

## UGC - Human Resource Development Centre

**Prof. S.J. Manjunath, B.E., M.B.A., Ph.D.**

Director

No. : HRDC / \_\_\_\_\_

Ref. :

Manasagangothri  
Mysuru - 570 006.  
Karnataka, INDIA

### Report of the 123rd Orientation Programme

The 123<sup>rd</sup> Orientation Programme was conducted by the UGC-Human Resource Development Centre, University of Mysore from 18-12-2019 to 07-01-2020. The Course Co-ordinator was Dr. L. Nanjundaswamy, Assistant Professor, UGC- Human Resource Development Centre, University of Mysore, Mysore. A total of 40 participants attended the Orientation Programme.

The three weeks Orientation Programme was started with the registration on 18.12.2019 at 10.AM followed by instructions to Teacher-Participants. The lecture session commenced in the Afternoon with Prof. Ashok Rao, Former Head, Networks Project, Mysore delivered the lecture on "Preparation of Research Project Proposal and Sponsoring Agencies". On the second day, first and second session, Prof. K. Anantha Ramu, Former Professor of Kannada, University of Mysore, Mysore addressed on the lecture "Teacher as a Planner" and "Qualities of an Effective Teacher". third and fourth session was engaged by Prof. G. Rajagopal, Former Professor, Department of ESL Studies, The English and Foreign Language University, Hyderabad on "Communication Skills". On the third day, first and second session, Prof. A.G. Devi Prasad, Department of Studies in Environmental Science, University of Mysore, Mysore spoke on "Impact of Environmental pollution and Human Health". On the third day, third and fourth session, Sri Manjunathaswamy, Videographer, Mysore recorded the presentations of teacher participants". On the fourth day, morning session, Prof. D.S. Guru, Department of Studies in Computer Science, University of Mysore, Mysore delivered lecture on "Significance and Documentation of Research". On third session, Dr. C.P. Ramasesh, Former Librarian, University Library, University of Mysore, Mysore gave lecture on "Electronic Information Sources for Teaching and Research". On the fifth day, Sri Prakash Yogi Guruji, Patanjali Yogashrama Trust, Bangalore delivered the lecture on "Personality Development". Afternoon, Dr. P.R. Vishwanatha Shetty, President,

Patanjali Yogashrama Trust, K.R. Nagara demonstrated on "Yoga, Meditation and Stress Management". On the sixth day, morning session, Prof. H.M. Rajashekara, Former Professor of Political Science, University of Mysore, Mysore discussed on the topic "National Integration" and "Secularism". Afternoon, Prof. K.S. Suresh, Chief Executive, JSS Law College, Kuvempunagar, Mysore spoke on "Indian Constitution".

On the second week, first day, morning session, Prof. N.S. Taranath, Former Professor of Kannada, University of Mysore, Mysore spoke on "Nature of Research" and "Indian Tradition : Two Great Epics". Afternoon, Prof. TBBSV Ramanaiah, Former Professor of Social Work, University of Mysore, Mysore discussed on "Mental Health".

On second day, Prof. D. Anand, B.N. Bahaddur Institute of Management Science, University of Mysore, Mysore delivered lectures on "Team Building" and "Leadership" in the morning session, while, Swami Shantivratandaji, Ramakrishna Institute of Moral and Spiritual Education, Mysore spoke on "Philosophy of Education" and "Mind Management" in the afternoon session. On third day, first session Dr. C.P. Ramasesh, gave information on "Plagiarism", second session, Prof. M. Indira, Department of Studies in Economics and Cooperation, University of Mysore, Mysore spoke on "Sustainable Development". Dr. Lancy D'Souza, Associate Professor, Department of Psychology, Maharaja's College, University of Mysore, Mysore delivered lecture on "Research Methodology" and "Class Room Management" in the afternoon. On fourth day, Sri K. Srinivas, Former Consultant, Administrative Training Institute, Mysore discussed on "Karnataka Civil Service Rules (KCSR)". In third session, Prof. Mahesh B, B.N. Bahaddur Institute of Management Science, University of Mysore, Mysore interacted on "Multi-Disciplinary Approach to Teaching". On fifth day, first and second session, Prof. Ashok Rao, gave information on "Evaluation of Research Project Proposal". Prof. H. Muddumalles, Former Professor of Education, Mysore discussed on "Micro-Teaching Evaluation" in the afternoon session, and continued the same on next day afternoon. On Sixth day, first and second session, Dr. B.S. Harish, Associate Professor, Department of Information Science and Engineering, JSS Science and Technology University, Mysore discussed on "Information Technology for Teaching and Research".

