graphic presentation - use of computers.

Issues related to Social Work Research: Interpretation of data, research reporting: contents of research report: foot-note, references, bibliography, preparation of abstract; the art of making book review.

#### **UNIT IV**

Statistics: Definition, functions and importance

Measures of Central Tendency; Measures of Dispersion.

Chi-square, Correlation Coefficient, "t" distribution; Analysis of Variance and F" distribution.

SPSS package.

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## COURSE-III: SOCIAL WORK PRACTICUM - II

#### SOCIAL WORK CAMP:

Rural/ Tribal camp with duration of 7 - 10 days - provide opportunities to experience rural life, analyze rural dynamics and observe the functioning of local self government and voluntary organisations. This experience aids peer participation in planning for activities for own group and those for local people. It also helps to develop skills to carry out, evaluate and report the experience.

#### SUMMER PLACEMENT

Summer Placement (21 days) - provides an opportunity to experience day-to-day work in a setting. The learner gets involved with direct practice with the client system and with the ongoing management operations of the setting. The time frame recommended for this experience is about three weeks, after the completion of first year of the post-graduate programme. The learner may use the same setting for data collection for Term project. The student has to execute a term project during the summer placement and is expected to select a theme relevant to current social issues in consultation with the supervisor and make an exhaustive survey of literature on the chosen theme including empirical studies made on the same.

Further, the student shall also collect the experiences or opinions of people on the issues and make a detailed presentation.

Flexibility is accorded in planning and executing the term project. Creative and analytical approaches are to be carried out.

#### COURSE-IV: SOCIAL WORK PRACTICUM - III

Concurrent practice learning of two- days a week - on going learning practice is an opportunity to develop intervention skills in reality situations. This entails learning Social Work practice for two days or its equivalent, each week of the semester. The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on the mastering strategies, skills and techniques to practice Social Work.

# COURSE-III: COMMUNICATION AND COUNSELING

#### INTRODUCTION

This paper lays down the relevance of components of communication and counseling in Social Work practice.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Understand the meaning and importance of communication in day-to-day life.
- b. Focus on interpersonal communication of interviewing and allied aspects.
- c. Develop holistic understanding of counseling as a tool for help.

- Acquire knowledge of various approaches: their theoretical underpinnings for goals, values, processes and techniques.
- e. Develop skills of application to real life situations.

# Pedagogy

- Class room teaching.
- Special invited lectures by the experts in the field.
- Preparation of assignments and presentation of papers in the Departmental Seminars.
- 4. Exposure of trainees to different means and methods of communication.
- Encouraging the trainees to hone their skills about communication, enable them to critically analyse the impact of mass media on society in general and youth in particular.
- Visit counseling centres.

#### **Course Content**

#### **UNIT I**

Communication: Meaning and importance of communication for Social Workers.

Process of communication: Key elements in the communication process - Communication, message, audience; channel of communication. Barriers to effective communication. Types of Communication: Verbal and non-verbal communication.

Basics of Communication.

Interpersonal communication: Interviewing - Objectives, principles of interviewing; listening, qualities of effective communicator.

Seminars, conferences, lectures, group discussion, panel discussion, symposium, workshop, role playing, simulation exercises, Written communication: report writing, letter writing, article/essay writing, newsletter, editorials. Audio-Visual – posters, games, brain storming, street play, field work exposure.

# **UNIT II**

Visual aids in communication: Poster making, use of notice boards, flip charts, charts, flash cards, photographs, pamphlets, slide shows, paper clippings, exhibitions, chalk boards, puppets, projectors, videos, *audio cassettes*, *folk songs*.

Mass Communication: Television, exhibition, newspapers and magazines, advertisements, radio, film, social media, e-mail, internet.

Impact of mass communication on society, family, marriage and child development. Communication Analysis and Planning: Planning and executing a communication campaign on an issue using various methods of communication.

#### UNIT III

Counseling: meaning and definition, nature and goals, principles, importance and scope, areas of counseling; Historical background and origins of counseling, ethics of counselling, qualities of an effective counselor, skills of counselling.

Counseling Situations: Developmental, preventive, facilitative, and crisis.

Fields of counselling: Individual (educational, vocational, deaddiction, HIV-Aids, suicide, stress management, depression), Family (couple, family, marriage, parenting), Special Populations (abuse, persons with disability, LGBT, women)

Counseling and Psychotherapy - Skills in counseling - Establishing the relationship.

Process of Counseling: attending, responding, personalizing, initiating, and evaluating; relationship building phase, exploration and understanding phase, problem-solving phase, termination and evaluation phase.

Psychotherapeutic Interventions: key concepts, principles, process, techniques and application (Psychoanalysis, Client Centred Therapy, person-centered, rational-emotive, behavioural approaches, gestalt, existential approaches, Egans three stage model, eclectic model, Solution Focused Brief Therapy, Art Therapy, Play Therapy, Family Therapy, Mindfulness.

Indigenous Approach: Indigenous approaches of help and self-help like yoga, reflection. Act of Prayashchit.

#### UNIT IV

Couple and Family Counseling: Issues in such counseling, its process and stages.

Crisis Counseling - meaning of crisis, types of crisis, crisis intervention, goals of counselling. Stress - meaning, types of stress, effects of stress, strategies to cope with stress.

Group Counseling: Counseling for groups - Process, advantages and disadvantages of group counseling.

Practice of counseling in family counseling centres, family courts, counseling bureau

Grief and Trauma Counselling – goals, process and techniques, grief and bereavement, anticipatory grief, abnormal grief reactions, models of grief counselling. Role of Counsellor and issues faced by counsellor. Use of Teamwork Approach in Terminal Illness.

 Premarital and marital counseling, vocational counseling centres, mental health centers, child guidance clinics, correctional institutions, deaddiction and rehabilitation centers, educational institutions.

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# COURSE-IV: GANDHIAN APPROACH TO WELFARE AND DEVELOPMENT

#### INTRODUCTION

The course aims at sensitizing the learner to the Gandhian approach and to utilize some of the skills in practice.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- a. Develop an understanding of Gandhi's concept of society and his approach to social transformation.
- b. Develop knowledge of the specific programmes formulated by Gandhi for rural reconstruction and the development of the weaker sections of society, with the focus on strategies and skills.
- Develop the ability to identify similarities and differences between the Gandhian and professional Social Work approaches to social change, welfare and development.

#### Pedagogy

- 1. Class room teaching.
- Special lectures by Gandhian ideologists/NGO personnel
- 3. Participation in Seminars, Conferences and Workshops organized by Universities/NGOs.
- Participation of trainees in the Inter-University Cultural Competitions, debates etc. on the theme of Gandhian ideologies and its relevance in the present days.

#### **Course Content**

#### Unit I

Gandhian thought: Salient features of Gandhian thought; Gandhian values; Concepts and methods; Concept of a healthy society; Sarvodaya.

#### Unit II

Gandhian Approach: Economic and its organization: Ownership of property; Concept of trusteeship, distribution and economic equality; System of production, problems of mechanization, decentralization of production, rural- urban relationship

#### Unit III

Social Organisation: Marriage and family, position of women, social stratification, caste and untouchability, education and its role; Basic education.

#### Unit IV

Constructive programmes: Contents training of constructive workers, skills involved, nature of programmes; Boodan, Gramdan.

Gandhian and Vinbobha's movements with special reference to Bhoodan and Gramdan

Gandhian and Professional Social Work Approach: Similarities and differences between Gandhian and professional approach to social development and welfare

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# COURSE-V: PERSONAL AND PROFESSIONAL DEVELOPMENT

# INTRODUCTION

The course aims at enhancing personal and professional effectiveness by developing a continuous awareness and deeper insight into one's being. It encourages value clarification, upholding the professional

ethics and ability to make effective choices for integration. It provides opportunities to understand stress, stressors and methods to handle stress experienced by individuals.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Understand self as a being as one in the process of becoming and experience self-awareness.
- b. Examine own values and attitudes and explore choices made to express self in one's own environment.
- c. Develop positive life skills and practice self-help methods for integration and for stress reduction.
- Understand and uphold professional values and ethics.

#### Pedagogy

- 1. Class room teaching
- Special talks by spiritual practitioners and speakers.
- Participation of trainees in the workshops conducted by leading spiritual institutions.
- Paper presentations by trainees in the form of Class-room Seminars.
- 5. Group Conference organized once in a week in the Department.

#### **Course Content:**

#### UNIT I

Concepts of 'Growth' and 'Development'. Interface between personal and professional Development. Self and Self Awareness: Understand self through a cognitive construct/paradigm (two/three models from among those available may be offered as workshops). Relevance of Johari Window for the understanding of Self. Yoga for Therapy, Meditation Techniques. Explore self as being, and understand the process of becoming. (through observation)

Practice consciously measures to sustain and experience continuous awareness. Observation and Reflection: Theory and techniques. Concept of Self-esteem and its importance of positive self-esteem for personal and professional development. Moving from the Dreaded Drama Triangle towards the Empowerment Dynamic Triangle.

# UNIT II

Emotions and their Expression: Emotions, nature of expression.

Understand own pattern of communication, choices made to express emotions, modes used, examine need for change.

Communication Choices: Communication mode and patterns and effectiveness, Interpersonal communication, nature of choices made.

Communication: Informal and knowledge and skills of rapid reading, writing, creative writing, report writing and public speaking.

# UNIT III

Creativity and Self: Understand brain functions: Creativity, need and development Life Style: Conscious life style - enhanced life skills: Communication, decision making, empathy, critical thinking, use of time and money, building and sustaining bonds-relational, colleagial and personal.

Self defeating behaviour - nature and impact. Choices for change.

#### **UNIT IV**

Values, Attitude and Professional Ethics: Values and attitudes - their role in life, Value conflict - its impact, value clarification.

Integration: Through Eastern and Western approaches experience the processes of integration. Approaches recommended are: Yoga as a science, meditation (tool for meditation - own choice).

Stress / Burn out - Self help Methods: Stress, Stressors, nature and impact of stress, its expression, and burnout.

Spirituality and Growth.

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# COURSE-VI: POPULATION AND ENVIRONMENT

# INTRODUCTION

The content has two aspects to it. Population dynamics and its relatedness to the environment, natural resources, utilization and their preservation.

