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Physical fitness is first requirement for a healthy student it is the primary responsibility of any educational institution to provide ample opportunity for the students to improve their physical fitness by providing sufficient sports facilities proper playground are a sine que non the university of mysore is proud to have many large playgrounds capable of holding mega sports events these playground are well maintained by trained staff A separate fund has been allocated by the university for maintenance and upgrading of these playgrounds the playgrounds are also available to general public for a normal rent the number of events hosted on different university playgrounds during 2019-20 and 2020-21 are listed below.

Si no	Playground	Area (m2)	Number of Events Held					
			2019-20			2020-21		
		المساول	UOM	Other	Total	UOM	Other	Total
1.	Gymnasium Hall	1,350	82	09	91	20	03	23
2.	Oval ground (Athletic track)	25,000	35	20	55	08	01	09
3.	Cricket Ground (Maharaja's+Manasagangotri)	45,000	55	110	165	20	93	113
4.	Lions and Uni. Hall (oval Ground)	1,000	50	-	50	25	-	25
5.	Hockey Ground	7,000	25	13	38	05	-	05
6.	Football Ground	8,000	18	13	31	08	1 -0" - 11 · ·	08
7.	Badminton (Shuttle) (3 courts)	900	80	05	85	32		32
8.	Gymnastics	1,350	10	05	15	03	-	03
9.	Table Tennis	225	20	-	20	12	-	12
10.	Multi Gym	200	100	-	100	25	-	25
11.	Basketball(3 courts)	1,350	22	02	24	06	01	07
12.	Volleyball(2 courts)	1,200	26	07	33	07	01	08
13.	Handball	600	28		28	06	01	07
14.	Kabaddi (2 courts)	600	32	03	35	09	01	10
15.	Kho Kho (2 courts)	1,900	42	01	43	12	01	13
16.	Throw ball	850	10	01	11	06	01	07
17.	Tennikort	300	10	01	11	06	01	07
18.	Tennis (4 courts)	4,000	16	-	16	06	-	06

ತಿರ್ದೇಶಕರು ದೈಹಿಕ ಶಿಕ್ಷಣ ವಿಭಾಗ ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ಮೈಸೂರು-570005