On the third week, first day, first and second session, Prof. B. Mahadevappa, Department of Commerce, P.G.Centre, University of Mysore, Hemagangotri, Hassan delivered lecture on "Quality Assurance". Sri Ramachandra Swamy, Former Finance Officer, Vishveshvariah Technological University, Mysore discussed on the topics "Finance Management" and "Conduct Rules" in the afternoon. On second day, first session, Dr. V. Shakunthala, Associate Professor, Department of Studies in Zoology, University of Mysore, Mysore spoke on "Life Style and Health". Prof. N.S. Taranath, moderated the "Participants Seminar-1". Prof. M. Mahesh, Department of Studies in Economics, University of Mysore, Mysore served as evaluator for "Participants Seminar-2" and "Participants Seminar-3". On third day, first session Prof. K.N. Amruthesh, Department of Studies in Botany, University of Mysore, Mysore spoke on "Biodiversity and Global Warming" and served as moderator for "Participants Seminar-5" in the fourth session. In second session, Dr. L. Nanjundaswamy, Assistant Professor, UGC- Human Resource Development Centre, University of Mysore, Mysore moderated "Participants Seminar-4". Afternoon, Prof. Ramesh, Department of Studies in Law, University of Mysore, Mysore spoke on "Socio-Legal Study of Single Women". On fourth day first session Dr. L. Nanjundaswamy, discussed on "CAS and UGC Regulations" followed by moderating the and "Participants Seminar-6". Dr. Maruthi T.R, Associate Professor, Department of Studies in Law, University of Mysore, Mysore moderated the "Participants Seminar-7". On fifth day, first session and third session, Prof. Rajaram Tolpady, Director, Nehru Study Centre, Mangalore University, Mangalore discussed on "Democracy and Its Challenges" and "The Crisis of Secularism in India". Dr. K.C. Suresha, Department of Political Science, Tumkur University, Tumkur spoke on "Abrogation of Article 370" and "Citizenship Amendment Act : An Understanding" in the second and fourth session. On the last day, morning session, Sri P.B. Prabhu, Former Assistant Finance Officer, University of Mysore, Mysore discussed on "CCA Rules".

As a part of this Orientation Programme, in the afternoon session, the Multiple Choice Objective test was conducted, feedback was taken from the participants, and also distributed the TA/DA, Reading material in the form of DVD and Relief Letters to the teacher participants.

In support to this report , the following Documents are attached.

1. Resource Persons' List
2. Teacher Participants' List
3. Time Table
4. Seminar Schedule

  
(Prof. S.J. Manjunath)  
Director

**DIRECTOR**  
UGC-Human Resource Development Centre  
University of Mysore  
Manasagangotri, Mysuru-570006



**Recommendations of Committee for allotment of programmes to UGC-HRDCs for the year 2019-2020**

Minutes of the meeting of Expert Committee to scrutinize and allot the programme for 2019-2020 in respect of 66 Human Resource Development Centres (HRDCs) on 18.04.2019

Venue: UGC Main office  
Date and time: 18.04.2019 at 10.30 A.M.

**Members**

Prof. A.C. Pandey Director Inter-University Accelerator Centre (IUAC) New Delhi	Chairperson
Prof. S.K. Singh Vice-Chancellor L.N. Mithila University, Darbhanga	Member
Prof. IndraVardhanTrivedi Former Vice Chancellor, MohanlalSukhadia University Udaipur	Member
Prof. P. Duraisamy Vice-Chancellor, University of Madras, Chennai	Member
Dr. (Mrs.) Arachna Thakur Joint Secretary, UGC Bureau Head, HRDC	

*Prof. S.K. Singh could not make it convenient to attend. Prof. P. Duraisamy was contacted over phone but participated in discussions for allotment of Ops and RCs, the minutes shall be signed by him electronically.*

The committee scrutinized the proposals of programmes received from 66 HRDCs to be conducted during the year 2019-2020