#### COURSE OUTCOMES:

On successful completion of this course, each student will be able to:

- a. Understand characteristics, determinants of population growth.
- b. Examine population policy, plan and initiatives.
- c. Understand inter-relatedness of human life, living organisms and environment.
- d. Examine the utilization and management of resources.
- Develop skills to participate in activities related to the two areas.

# Pedagogy

- 1. Class room teaching.
- 2. Visit by trainees to the NGOs/Welfare agencies working in the field of population and environment.

- 3. Special Lectures by practitioners/NGO personnel, officers from Government Departments.
- 4. Group Conference organized at the department once in a week.

#### **Course Content**

#### UNIT I

Characteristics of population: Population, determinants of growth. Global concerns

 Characteristics of Indian Population – Distribution by age, sex, literacy and occupation – Fertility trends - Birth and death ratio.

Population Policy, World Action Plan, Population Policy of India-Implementation; Initiatives – Government and NGO.

#### **UNIT II**

Family Planning: Objectives, scope, methods, implementation, mechanisms and progress.

Concept and Scope of Population education, family life education, sex education, and family planning education.

Population and Environment: Interrelatedness of human life, living organisms; Environment and natural resource – Environment, lifestyle, degradation. Environment management, maintaining, improving, enhancing – Current issues of Environment.

#### **UNIT III**

Natural Resources and Diversity: Utilisation and management – Forest, land, water, air, energy sources - Pollution - Sources, treatment, prevention - Soil, water, air, noise - Waste matter - disposal, recycling, renewal, problems, issues - Programmes for forest, land and water management.

#### **UNIT IV**

Environment Protection Laws and Role of Social Worker: Acts related to environmental protection – Forest conservation- Water pollution – Standards and tolerance levels – Unplanned urbanization-Environmental movements in India - Role of NGOs in Environmental issues – Government agencies in environmental protection – Social Work initiatives at different levels.

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#### **OPEN ELECTIVE**

# COURSE-VII: SOCIAL WORK PRACTICE WITH CHILDREN

# INTRODUCTION

Children are the future of human society. Professional Social Workers have to work with children in difficult circumstances while rendering services in varied settings. There is a need for Social Workers specially trained in working with the children and adolescents. Such trained Social Workers can render valuable services to children in need of professional help.

The current paper focuses on children as a special group for focused Social Work intervention through facilitating acquisition of knowledge about children from different perspectives, types of settings where the children can be helped and application of Social Work methods to render Social Work intervention to children.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Understand children facing difficult circumstances and the impact of difficult circumstances on children's development.
- Gain an overview of agencies where children form the major client group and appropriate evaluation of children's problems.
- c. Impart to the trainee, specific Social Work intervention methods in dealing with children as a client group; to understand the Rights of children in the legal, national and international context.

#### Pedagogy

- 1. Class room teaching
- Orientation visits organized to NGOs and Government Child Welfare Agencies, enabling trainees to observe, analyse and interact with agency personnel and develop knowledge and skills.
- 3. Participation of trainees in Conferences/Seminars/Workshops organized by Universities and NGOs.

#### Course Content

#### **UNIT I**

Human reproductive system - beginning of life till beginning of adulthood. Understanding the children and adolescents from different perspectives - developmental, demographic, economic, psychological, sociological, environmental, familial, educational dimensions of child development. Issues in adolescence - self image, peer group, career choice, sexuality, education, vocation and other issues Healthy child development, importance of supportive environment in upbringing of the children.

#### UNIT II

Children in difficult circumstances - developmental delay, physical and intellectual handicaps; chronic illnesses, nutritional deficiencies, accidents, poverty, child labour, abandoned and orphaned children, adoption issues, children in institutions, psychological problems in children, self harm and suicides in children, addiction related problems in children, children brought up by single parent due to death, divorce and other related issues, problems in formal schooling, children living in difficult situations - children in streets, slums, war zones, migration, children in conflict with law, truancy, drug abuse, running away from homes, neglected children, child abuse, child trafficking, child marriage and any other. Special focus on adolescent issues as applicable.

# UNIT III

Children in difficulties – Helping agencies, Settings and issues - paediatric hospitals, nursing homes, child care centres, child guidance clinics, residential care services for children - residential schools, orphanages, homes for children in conflict with law, agencies dealing with differently abled children, any other.

Assessment, intervention, follow up and evaluation of children and adolescents facing difficulties.

# **UNIT IV**

Social Work Intervention Programmes - Case work, group work, community organisation methods in helping children, school mental health programmes, home visits, school visits, life skills training, family life education for adolescents, creative use of play therapy, art, dance, drama and other mediums for helping children, child help lines, child care centres, adoption services, special rehabilitation services for rescued children and any other.

Legislations pertaining to children, legal protection, International, National and non-governmental organisations working with children, Rights of the children.

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#### OPEN ELECTIVE

# COURSE-VIII: SCIENCE OF CRIME, PENOLOGY AND SOCIAL WORK PRACTICE

#### INTRODUCTION

The course aims at introducing students about the concepts of crime, punishment and the impact of crime on victims. The focus is on facilitating understanding of the learner to deliberate Social Work interventions with the prevention of crime, handling the issues related to those clients who are in conflict with law as well as helping the victims to recover from the impact of crime.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Understand the concept of criminology and crime, as applicable to the Indian context with the impact of individual in conflict with law.
- b. Learn the dimensions of penology, Indian prison system, the impact of imprisonment on the individuals and their family members and prison administration.
- Understand the impact of crime on victims, compensation and hurdles in getting justice in the Indian judicial context.
- d. Assimilate the practice of Social Work interventions in crime prevention, promotion of social health, dealing with persons in conflict with law, Human Rights issues in the context of under-trials, imprisonment, rehabilitation of released prisoners and victims.

#### Pedagogy

- Class room teaching.
- Organizing orientation visits to correctional institutions like prisons, observation Home, Government
  Home for Boys and Girls etc. Trainees are provided an opportunity to interact with the agency personnel
  and enhance their knowledge and skills.
- Encouraging trainees to participate in the Conferences/Seminars/Workshops and present papers and enhance their level of understanding about the causes and effects of crime.
- Creating awareness and enabling them to become sensible and responsible youth and citizens through
  one on one interaction in the Department.
- Presentation of student papers in the Departmental seminars (once a week) on select areas of the subject.

#### Course Content

#### UNIT I

**Crime:** Meaning and definition, historical perspective; Nature and Scope of Criminology, Causation of Crime, Characteristics and Classification of Crimes, Crime patterns - Habitual, Professional, Organised, White collar, Public order crimes; Gender related issues in crimes; Classification of offenders under Indian Penal Code. Trial duration and pending cases, its impact.

#### **UNIT II**

Penology: Meaning, definition, historical perspective, scope.

Theories of Punishment: Deterrent theory, retributive theory, preventive theory and reformative theory.

Efficacy of punishment.

Essentials of an ideal penal system, penal policy in India.

Forms of Punishment: Corporal and capital punishment - pros and cons. Agencies involved in criminal justice system: Correctional institutions.

Impact of imprisonment, maintenance of prisons, staff dynamics.

#### **UNIT III**

Victimology: Meaning, definition, historical perspective, scope of the study. Problems of victims - physical, psychological, socio-cultural. Victim offender relationship.

Hurdles in crime reporting, investigation and justice delivery in the Indian context.

Compensation and restitution measures.

# **UNIT IV**

Social Work Practice in Correctional Setting: Scope for Social Work practice in institutional and non institutional settings.

Application of Social Work interventions with under - trials, prisoners, rehabilitation of prisoners, work with families of prisoners, work with victims of crime.

Human Rights in the context of crime and punishment - Agencies to protect Human Rights - National Human Rights Commission, State Human Rights Commissions, Right to information Act and in the context of Human Rights violation,

Social Work measures with the Police, the Judiciary and the prison staff - Job stress, burn out and other issues.

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2.	Ahuja, Ram 2006	Criminology: New Delhi, Rawat Publications
3.	Bhattacharya, S.K 1985	Social Defence: An Indian Perspective, Delhi, Manas Publications
4.	Chadha, K 1983	Indian Jail: A Contemporary Document, New Delhi, Vikas Publications.
5.	Chang, D.H 1976	Criminology – A Cross-cultural Perspective, Vol.I, New Delhi, Vikas Publications.
6.	Gandhi B.M, 2006	Indian Penal Code- Lucknow, Eastern Book Co
7.	Paranjape, N.V 1998	Criminology and Penology; Allahabad: Central Law Publications
8.	Sarkar, Chandan 1987	Juvenile Delinquency in India – An Etiological Analysis, Delhi, Daya Publishing House.
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# THIRD SEMESTER HARD CORE

# COURSE-I: Human Resource Management

#### INTRODUCTION

The main objective of this course is to prepare young post-graduates for management and administrative positions in various industrial, businesses, governmental/non-governmental organisations and service sector organisations.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- a. Develop managerial skills in different functional areas of management with practical focus on HRM.
- Develop the competence to evolve the problem-solving approaches by applying conceptual and behavioural skills.
- Develop interpersonal skills/competence and leadership qualities to work in a group with team building approach.
- d. Develop sound theoretical base in various concepts and theories to enable the student to develop a broad perspective of the management field.
- e. Distinguish the strategic approach to Human Resources from the traditional functional approach.
- f. Understand the relationship of HR strategy with overall corporate strategy.

# Pedagogy

- 1. Class room teaching.
- 2. Orientation visits to 10-12 industrial organizations.
- 3. Field Work (Social Work Practicum) Program at industries for 25 full days.
- 4. Individual Conference where the trainees and faculty supervisors, sit one-on-one and discuss about the trainee's observation and learning and helps the trainee to solve his/her doubts about the subject (held once in a week for 30 minutes per trainee).
- 5. HR experts are invited to the Department through the Social Work Student Forum and trainees are allowed to have purposeful interaction and develop knowledge and awareness on the subject.
- 6. Trainees are motivated to select areas for conduct of Major Research Project in the fourth Semester.

#### **Course Content**

#### UNIT I

Human Resource Management: Concept, scope, philosophy and objectives; Evolution; Approaches, Structure and Functions; Line and staff relations of HRM; HRM Model. Hierarchy, formal and informal structure, Organization chart/reporting structure.

Challenges faced by Social Workers in HRM today – The changing role of the HR Manager – The changing Environment in the Industrial set up. Relevance of a Social Worker as an Industrial Social Worker.

Human Resource Planning: Concept and objectives; Human resource inventory; Human resource planning process; job analysis; job description; job specification; job design; career planning and career paths; job rotation.

#### **UNIT II**

Talent Acquisition: Goals; polices, sources and methods. Selection: Concept, process. Talent Acquisition Tests, Theories and issues in psychological testing, Intelligence testing – theoretical background, Aptitude Testing, Personality Assessment, MBTI. Placement, Induction and socializing the new employee. Talent retention: Concept, importance and methods.

#### **UNIT III**

Compensation Management: Factors influencing compensation plans and policies; Job evaluation - Fixation of salary, components of salary. Pay for performance – Incentive Schemes, principles and types, Employee Stock Option Plan, compensation survey / review Counselling for Effective HR Development

# **UNIT IV**

HR Audit – Objectives of HR Audit – Need for HR Audit – Qualitative and Quantitative Indicators of HR Audit – HR Audit Process – Audit Report

Strategic Human Resource Management (SHRM): Business strategy and organizational capability, SHRM: aligning HR with Corporate strategy, Strategic HR planning and Development, Change Management and restructuring and SHRM, Corporate Social Responsibility (CSR), Corporate Ethics, Values and SHRM, Competencies of HR professional in a SHRM scenario.

# REFERENCES

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3.	Chalofsky, Neal E and Reinhart, Carlene. 1988	Effective Human Resource Management, London: Jossey Bass.
4.	Chatteljee, Bhaskar 1999	The Executive Guide to Human Resource Management, New Delhi, Excel Books.
5.	Desai, K. G. 1969	Human Problems in Indian Industries, Bombay, Sindhu,
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16.	ರಮೇಶ್ ಬೇವೂರು	ಮಾನವ ಸಂಪನ್ಮೂಲ ನಿರ್ವಹಣೆ, ಹಿಮಾಲಯ ಪಬ್ಲಿಷಿಂಗ್ ಹೌಸ್, ಬೆಂಗಳೂರು

# COURSE-II: SOCIAL WORK PRACTICUM - IV

Workshops: Skill Development Progrommes- help learners acquire specific skills for situations encountered during practice and acquire skills for intervention. These may be for problems/ concerns, issues or situations like work with alcoholics, HIV/AIDS affected persons, adolescents for life skills development, youth for leadership development and couples for improved marital relationship and enrichment work with elderly. These workshops are to enhance skills/ develop new skills for practice in specific situation, specific problems and issues.

Concurrent practice learning of two-days a week - on going learning of practice is an opportunity to develop intervention skills in reality situations. This entails learning Social Work practice for two days or its equivalent, each week of the semester.

The learners may be placed in agencies or in communities to initiate and participate in direct service delivery. Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on to mastering strategies, skills and techniques to practice Social Work.

# COURSE-III: SOCIAL WORK WITH TRIBAL AND RURAL COMMUNITIES

#### INTRODUCTION

This course aims at introducing the learner the programmes of tribal and rural development and the importance of Social Work practice with tribal and rural communities.

# COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Develop an understanding of tribal and rural communities.
- Understand the characteristics and problems of tribal and rural communities.
- Acquire knowledge about the contribution of Governmental and Non-governmental Organisations to tribal and rural development.
- Develop an understanding of the functions of Panchayath Raj Institutions with particular reference to Karnataka.
- e. Gain knowledge about the application of Social Work in tribal and rural development programmes.

#### Pedagogy

- 1. Class room teaching.
- Orientation visits to Government Departments and NGOs, where trainees are allowed to observe, listen interact and learn about the Socio-Economic and cultural issues and challenges of tribal people.
- Individual assignments and paper presentations in the class seminars.
- 4. Group Conference
- Exposure is given to all trainees about tribal community by organizing Social Work Camps at tribal (Haadis) settlements after obtaining due permission from the Government Department and the University.

#### Course Content

#### **UNITI**

Tribe in relation to caste and nation - Nature and Characteristics of Primitive Cultures- Tribes in India and their ecological distribution.

Emerging Trends in Tribal Social Institutions - Family and Kinship Systems, Jati Structure, Economic Structure, Political organisations.

Characteristics of Tribal Society - Economic, Social, Political and Cultural Problems of Tribal Life.

#### **UNIT II**

Government Programmes since Independence and their Impact on Tribal Societies - Programmes of Voluntary Agencies and their Impact on Tribal Societies.

Analysis and Assessment of Tribal Community Problems - Special Problems of the Tribals in a particular area.

Social Work Practice in Tribal Development: Community organisation as a method of intervention, Participatory Rural Appraisal (PRA), Logical Framework Approach/ Analysis (LFA), techniques of intervention and its scope in tribal community development.

#### **UNIT III**

Rural Society and Poverty - Historical perspective - Dynamics in the village society - Caste/class relationships - Control and Power, Conflict and Integration. Poverty in the rural context - Its nature and manifestations.

Analysis of Basic Problems - Issues faced by the rural poor such as indebtedness, Bonded labour, Low wages, Unemployment, Underemployment, and other forms of exploitations.

# **UNIT IV**

Current Rural Development Programmes in India: Council for the Advancement of People"s Action and Rural Technology (CAPART) and other Rural Development Statutory Bodies.

Panchayath Raj System in Karnataka and its role in rural and tribal development. Role of Social Worker in tribal and rural development programmes.

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17.	Ramaiah, P. 1988	Issues in Tribal Development, Allahabad, Chugh Publications.

18.	Singh, K. 1986	Rural Development: Principles, Policies and Management, New Delhi: Sage Publications.
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21.	Swaminathan, M. S. 1982	Science and Integrated Rural. Development, New Delhi: Concept Publishing company.

#### SOFT CORE

# COURSE-IV: ORGANIZATIONAL BEHAVIOUR AND ORGANIZATIONAL DEVELOPMENT

#### INTRODUCTION

The course aims to provide an understanding of human behavior at work so that the learner may acquire the skills required to analyze problems and develop a problem-solving approach.

#### COURSE OUTCOMES:

On successful completion of this course, each student will be able to:

- a. Acquaint himself/herself about individual, group and organizational dynamics and their consequences.
- Develop clarity about the concepts and approaches that help in developing models or systems that support human ingenuity.
- c. Acquaint with the knowledge of theories and practices that govern human behavior at work.
- d. Inculcate the value and worth of human resources in an organization.
- e. Develop their communication skills and sensitize them to their potential to become successful managers.
- f. Gain self-confidence and healthy self-respect while retaining respect for other's rights.
- g. Understand the application of Transactional Analysis in several areas of employee management.

#### Pedagogy

- 1. Class room teaching
- 2. Special workshops by industry experts.
- 3. Invited lectures by industry/HR experts through Social Work Student Forum.
- 4. Field Work (Social Work Practicum) Programme for 25 full days.

Participation of trainees in the Conference/Seminars organized by the Universities and other professional bodies like National Institute of Personnel Management.

#### Course content

#### **UNIT I**

Conceptual Framework: Organizational Behavior: Definition, concept, approaches and scope, historical background of Organizational Behavior.

Introduction to Enneagram, personality types according to Enneagram. Emotional Intelligence; Social Intelligence, Attitude, Values, Personality; Job satisfaction, Employee Morale: Meaning, influences and outcomes - Measuring job satisfaction.

Assertiveness Training: Benefits of assertiveness – components of assertive behavior, measuring assertiveness, handling fear, handling anger, handling depression, developing assertive behavior skills, assertiveness on the job, assertiveness in interpersonal relations.

#### **UNIT II**

Transactional Analysis (TA), TA and self awareness, Winners and Losers, Structural analysis, Life positions, transactions, games and strokes, Life scripts, TA applications in motivation, Leadership and Teamwork, TA in counseling.

Motivation: Concept and theories, techniques of motivation, role of reinforcement and punishment, motivation and organization reward system, awards, employee empowerment and engagement.

# UNIT III

Leadership: Meaning, roles, skills, and styles, leadership theories, types of leadership, powerful persuasion strategies.

Group dynamics: Concept, types of groups, dynamics of group formation, decision making in groups.

Organization Development: Concept, emerging approaches and techniques, Foundations of OD, Organizational Diagnosis, OD interventions – An overview, individual and interpersonal interventions, team/group interventions, comprehensive interventions, organizational transformation, success and failure of OD, Planned Organizational change, feedback and OD.

# **UNIT IV**

Organizational Culture: Concept, Culture functions, creating and sustaining culture, Creating an ethical Organizational Culture. Organizational Conflict: Concepts, causes and types, conflict-resolution strategies.

Organizational change: Concept, forces of change and resistance to change, Change Management and diversity, facilitating creative and divergent thinking, planned organizational change. Creating learning organization, knowledge management.

Work Stress and its management: Concepts, causes, consequences and coping strategies.

Managerial Ethics: Individual ethics, ethical dilemmas in management, Ethical practices of Indian Managers, Corporate ethics.

1.	Andrew, Dubrin J, 2006	Leadership – Research Findings, Practice, And Skills, New Delhi, Biztantra Publication.
2.	Aswathappa K, 2008	Organisational Behaviour- Text, Cases and Games, Mumbai, Himalaya Publication House.
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9.	Moorhead Gregory and Ricky W, 2005	Organizational Behaviour- Managing Griffin People and Organisations, New Delhi, Biztantra Publications.
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New Delhi, Kogan Page India Pvt., Ltd.

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# Course-V: PREVENTIVE AND SOCIAL MEDICINE AND MEDICAL SOCIAL WORK

# INTRODUCTION

This course introduces the basic health issues and the application of social work methods in health setting both in hospital and community.

#### **OBJECTIVES**

- Understand the concept and dimensions of health.
- Understand the issues related to the prevention, clinical features and treatment of major communicable and non-communicable diseases.
- c. Trace the historical development of medical social work in India and abroad.
- d. Understand the nature of medical social work services.
- Understand the tenets of National Health Policy of India and modernization of community-based health care services.
- f. Understand the health care services at different levels.

#### Pedagogy

- 1. Class room teaching.
- Orientation visits to select hospitals and enabling trainees to learn by observing and interacting with the Medical Social Workers.
- 3. Field Work placements (Social Work Practicum) for 25 full days, Social Work trainees are expected have closer and purposeful interaction with Medical Social Workers, Doctors (some time) and also with select patients. The trainees also practice counseling with certain persons having health issues (on recommendation of Medical Social Workers).
- Group Conference in the Department of Social Work.
- 5. Individual Conference with respective faculty supervisor, once in a week.

#### COURSE CONTENT

#### UNIT I

Overview of the human anatomy: major systems and their functions. Concept of health: Physical, social, mental and spiritual dimensions of health - Positive health - Determinants of health - Health and development - Indicators of health. Concept of Disease: natural history, iceberg concept, deficiency diseases, Concept of Prevention: Levels of prevention - Hygiene, public health, preventive medicine, community health, social medicine, community medicine.

Health Care of the Community; Concept of health care - Levels and principles of health care. Models of health care: prevention and promotion, integrative development, alternative systems of health, holistic approach, yoga, naturopathy. Classification of healthcare institutions: general, special, public, private, trust, teaching-cum-research hospitals, corporate and multi-specialty hospitals. Types of wards: outpatient services, in-patient services, emergency services.

#### **UNIT II**

Communicable and Non-communicable Diseases: Leprosy, Tuberculosis, Sexually Transmitted Diseases (STDs), HIV/AIDS. COVID-19, Cancer, Hypertension, Accidents, Diabetes, Blindness, Neurological problems, Epilepsy, Stroke Mental illnesses.

Maternal and Child Health Services - Immunization - Integrated Child Development Services (ICDS) Scheme - School health programmes.

#### **UNIT III**

Medical Social Work: Meaning, Definition and Scope - Historical background and nature: Medical Social Work in India and Abroad - Team work and Multidisciplinary approach in health care; Organization and administration of medical social work departments in hospitals.

Patient as a person and Role of Social Worker: Understanding the patient as a person; Illness behaviour and treatment behaviour of the patient – Medical, psychological, social and emotional impact of various chronic diseases (Tuberculosis, Cancer, Diabetes, Hypertension, HIV/AIDS, Spinal Cord Injuries, Neuromuscular Disorders, etc.) on the patient and family. Impact of illness on the patient and family.

Impact of hospitalisation on the patient and the family. Role of social worker with patients and their families in the treatment process during hospitalisation, aftercare and follow-up - Rehabilitation.

Medical ethics: issues and challenges – patient's rights and informed consent, advance directives

# **UNIT IV**

National Health Policy of India, Directorate General of Health Services, Indian Council of Medical Research (ICMR), Health as a concurrent subject.

Health System in India - at the Centre, at the State level, at the district level, and village level. Health Education and Communication.

Voluntary Health Agencies in India - International health - World Health Organisation (WHO), UNICEF, UNDP, FAO, ILO, World Bank.

Non - governmental and other Agencies - Ford Foundation, CARE, International Red Cross, Indian Red Cross and others.

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# COURSE-VI: REHABILITATION AND AFTER CARE SERVICES

# INTRODUCTION

Rehabilitation of differently abled people is a noble and worthy endeavor, requiring the combined knowledge of the psycho-social theory and practical skills and techniques of Social Work. The current paper facilitates Social Work students to work with the specific group of clientele suffering from various types of disabilities and impart application of specific professional Social Work methods to cater to the needs of this population.

# **COURSE OUTCOMES:**

On successful completion of this course, each student will be able to:

- Understand the concept of handicap, rehabilitation and the scope for practice.
- b. Identify the specific client categories requiring the rehabilitation services, problem specificity and rehabilitation service interventions.
- Acquaint oneself with different rehabilitation settings, different therapeutic approaches to rehabilitation process.
- d. Acquire the Social Work skills adopted to facilitate the process of rehabilitation, the rights and legal provisions provided for differently abled people and assimilate the knowledge of Social Work practice to disability specific client service.

#### Pedagogy

- Class room teaching.
- Orientation visits to select agencies/NGOs carrying out rehabilitation and after care services in different settings.
- Field work placements (Social Work Practicum) for 25 full days.
- Participation in Conferences/Seminars organized and conducted by Universities and other professional bodies.
- Trainees are encouraged to practice Social Work Methods like Case Work, Group Work and Community Organization and Development.

#### Course Content

#### **UNIT I**

Rehabilitation: Definition and scope for Social Work interventions; definition of Impairment, Disability, Handicap; causes of Handicap - heredity, acquired, Major illnesses - physical, neurological and psychiatric; Stress, vulnerability, coping and competence to deal with handicaps; Need for comprehensive rehabilitation – psycho-social rehabilitation

#### **UNIT II**

History, philosophy and principles of psycho-social rehabilitation; specific problem areas – physical handicap - vision, hearing, orthopedic, speech and language difficulties, mental retardation and others; neurological, psychiatric problems, disasters, alcohol and drug usage, terminal illnesses and any other.

Intervention in rehabilitation: Assessment, planning, intervention, evaluation, tools for assessment, follow-up services.

#### **UNTI III**

Rehabilitation Settings: Hospital based, day-care, night-care, quarter-way home, half-way-home, group home, hostels, long-stay homes, vocational guidance centre, sheltered workshop, occupational therapy centre, community based rehabilitation centre, home care, inclusive education and others Approaches: Therapeutic community, behavior modifications, transactional analysis and eclectic approach

#### **UNIT IV**

Practice of Social Work methods in the process of rehabilitation: Case work, group work, community organisation, research, administration and social action.

Legal provisions for differently abled people – The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act 1995, Rehabilitation Council of India: Formation, scope and functions, governmental policies and programmes, initiatives from the non-governmental sectors.

International trends and national initiatives in the rehabilitation scenario.

1.	Anthony, William. A. 1980.	The Principles of Psychiatric Rehabilitation. Baltimore University Part Press
2.	Chowdhary, Paul. D. 1995.	Introduction to Social Work: history, concept, methods and fields. Delhi, Atma Ram & Sons.
3.	Corey, Gerald. (6th ed.) 2004.	Theory and Practice of Group Counseling. Thomas Brooks/ Cole Belmont
4.	Dorothy Stock Whitaker. 1985.	Using Groups to help people. London & New York, Tavistock/ Routledge,.
5.	Danda, Amita. 2000.	Legal order and Mental Disorder, Sage Publications.
6.	Delhi Law House. 1998.	The Mental Health Act-1987, Law Publishers.
7.	Thakur Hari Prasad Institute of Research and Rehabilitation of the Mentally Handicapped Publication, Hyderabad.	Enabling the Disabled. 1999
8.	Feldman, Robert. S (1997)	Understanding Psychology. New Delhi, Tata McGraw Hill.
9.	Hume, Clephane and Pullen Ian. 1986	Rehabilitation in Psychiatry. Edinburgh Churchill Livingstone
10.	International Labour Office. 1985.	Vocational Rehabilitation of Disabled persons, ILO.
11.	International Labour Office. 1982.	Vocational rehabilitation of the Mentally Retarded (second impression) ILO.
12.	Kalyanasundaram S. and Verghese, Mathew, (Eds). 2000	Innovations in Psychiatric Rehabilitation Richmond Fellowship Society, Bangalore, India.

13.	Kapur, Malavika and Others. (Ed). 1979.	Psychotherapeutic process. NIMHANS Publication. Bangalore
14.	Lakshman Prasad. 1994	Rehabilitation of the Physically handicapped. Konark Publishers Pvt. Ltd.
15.	Liberman, Robert. P. (ed). 1988.	Psychiatric Rehabilitation of Chronic Mental Patients. Washington D.C., American Psychiatric Association.
16.	Madan, G.R. 2000	Indian Social Problems Vol.2 Social Work (3rd ed). New Delhi, Allied Publishers.
17.	Manning, Nick. 1989	Therapeutic Community Movement. London, Routledge Publications.
18.	Pandu Naik. G. 1992	A Review of Social Legislation in India. Lambani Publishers.
19.	Schizophrenia Research Foundation. 1998	Community Mental Health and Community Based Rehabilitation. Chennai, SCARF Publication.
20.	Sen, Anima. 1988	Psycho-social integration of the Handicapped, New Delhi, Mittal Publishers.
21.	Sharma, S and Chadda, R.K 1997	Essential Psychiatry, New Delhi, Interprint Publishers.
22.	Wolberg, L.R. 1977	The Technique of Psychotherapy Part I & II, 3 <sup>rd</sup> edition. New York, Grune and Stratton,.

# COURSE-VII: SOCIAL POLICY, PLANNING AND SOCIAL DEVELOPMENT

# INTRODUCTION

The course introduces the learner as to how policy is a link between Constitutional Principles, Development Plans, Legislative and Executive Actions. The analysis of these processes is to enable utilization of the knowledge to improve Social Work practice.

Further, it provides a critical and analytical framework to understand key concepts, development processes and current issues, pertaining to different parts of the world, with specific reference to India. This course is expected to provide the Social Work students with a context for micro-level interventions.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Gain knowledge of policy analysis and the policy formulation process.
- Acquire skills in critical analysis of social policies and development plans.
- c. Develop an understanding of social policy in the perspective of national goals as stated in the Constitution, particularly with reference to Fundamental Rights and the Directive Principles of State Policy.
- d. Critically understand the concept, content and process of social development.

- Develop the capacity to identify linkages among social needs, problems, development issues and policies.
- Identify strategies and skills necessary for social development and reinforce values of social justice, gender justice and equality.
- g. Examine the role and significance of social policy and planning for social development.

#### Pedagogy

- 1. Class room teaching.
- 2. Visits to Government Welfare Departments.
- 3. Special Speeches by experts in the field.
- 4. Conduct of major research projects on the subject.
- Participation of trainees in the Conference/Seminars/Workshops by the Universities/Other Professional bodies.

#### Course Content

#### UNIT I

Social Policy and Constitution: Concept of social policy, sectoral policies and social services - Relationship between social policy and social development-- Values underlying social policy and planning based on the Constitutional provisions (i.e. the Directive Principles of State Policy and Fundamental Rights) and the Human Rights - Different models of social policy and their applicability to the Indian situation.

# **UNIT II**

Sectoral Social Policies in India: Evolution of social policy in India in a historical perspective-Different sectoral policies and their implementation, e.g. Policies concerning education, health, social welfare, women, children, welfare of backward classes, social security, housing, youth, population and family welfare, environment and ecology, urban and rural development, tribal development and poverty alleviation.

#### **UNIT III**

Social Planning: Concept of social planning - Scope of social planning - the popular restricted view as planning for social services and the wider view as inclusive of all sectoral planning to achieve the goals of social development - Indian planning in a historical perspective - The Constitutional position of planning in

India. The legal status of the NITI AYOG - Coordination between Centre and State, need for decentralization - Panchayath Raj - people participation.

# **UNIT IV**

Social Development: Concept of social development - Current debates of development - Approaches to development - Development indicators.

Social Development in India: The historical and social context of development in India - Demographic transitions - Rural development: Agrarian and land reforms; Green Revolution - Industrialization and urban development - Labour relations-Gender issues - Environmental issues (land, water, forest) - Education - Health.

1.	Bagchi, A. K. 1982	Political Economy of Underdevelopment, Cambridge: Cambridge University Press.
2.	Bhanti, R. 1993	Social Policy and Development in Rajasthan, Udaipur: Himanshu Publications.
3.	Bulmer, M. et. al., 1989	The Goals of Social Policy. London: Unwin Hyman.
4.	Chakraborty,S. 1987	Development Planning – Indian Experience, Oxford: Claredon Press.
5.	Dandekar, V. M. 1994	"Role of Economic Planning in India in the 1990s & Beyond", Economic and Political Weekly, Vol. 29, No. 24, 1457-1464.
6.	Desai, V. 1988	Rural Development (Vol. 1) Mumbai: Himalaya Publishing House.
7.	Dimitto, D. M. 1991	Social Welfare: Politics and Public Policy, New Jersey: Prentice-Hall.
8.	Fidelma, A. et. al. 1999	Contemporary Social and Political Theory: An Introduction, Buckingham: Open University Press.
9.	Ganapathy, R. S. and Others 1985	Public Policy and Policy Analysis in India, Delhi: Sage Publications.
10.	Ghosh, A. 1992	Planning in India: The Challenge for the Nineties, New Delhi: Sage Publications.
11.	Government of India	Five Year Plan Documents (latest), New Delhi.
12.	Hebsur, R. K. (Ed.)	Social Intervention for Justice, Bombay: TISS.
13.	Huttman, E. D. 1981	Introduction to Social Policy, New York: McGraw-Hill.
14.	International Labour Office. 1973	Multinational Enterprises and Social Policy, Geneva, ILO.

15.	Jones, K. et. al., 1983	Issues in social Policy, London: Routledge & Kegan Paul.
16.	Kahn, A. E. 1973	Social Policy and Social Services, New York: Random House.
17.	Kulkarni, P. D. 1979	Social Policy and Social Development in India, Madras: Association of Schools of Social Work in India.
18.	Kulkarni, P. D. 1952	Social Policy in India, New York: McGraw-Hill Book Company.
19.	Kulkarni, P. D. 1975	Social Policy in India, Bombay, Tata Institute of Social Sciences.
20.	Leonard, P. 1997	Postmodern Welfare: Reconstructuring Emancipatory Project, London: Sage
21.	Lindblom, C. E. 1980	The Policy-making Process, New Jersey: Prentice-Hall.
22.	Livingstane, A. 1969	Social Policy in Developing Countries, London: Routledge & Kegan Paul.
23.	Madison, B. Q .1980	The Meaning of Social Policy, London: Croom Helm.
24.	Macpherson, S. 1980	Social Policy in the Third World, London: Wheatspeat Brooks.
25.	Macpherson, S. 1982	Social Policy in the Third World, New York: John Wiley and Sons.
26.	Mathur, K. Bjorkman	Top Policy Makers in India, New Delhi: Concept Publishing Co.
27.	Meadows, D. H. 1972	The Limits to Growth, New York: University Books.
28.	Mishra, R. 1977	Society and Social Policy, London: Macmillan Ltd.
29.	Mukherjee, N. 1993	Participatory Rural Appraisal: Methodology and Applications, New Delhi: Concept Publishers.
30.	Mundle, S. 1993	Policies, Paradigms and Development Debate at the Close of Twentieth Century", Economic and Political Weekly, Vol. 28, No. 26, September 4, 1993.
31.	Mullard, M. and Spieker. 1998	Social Policy in a Changing Society, London: Routledge.
32.	Phillips,D. R. and Verhasselt Yola (Eds.) 1994	Health and Development, London:Routledge and Kegan Paul
33.	Rao, V. 1994.	"Social Policy: The Means and Ends Question" Indian Journal of Public Administration, Vol. 50, No.1, JanMarch, 1994.
34.	Rastogi, P. N. 1992	Policy Analysis and Problem-solving for Social Systems, New Delhi: Sage Publications
35.	Roychaudhury, T. 1982	The Cambridge Economic History of India, Vol. I & II, New Delhi: Cambridge University.
36.	Singh, R. R. (Ed.) 1995	Whither Social Development? New Delhi: ASSWI.

37.	Singh, Y. 1972	Modernization of Indian Tradition, Delhi: Thomas Press.
38.	Spicker, Paul. 1998	Principles of Social Welfare: An Introduction to Thinking About the Welfare State, London: Routledge.
39.	The Probe Team. 1999 Association with Centre for Development Economics.	Public Report on Basic Education in India, New Delhi: Oxford University Press.
40.	Upadhyay, S. B. 1992	Urban Planning, Jaipur: Printwell
41.	UNDP	Human Development Reports, Oxford University Press.
42.	Weimer. D. L. and Vining, A. R. 1994	Policy Analysis: Concepts and Practice, New Jersey: Prentice-Hall.
43.	World Bank	World Development Reports (Annual), Oxford University Press.
44.	Yadav, C. S. (Ed.) 1986	Urban Planning and Policies - Part A, New Delhi: Concept Publishing Co.

## Recommended Journals / Periodicals

Alternatives; Development and Change; Economic and Political Weekly.

## COURSE-VIII: LEGAL SYSTEM IN INDIA

## INTRODUCTION

The course aims to help learners understand the legal system and procedures in India. It supports understanding the processes in public interest litigation and develops skills for the same.

## **COURSE OUTCOMES**

On successful completion of this course, each student will be able to:

- a. Acquire information on the legal rights of people.
- b. Develop an understanding of the legal system and get acquainted with the process of the legal system with emphasis on functioning in India.
- c. Understand the role of the police, prosecution, judiciary and correction.
- d. Gain insight into the problems faced by the people belonging to different strata of society, in interacting with this system.
- e. Develop an understanding of the processes and problems of public interest litigation and legal aid services to marginalized people.

Pedagogy

1. Class room teaching.

2. Visits to agencies like Family Courts/Police Stations/Special Juvenile Police Units.

3. Special Lectures/talks by inviting practitioners like lawyers, police officers etc. and enabling trainees to

have interaction and thereby enhance knowledge and understanding the subject.

4. Participation in the Workshops/Conferences/Seminars organized by the Department of Law, University

of Mysore and other Universities.

Course Content

**UNITI** 

Social Justice: Meaning and Concept; Social legislation: Meaning, definitions and concept. Social

justice as an essential basis of social legislations; Social legislations in a welfare state with special

reference to India.

Rights: Concept and definitions of Rights; types of Rights; Rights of women and children; Rights of

Scheduled Castes and Scheduled Tribes; Rights of accused and offender under Constitution of India,

Indian Penal Code and Criminal Procedure Code.

**UNIT II** 

Division of Law: Substantive Law and Procedural Law.

Legislations pertaining to Social Institutions: Marriage, divorce, maintenance of spouse, adoption.

Legislations for prevention of Crime and Deviance: Indian Penal Code (relevant chapters like of Offences

against Public Tranquility, of Offences affecting the Public Health, Safety, Convenience, of Decency and

Morals, of Offences relating to Religion, of Offences affecting the Human Body, of Offences relating to

Marriage, of Cruelty by Husband or Relatives of Husband)

Legislations pertaining to women.

**UNIT III** 

Criminal Justice System in India:

Police: Structure, powers and functions and their role in maintaining peace and order in the society.

Prosecution: Meaning, structure, its role in criminal justice, trial participation.

Judiciary: Supreme Court, High Court - Constitution of Supreme Court and High Court: Powers and functions.

Sub-ordinate Courts - District Sessions Court, Magistrate Courts, and other subordinate courts.

## **UNIT IV**

Correction and Correctional Laws: Corrective measures as per Criminal Procedure Code, Probation of Offenders Act, Juvenile Justice (Care and Protection of Children) Act.

Legal Aid: Concept of legal-aid, history of legal-aid, persons needing legal-aid, legal-aid schemes.

Public Interest Litigation: Meaning, Concept, Process and Problems. Right to Information Act-Provisions and implementation.

Role of Social Worker: Social Work intervention, need, methods.

1.	Aranha, T.	Social Advocacy - Perspective of Social Work, Bombay: College of Social Work.
2.	Buxi, U. 1982	Alternatives in Development: Law the Crisis of the Indian Legal System, New Delhi:,Vikas Publishing House.
3.	Curry, J. C. 1977	The Indian Police, New Delhi: Manu Publications.
4.	Desai, A. E. (Ed.) 1986	Violation of Democratic Rights in India, Vol. 1.
5.	Fleming, M. 1978	Of Crimes and Rights, New York: W.W. Norton and Company.
6.	Gandhi B.M. 2006.	Indian Penal Code, Lucknow, Eastern Book Company.
7.	Iyer, V. R. K 1980.	Some Half Hidden Aspects of Indian Social Justice, Lucknow: Eastern Book Company.
8.	Iyer, V. R. K 1984.	Justice in Words and Justice in Deed for Depressed Classes, New Delhi: Indian Social Institute.
9.	Iyer, V. R. K 1981.	Law Versus Justice: Problems and Solutions, New Delhi: Deep and Deep.
10.	Iyer, V. R. K 1980.	Justice and Beyond, New Delhi: Deep and Deep.
11.	Kelkar R. V. 2006.	Lectures on Criminal Procedure, Lucknow, Eastern Book Company.
12.	Khanna, H. R. 1980	The Judicial System, New Delhi: II P A.
13.	Mathew, P. D.	II P.A Legal Aid Series, Delhi: Indian Social Institute
14.	McDonald. W. F. (Ed.) 1979	The Presentator, California: Berkeley: Hill
15.	Newman, G. 1999	Global Report on Crime and Justice, New York: Oxford University Press.

16.	Nirmal Anjali. 1992	Role and Functioning of Central Police Organisations, New Delhi: Uppal.
17.	Peak, K. J. 1998	Justice Administration - Police, Courts and Correction, New Jersey: Prentice-Hall.
18.	Ratanlal and Dhirajlal, 2006	Indian Penal Code, Lexis and Lexis, Nagpur.
19.	Singh. L. M. (Ed.) 1973	Law and Poverty: Cases and Materials, Bombay: Tripathi.
20.	Western, P. B. 1976	The Criminal Justice System: An Introduction And Guidelines, California: Good Year Publishers.
21.	Government of India, 1973	Report of the Legal Aid Committee.

#### OPEN ELECTIVE

## COURSE-IX: GERONTOLOGICAL SOCIAL WORK

## INTRODUCTION

Changing demographic profile in India has led to rise in the number of elderly as never before. Along with the enhanced longevity, a number of issues related to care and management of elderly have come into focus. Social Work as a profession is concerned with providing professional service to the needy, has recognized the need to address the concerns of the senior citizens. The paper envisages training the learners in professional Social Work practice with the elderly.

The paper focuses on senior citizens as target client group for Social Work intervention; the paper deals with the issues, concerns, problems and Social Work methods in facilitating healthy adaptation of the client group in the current Indian context.

## **COURSE OUTCOMES:**

On successful completion of this course, each student will be able to:

- a. Learn the perspectives on aging and scope for practice.
- Understand the various challenges related to aging, healthy aging and problems of the elderly in difficult situations.
- c. Identify agencies working with elderly, the different care settings and issues in working with elderly in different settings. To gain an insight into the process of working with elderly.
- Train the learners in applying specific Social Work intervention measures in working with senior citizens, care givers and to have an understanding of

National Policy on Older Persons, and the role of National and International NGOs in improving the quality of life of the elderly.

## Pedagogy

- 1. Class room teaching
- 2. Visit to old age homes
- 3. Encouraging trainees to practice Social Work methods like: Case Work, Group Work, Counseling etc.
- Participation of trainees in the National/State/Regional Local Conferences organized by various development agencies.
- Discussion with faculty on one-on-one basis.

#### Course Content

## UNIT I

Gerontology – Definition and scope. Understanding the elderly – demographic, developmental, psychological, socio cultural, economic, and health perspectives. The issues pertaining to elderly-health, occupation, income, retirement planning, family support, gender issues, property Rights and any other

## UNIT II

Developmental tasks in elderly: Issues in health care, changes in family structure, coping with aging process, challenges due to changing physiological, economic, safety, status in the family and other issues, Healthy aging, quality of life, coping with demise of the life partner, bereavement, resolving one"s own death, and any other.

#### UNIT III

Care settings for elderly: General hospitals, geriatric wards/ hospitals, home-based care, homes for the aged, nursing homes, day-care-centers, hobby centers, and facilities for homeless elderly, elder helpline, and senior citizen forum.

Tools for assessment of the problems of elderly, intervention and follow up services and evaluation.

## **UNIT IV**

Social Work intervention measures for senior citizens through methods of Social Work: Case work, group work, community organisation, welfare administration, Social Work research, social action

Care giver issues - Needs, burden, coping and training; training for caregivers of institutions for the elderly

National Policy on Older Persons, Legal and governmental welfare benefits for senior citizens, Role of Help Age India and other prominent Organisations working for elderly.

International scenario

## REFERENCES

1	Bali . P. Arun, 2001	Care of the Elderly in India. Shimla, Indian Institute of Advanced Studies.
2	Chatterjee, S.C., Patna, and K.P., Charian, V. 2008.,	Discourses on aging and Dying. New Delhi, Sage Publications
3	Dandekar, Kumudini. 1996	The Elderly In India, New Delhi, Sage Publications.
4	Desai, Murli and Raju, Siva (Ed.) 2000.	Gerontological Social Work in India - Some issues and Perspectives. Delhi, BR Publishing House,.
5	Dey, A. B (Ed.) 2003	Ageing in India: Situation Analysis and Planning for the Future. New Delhi / WHO and AIIMS.
6	Emmatty, Leena. M. 2008	An insight into Dementia Care in India. New Delhi, Sage Publications,.
7	Hurlock, Elizabeth. 1981	Developmental Psychology. 5th Edition. New Delhi, Tata McGraw Hill Publications.
8	Khan M.Z. 1989	Voluntary Welfare Services for the Aged, Dept. of Social Work, New Delhi, Jamia Milia Islamia.
9	Kumar, Vinod (Ed.) 1996	Aging-Indian Perspective and Global Scenario, New Delhi, AIIMS.
10	Rajan, Irudaya.S., Mishra,U. S., and Sharma, S.P. 1999.	India"s Elderly, New Delhi, Sage Publications.
11	Ramamurti P,V and Jamuna D (Ed) 2004	Handbook of Indian Gerontology. New Delhi, Serial Publishers.
12	Vineeta B Pai 2000	Coping with Retirement, UNESCO CLUB, Naganur, Belgaum

## **JOURNALS**

- 1. Indian Journal of Gerontology, C-207, Manu Marg, Tilak Nagar, Jaipur 302 004
- 2. R & D Journal of Helpage India . C-14, Qutab Institutional Area, New Delhi, 110016.

## **OPEN ELECTIVE**

# COURSE-X: MANAGEMENT OF NON-GOVERNMENTAL ORGANIZATIONS

## INTRODUCTION

This course aims at introducing students to the concepts and principles involved in managing non-profit organizations particularly NGOs.

## COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Develop an understanding about the role of NGOs in societal development.
- Develop knowledge about management of NGOs.
- Develop the ability to identify collaborative strategies between NGOs and Government institutions.

## Pedagogy

- Class room teaching.
- Orientation Visit to (3 to 4) NGOs.
- 3. Participation in the Conference/Seminars/Workshops.
- Discussion with faculty.

## Course Content

## **UNIT I**

Concept of NGOs, essential features, Types, Scope- NGOs as non profit organizations involved in development work - common denominators and overlaps in business, public and non- profit managements - legal - rational structure of non-profits - trusts, societies and companies special reference to Trust Act, Societies Registration Act and Companies Act

## **UNIT II**

Organisational Design: Vision, Mission and Goals of NGOs - Problem Identification Process, Project Planning and Proposal Development- translating vision and mission into action - Role of Strategic Planning - Operational goals, Programmes and Projects - Decision-making - Participation, empowerment, teamwork and ownership Voluntarism, Individual Autonomy and Organisational

accountability, Transparency and Stakeholder Accountability - Knowledge generation and management - Leadership styles suited for NGOs.

## **UNIT III**

NGO Environment: Interfacing with community and community based organizations - NGO-State relationship - Managing and maintaining donor constituency - Other NGOs and CBO - Networking, Partnering, Collaborating, etc. - Relating to market and business-NGI- Corporate relationship.

NGO Capacity Building - Building the competencies in NGOs - Identification and procurement of right competencies, Training and development and performance appraisal.

## **UNIT IV**

Resource Management for Non- Profits:

Resource Mobilisation for NGO - Non-financial resource, natural resources, physical resources in the form of common property - Human capital resources and social capital financial resource - Institutional and non-institutional sources of funding - National and international Fund-raising strategies - Foreign contributions - Statutory obligations.

Accounting for Non- Profit Organisations: Basic accounting principles and concepts- Preparation and analysis of financial statements- Ratio analysis, cash flow and fund flow analysis - Responsibility accounting, performance budgeting and zero base budgeting; Income Tax Exemption (80-G, 12-A, & 35AC)

1	Behera M. C. (2006)	Globalizing Rural Development. New Delhi: Sage Publications
2	Chowdhary, D. P 1981.	Role of Voluntary Action in Social Welfare Development, New Delhi, Sidhartha Publications.
3	Chowdhry Paul. (1973)	Administration of Social Welfare Programmes in India. Bombay: Somaiy.
4	Clark John. (1991)	Voluntary Organizations: Their Contribution to Development. London: Earth Scan. 2).
5	Drucker, Peter, 1983	Managing the Non-Profit Organisation, New Delhi, Macmillan
6	Emmanuvel. S. Fermando. (1999)	Prospect from Problems. Mumbai: St. Francis Xavier's Church.
7	Gangrada, K.D, 1988	Social Welfare and Social Development, New Delhi, Northern Book Centre

8	Garain S, 1998	Organisational Effectiveness of NGOs, Jaipur, University Book House.
9	Ginsbery Leon. H. (2001)	Social Work Evaluation - Principles and Methods. Singapore: Allyn and Bacon
10	Jack Rothman, John John E. Tropman. (2001)	Strategies of Community Intervention. Illinois: P.E. Peacock.
11	Jackson, J 1989	Evaluation for Voluntary Organizations, Delhi, Information and News Network.
12	Jain R.B. (1995)	NGO's in Development Perspective. New Delhi: Vivek Prakasan
13	Joel S.G.R Bhose. (2003)	NGO's and Rural Development Theory and Practice. New Delhi: Concept.
14	Julie Fisher. (2003)	Non-Governments – NGO's and the Political Development of the Third World. New Delhi: Rawat.
15	Kapoor, K.K, 1986	Directory of Funding Organisations, Delhi, Information and News Network.
16	PRIA, 1989	NGO - Government Relations, Delhi, PRIA
17	PRIA, 1991	NGOs in India: A Critical Study, Delhi, PRIA
18	Sakararan and Rodrigues. (1983)	Handbook for the Management of Voluntary Organization. Madras: Alfa.
19	Sachdeva, D.R, 1998	Social Welfare Administration in India, Allahabad, Kitab Mahal.
20	Weiner, M, 1982	Human Service Management, Illinois, The Dorsey Press.

# FOURTH SEMESTER HARD CORE

## COURSE-I: EMPLOYEE RELATIONS AND LEGISLATION

## INTRODUCTION

The purpose of the course is to provide an in-depth knowledge about the relationship between the employer, employee and the State, to bring out the importance of cordial employee relations for organizational productivity and gain an understanding of the mechanism of inter-personal relations, collective bargaining and productivity improvement functions in the organization through involvement of all groups.

## COURSE OUTCOME

On successful completion of this course, each student will be able to:

- a. Develop the skills of interpersonal relationship as per organization requirement.
- b. Understand the trends and dynamics between partners in the organization.
- c. Enhance the knowledge on organizational performance, role and responsibility.
- d. Develop the knowledge on various statutory/legal aspects influencing the organizations.
- e. Stimulate thinking on rationale behind the laws and their enforcement.

## PEDAGOGY

- 1. Classroom teaching.
- 2. Orientation visits (10-12 industries) and field work programs (25 days)
- Participation in the conferences/seminars and workshops organized by the Universities and other professional bodies.
- Special lectures by the industry practitioners organized by Social Work student forum.

## COURSE CONTENT

## **UNIT I**

Employee Relations: Concept, Definition, Philosophy and Principles of Employee Relations. History of Industrialization in India. Issues Related to Employees in the Organized and Unorganized Sector.

Industrial Discipline: Need for discipline, Certified Standing Orders, Misconduct, Principles of Natural Justice, Disciplinary Proceedings, Domestic Enquiry Process, Role of Social Worker as Management

Representative during Enquiry, Suspension Pending Enquiry, Discharge, Dismissal. Industrial Disputes and Machinery for Prevention and Settlement of Industrial Disputes.

## **UNIT II**

Trade Unions: Trade Unionism in India, Emergence, History and Growth. Trade Union as an Organization, Various Trade Unions and Federations in India, Role of Trade Unions in India. Developing Union Leaders.

Employers' Associations: Objectives, Structure and its Activities.

## **UNIT III**

Collective Bargaining: Definitions and Characteristics, Theories in Collective Bargaining, Collective Bargaining in India, Critical Issues Involved in Collective Bargaining and Levels of Bargaining. Charter of Demands (CoD), Negotiation Process, Effective Negotiation, Memorandum of Settlement, Shops and Commercial establishment Act 1961.

#### UNIT IV

The Constitution of India and Labor Laws. Fundamentals of Labor Laws. Subsumption of Existing Laws, Background and Need for New Labor Codes.

Code on Wages, 2019: Preliminary, Minimum Wages, Payment of Wages, Payment of Bonus, Advisory Board, Payment of Dues, Claims and Audit, Inspector-cum-Facilitator, Offenses and Penalties, Miscellaneous.

The Occupational Safety, Health and Working Conditions Code, 2020: Preliminary, Registration, Duties of Employer and Employee, Occupational Safety and Health, Health Safety and Working Conditions, Welfare Provisions, Hours of Work and Annual Leave with Wages, Maintenance of Registers, Records and Returns, Inspector-cum-Facilitators and Other Authority, Special Provisions Related to Employment of Women, Special Provisions for Contract Labor and Inter-State Migrant Worker etc. (Contract Labor, Inter-State Migrant Workers, Audio-Visual Workers, Mines, Beedi and Cigar Workers, Building and Other Construction Workers, Factories, Plantation), Offences and Penalties, Social Security Fund, Miscellaneous.

Code on Social Security, 2020:Preliminary, Social Security Organizations, Employees' Provident Fund, Employees' State Insurance Corporation, Gratuity, Maternity Benefit, Employee's Compensation, Social Security and Cess in Respect of Building and Other Construction Workers, Social Security for

Unorganized Workers, Gig Workers and Platform Workers, Finance and Accounts, Authorities, Assessment, Compliance and Recovery, Offences and Penalties, Employment Information and Monitoring, Miscellaneous.

The Industrial Relations Code, 2020: Preliminary, Bipartite Forums, Trade Unions, Standing Orders, Notice of Change, Voluntary Reference of Disputes to Arbitration, Mechanism for Resolution of Industrial Disputes, Strikes and Lock-Outs, Lay-Off, Retrenchment and Closure, Special Provisions Relating to Lay-Off, Retrenchment and Closure in Certain Establishments, Worker Reskilling Fund, Unfair Labor Practices, Offenses and Penalties, Miscellaneous.

KEFE	RENCES	
1	Achar, M. R. 1976	Labour Rules in Karnataka, Bangalore, Shree Vidya Printers.
2	Arora, M, 2005	Industrial Relations, New Delhi, Excell Books.
3	Dasgupta, S. K.	Industrial Law, Sterling Publishers Pvt. Ltd.
4	Devar, R. S. 1967	Personnel Management and Industrial Relations, New Delhi, Vikas Publishing House.
5	Joseph, T.M. 2009	Industrial Law, Mumbai, Himalaya Publications Pvt., Ltd.
6	Lal Das, D. K. 1991	Personnel Management, Industrial Relations and Labour Welfare, Agra, Y. K. Publishers.
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A		

## COURSE-II: MENTAL HEALTH AND PSYCHIATRIC SOCIAL WORK

## INTRODUCTION

This course aims to provide awareness about mental health and mental health problems and also application of Social Work methods in mental health settings.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- a. Understand the concepts 'mental health' and 'mental illness'.
- b. Understand the signs and symptoms, etiology, diagnosis and treatment of mental health problems.
- c. Understand different services for the care of mentally ill.
- d. Understand historical background of psychiatric Social Work in India and abroad. Understand the nature of psychiatric Social Work services and relevance of team work.
- e. Understand the nature of collaboration with voluntary organisations for the welfare of mentally ill.
- f. Identify the issues related to psychiatric Social Work department in hospitals and community mental health settings.

## Pedagogy

- 1. Class room teaching.
- Orientation Visits to select hospitals (3-4 visits)
- 3. Field work placement in the hospital setting wherever Psychiatric Social Work exposure is available.
- 4. Special Lectures by the Psychiatrists and Mental Health experts through the Social Work Students forum.
- 5. Participation in the individual conferences and group conferences.

#### **Course Content**

## UNIT I

Concept of mental health and mental illness - Mental health as a part of general health - Misconceptions about mental illnesses. International Classification, DSM Classification of mental illness

Signs, symptoms, etiology, diagnosis, prognosis and management of the following:

- Severe mental Illness and Common Mental illness
- Personality Disorders
- Mental Health problems among children and Adolescents
- Organic Mental Disorders
- Intellectual Disability

## **UNIT II**

Introduction to Psychiatric Social Work: Meaning and Scope - Historical background of psychiatric Social Work in India and abroad. Application of Social Work methods and other related techniques in

the field of mental health - Multi-disciplinary approach and team work in mental health care - Problems of hospitalization - Impact of mental illness on the person with mental illness, family and community.

Practice of Social Work: Importance of home visit and visit to the place of work

 Role of family in the treatment of people with mental illness - Preparing the family and community for the reintegration of people with mental illness in the community, importance of follow-up.

## UNIT III

Care of mentally ill: Day-care centre, half-way-home, sheltered workshop, Occupational therapy Residential Homes: Half way home, Hostels, Long stay facilities, Respite care centers - Role of Social Worker in rehabilitating people with mental illness.

Role of voluntary organisations, governmental-agencies and paraprofessionals in the welfare of people with mental illness.

Role of Social Worker in mental health centers, Psychiatry departments in General Hospitals/District hospitals, child guidance clinics, community mental health units, correctional institutions, industries, and family welfare, Community Based rehabilitation.

Neurological and neurosurgical conditions: Epilepsy, Stroke, Trauma, Head Injury, Tumor. Role of social worker in Emergency setting and hospital care.

Addiction: behavioral and substance addiction, Role of social workers in De addiction centers, – Educational avenues in psychiatric Social Work - Research avenues in the field of mental health for Social Workers.

## **UNIT IV**

Community mental health and Social Work, NMHP, Innovations like Satellite clinics, district mental health programme etc.

Occupational therapy - Principles and practice - Psychosocial rehabilitation.

Mental Health Care Act 2017.

The Rights of Persons With Disabilities Act, 2016, Rehabilitation Council of India Act, 1992, National Trust Act

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24	Towle, Charlotte. 1941	Social Case Records from Psychiatric Clinics with Discuss Notes, Chicago; Illinois: University of Chicago Press.
25	Yelloly, Margaret. 1980	Social Work Theory and Psychoanalysis, New York: Van Nostrand Reinhold Company.
26	National Mental Health Programme for India	

## **COURSE-III: MAJOR PROJECT**

## Course outcome

Students are given broader guidelines for undertaking empirical evidence-based project in the fourth semester, either independently or by forming a small team comprising of three to four students. In case of group project work, the group will be formed by the college or the university department by adopting random method of selection. The project shall comprise of selection of the topic, methodological details, analysis, interpretation and deductions made. The respective college / the department of the university will prepare the set of guidelines for presenting the report.

Evaluation of the Project will be done along with the viva-voce examination by the viva-voce committee constituted for the assessment of Social Work practicum or similar committee may be constituted, if required.

## Pedagogy

- Personalized guidance is provided to each trainee by the faculty member.
- 2. All the major research steps and methodology are followed while carrying out the project.

 Brief presentation by each trainee is made before all faculty members before finalizing the copy of the project.

## COURSE-IV: SOCIAL WORK PRACTICUM - V

Concurrent practice learning for two-days in a week - on going learning of practice is an opportunity to develop intervention skills in reality situations. This entails learning Social Work practice for two days or its equivalent, each week of the semester. The learners may be placed in agencies or in communities to initiate and participate in direct service delivery.

Practice learning is a vital component of the educational opportunity to be provided to the learner. The teaching-learning process must be designed to help the learner to move on to mastering strategies, skills and techniques to practice Social Work.

## COURSE-V: SOCIAL WORK PRACTICUM - VI: (BLOCK PLACEMENT)

Block Placement - enables learners to integrate learning and generate newer learning by participating in the intervention process over a period of 6 weeks continuously, in a specific agency. Usually, block field work is provided at the end of the two-year Social Work programme. There shall be a professionally qualified worker in the setting willing to plan orientation and provide consultation, when needed.

## SOFT CORE

## COURSE-VI: HUMAN RESOURCE DEVELOPMENT AND EMPLOYEE WELLNESS

## INTRODUCTION

The purpose of this course is to provide practical exposure and knowledge in behavioural science to develop skills not only to understand and analyse problems but also to develop a problem-solving approach to issues.

#### COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- a. Develop multi facets of the personality and to build self confidence.
- b. Develop a spirit of continuous learning and innovation.

- c. Strengthen the competency base of individuals, teams and organization.
- d. Understand the organizational culture.
- e. Appreciate the importance of bottom-line focus to the Human Resource function and trend toward HR Accountability.
- Understand the various approaches to and techniques of measuring HR issues.
- g. Understand the different types of information systems in an organization so as to enable the use of computer resources efficiently, for effective decision-making.

## Pedagogy

- 1. Class room teaching.
- 2. Fieldwork: Orientation visits (10-12 industries) and concurrent field work programme (25 days).
- 3. Orientation visits (10-12 industries) and field work programme (25 days).
- 4. Special lectures by HR practitioners through the Social Work Student Forum.
- 5. Individual Conferences and group conferences.
- 6. Home Assignments/ Classroom Assignments.

## Course Content UNIT I

Human Resource Development (HRD): Concept, Definitions, origin, need and importance of HRD; Overview of HRD as a Total system; Approaches to HRD; human capital approach; social psychology approach and poverty alleviation approach; HRD and its dimensions, Competency Mapping.

## **UNIT II**

HRD Interventions: Performance Measurement Systems – Fundamental issues and Feedback sessions. Organizational goal setting process, Key Result Areas (KRA) and Key Performance Indicators (KPI), Coaching, Mentoring, career planning, career development, reward system, quality of work life. HR Information Systems: Computers and computer-based Information Systems; Changing role of HR, HR as a strategic partner, the need for measuring HR. Measuring HR: Approaches to measuring HR: Competitive Benchmarking, HR Accounting, HR Auditing, HR Effectiveness Index, HR Key Indicators, HRMBO (Management by Objectives).

Organizational Learning, models and curriculum; factors and principles of learning; group and individual learning; HRD trends; behavioral sciences; transactional analysis; Concepts of

continuous learning, behavior modeling and self-directed learning; evaluating the HRD effort; data gathering; analysis and feedback; HRD experience in Indian organizations; future of HRD

## **UNIT III**

Talent Development: Nature, Concept and importance; Need Analysis of Training, process of training, designing and evaluating training and development programs. Types and Methods of Training: Training within industry (TWI), External; on the job and off the job; Training methods: lecture, incident process, role play, structured and unstructured discussion, in-basket exercise, simulation, vestibule training, management games, case study, programmed instruction, team development, and sensitivity training; review of training programs. Use of information technology in Training.

## **UNIT IV**

## **Employee Wellness:**

Concept, philosophy, principles, scope and Importance; Relevance of wellness programs - with reference to Accidents, Absenteeism, Alcoholism, Domestic Violence: Preventive and remedial measures; Role of Welfare Officer as per the Factories Act, 1948. Employee Counseling: Role of Employee Counselor in Organizations.

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2	Business Today	Managing People: The Business Today, Experiential Guide to Managing Workforce 2000, January 7- 21, 1996.
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6	Jayagopal, R. 1990	Human Resource Development: Conceptual Analysis and Strategies, New Delhi: Sterling Publishers Pvt. Ltd.

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12	Rao, T. V. 1991	Reading in Human Resource Development, New Delhi: Oxford and IBH Publishing Co. Pvt. Ltd
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## **COURSE-VII: CASE STUDIES**

Every Candidate is expected to take up five cases, study them in depth and present the intervention, if any. Case refers to a unit of study – an individual, an institution, a community or an incident. The candidate has to work under the guidance of faculty member and submit the report on or before the date prescribed.

The university or the college concerned can develop guidelines for undertaking case studies. However, the students are encouraged to start his/her work on case studies from the beginning of the course.

Evaluation of the case study will be done along with the viva-voce examination by the viva-voce committee constituted for the assessment of Social Work practicum or similar committee may be constituted, if required.

## Pedagogy

- 1. Personalized guidance is provided by the faculty.
- 2. Research Methodology pertaining to the case study is strictly followed.
- Presentation has to be made with regard to the outcome of the case studies in front of all faculty members and corrections are to be incorporated wherever necessary.

#### OPEN ELECTIVE

## COURSE-VIII: Disaster Management

## INTRODUCTION

The course aims at introducing students to acquire the required knowledge and skills in disaster management.

## COURSE OUTCOMES

On successful completion of this course, each student will be able to:

- Understand key concepts, theories and approaches of disaster management with specific reference to Indian context.
- b. Develop skills to analyse factors contributing to disaster.
- c. Develop an understanding of the process of disaster management.
- d. Develop an understanding of the Social Worker's role in the team for disaster management.

## Pedagogy

- 1. Class room teaching.
- 2. Orientation visits to select NGOs which engage in the disaster management activities.
- 3. Special Lectures by field experts through the Social Work student forum.

## Course Content

## UNIT I

Disasters: Concept, types and impact - Famine, floods, cyclones, hurricanes, warfare, earthquake, volcanoes; traditional and modern disaster threats and care factor, classification of disasters; Disaster management - Definition and concept; approaches to disaster management, importance and relevance of disaster management in the present environmental scenario, cases studies of disaster management.

## UNIT II

Disaster and Social Work Intervention: Scope of disaster related intervention, intervention during disaster impact stage, trauma counseling and crisis intervention, post disaster management, damage assessment and long term rehabilitation and reconstruction, networking and co-ordination between government, NGOs, donor agencies, local bodies, police, military etc.

## UNIT III

Disaster Prevention and Preparedness: Vulnerability analysis, hazard mapping, community based disaster preparedness programmes, training for CBDP, preparedness for post-disaster emergency response and long term rehabilitation, organization and planning, logistics; resource utilization, specialized skills and training needs; public awareness and education; first-aid training, civil defense training.

## **UNIT IV**

Institutions and Instruments in Disaster Response: international decade for natural disaster reduction and UN resolutions, administration of relief in India - National, state, district and local levels; Disaster related legislations and policies; national and international donor agencies; NGOs, mental health institutions in disaster management and relief.

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"Crisis intervention after a Natural Disaster", Social Case Work, Vol. 54, No. 9, 545-551

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Disaster in Bangladesh: Health Crisis in a Developing Nation, New York, Oxford University Press.

"Disaster", Sills D (Ed.) International Encyclopedia of Social Science. Vol 4 USA: The MacMillan Company and the Free Press, 202-208.

Challenge and Response, Delhi: Rechna Publication.

"Train Crash: Social Work and Disaster Services" Social Work Vol.18, No.5, 38-44

"People in Crisis", Understanding and Helping, California: Addison Wesley Publishing Company.

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 Siporin, M 1966 "The Experience of Aiding the Victims of Hurricane "Betsy", Social Service Review, Vol. 10
 Wolfenstein, M 1977 Disaster: A Psychological Essay, New York: Arno Press

# OPEN ELECTIVE COURSE-IX: CORRECTIONAL ADMINISTRATION AND SERVICES

## INTRODUCTION:

This course introduces the basics of the administration of correctional institutions and the integrated services provided to persons in conflict with law so as to reintegrate them into the mainstream of society as law abiding citizens.

## COURSE OUTCOMES:

On successful completion of this course, each student will be able to:

- a. Acquaint with the correctional institution and non-institutional programmes.
- b. Understand the different services for juvenile, young and adult offenders and also to understand the legal provisions and procedures for their assistance.
- c. Understand the role of custodial staff in the process of correction and rehabilitation.
- d. Understand the structure, functions, treatment and facilities provided by the correctional institutions.

## Pedagogy

- 1. Class room teaching.
- 2. Visits to correctional institutions like observation homes, prisons.
- Participation in the conferences and seminars organized by the Universities and other professional bodies.
- e. Home Assignments/Class Assignments

## **UNIT I**

Introduction to correctional administration; Concept, objectives, Structure and functions of Correctional administration; History of Correctional Administration in India.

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Institutional care and protection for children and young offenders - Juvenile Justice (Care and Protection of Children) Act -2015)

Observation Home, Juvenile Home for Boys and Girls and their functions. District Shelter Homes for boys and girls and their structure and function.

## **UNIT II**

Prison: Historical development of prison system in India - Indian Prison Act The Prisons Act, 1894, *Karnataka Prison Manual 1978*. Prison administration, prison labor, prison discipline and prison education; Pre-release programmes, prisoners" welfare board; Open-air prison: organization and administration of Open-air Jails.

## UNIT III

Non-institutional systems: Nature, Concept and Objectives of non-institutional services; Probation and Parole - Historical development of probation system, principles and procedure; Probation of Offenders Act, 1958.

Parole-Historical development of parole-functions and powers of Parole Board, Conditions under the Prison Manual. provisions on Parole laid down in the Indian Penal Code; Pre-release preparation of the parolee.

## UNIT IV

After care services: Nature, Concept and objectives of after care services; Provision for assistance to released prisoners-Role of voluntary organization, corporate bodies and the state in the rehabilitation.

Prevention of Immoral Traffic Act, 1956 (Amendment Act 2006) Its objectives; State Home for Women (Sthrinikethana), Citizen committees, Police help-line.

Social Work intervention and Role of Social Worker in the prison administration and correctional services.

#### REFERENCES:

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4.	Sethna, M.J, 1964	Society and the Criminal, Bombay, Kitab Mahal	
5.	Sirohi, J.P.S, 1983	Criminology and Correctional Administration, Allahabad, Allahabad Law Agency	
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