***Resolved to recommend the programmes to be conducted by the HRDCs as enclosed in the list.***

**Prof. A.C. Pandey   Prof. S.K. Singh   Prof. Indra VardhanTrivedi   Prof. P. Duraisamy   Dr. (Mrs.) Arachana Thakur**

**Recommendations of Committee for allotment of programmes to UGC-HRDCs for the year 2019-2020**

S.No	Name of HRDCs	Programmes proposed by HRDCs	Programmes recommended by the Committee
14	University of Mysore	<p><b><u>Orientation Programmes (3 – Weeks)</u></b></p> <ol style="list-style-type: none"> <li>121<sup>st</sup> Orientation Programme</li> <li>122<sup>nd</sup> Orientation Programme</li> <li>123<sup>rd</sup> Orientation Programme</li> <li>124<sup>th</sup> Orientation Programme</li> <li>125<sup>th</sup> Orientation Programme</li> <li>126<sup>th</sup> Orientation Programme</li> </ol> <p><b><u>B.(i). Refresher Courses (2-Weeks)</u></b></p> <ol style="list-style-type: none"> <li>Commerce</li> <li>Economics</li> <li>English</li> <li>History</li> <li>Kannada</li> <li>Library and Information Science</li> <li>Physical Education</li> <li>Political Science</li> </ol> <p><b><u>B.(ii). Inter Disciplinary Refresher Courses (2- Weeks)</u></b></p> <ol style="list-style-type: none"> <li>Mathematical Science</li> <li>Human Rights</li> <li>Material Science</li> <li>Life Science</li> <li>Indian Literature</li> <li>Teacher Educator</li> </ol> <p><b><u>C.Short Term Courses</u></b></p> <ol style="list-style-type: none"> <li>1 – Week STC on ‘Gender Sensitization’</li> <li>1-Week STC on ‘Disaster Management’</li> <li>1-Day Principal’s Meet</li> <li>2-Day Workshop for Academic Administrator</li> <li>2-Day Workshop on MOOCs, Online Courses and OER</li> <li>3-Day Workshop for Administrative Staff</li> </ol>	<p><b><u>A.Orientation Courses-04</u></b></p> <p><b><u>B(i)- Refresher Courses</u></b></p> <ul style="list-style-type: none"> <li>Commerce</li> <li>Economics</li> <li>English</li> <li>History</li> <li>Kannada</li> <li>Library and Information Science</li> <li>Physical Education</li> <li>Political Science</li> </ul> <p><b><u>B(ii)- Inter Disciplinary Refresher Courses</u></b></p> <ul style="list-style-type: none"> <li>Mathematical Science</li> <li>Human Rights</li> <li>Material Science</li> <li>Life Science</li> <li>Indian Literature</li> <li>Teacher Educator</li> </ul> <p><b><u>C - Short Term Courses</u></b></p> <ul style="list-style-type: none"> <li>1 – Week STC on ‘Gender Sensitization’</li> <li>1-Week STC on ‘Disaster Management’</li> <li>1-Day Principal’s Meet</li> <li>2-Day Workshop for Academic Administrator</li> <li>2-Day Workshop on MOOCs, Online Courses and OER</li> <li>3-Day Workshop for Administrative Staff</li> </ul>

**Address List of Resource Persons of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

S.N	Name & Address of the Resource Persons	Contact No. & E-mail	Photo
1.	<b>Prof. Midatala Rani</b> Director, UGC-Human Resource Development Centre. University of Mysore, Manasagangothri, Mysore-6.	Off : 0821-2419319 Res : Cell : 94801 69381 Email : mallirani@yahoo.co.in	
2.	<b>Prof. K. Anantha Ramu</b> Former Professor of Kannada, University of Mysore, Mysuru. # 273, Divya Deepa, 7th Cross, 3rd Stage, Gokulam, Mysuru-570017.	Off : Res : Cell : Email :	
3.	<b>Prof. G. Rajagopal</b> Former Professor, Dept. of ESL Studies The English and Foreign Language University, Hyderabad-500007. No. 716, Ground Floor, Prashanth Nagar, Bogadi 2 <sup>nd</sup> Stage, Mysore.	Off : Res : 0821-2598666 Cell : 95731 88218 Email : drgrajagopal@gmail.com	
4.	<b>Dr. Devi Prasad A.G.</b> Professor, DOS in Environmental Science, University of Mysore, Manasagangothri, Mysore-6.	Off : 0821-2419629 Res : Cell : 94480 33391 Email : agdprasad@yahoo.com	
5.	<b>Prof. D.S. Guru</b> Professor, DOS in Computer Science, University of Mysore, Manasagangothri, Mysore-570006.	Off : 0821-2419557 Res : Cell : 94484 33964 Email : dsguruji@yahoo.com	
6.	<b>Prakash Yogi Guruji</b> Patanjali Yogashrama Trust, # 538, 4 <sup>th</sup> Cross, 8 <sup>th</sup> Main, Hampinagar, Vijayanagar 2 <sup>nd</sup> Stage, Bangalore-560104.	Off : Res : Cell : 98809 15943 Email : prakashyogiguruji@gmail.com	
7.	<b>Dr. P.R. Vishwanatha Shetty</b> President, Sri Pathanjali Yogashrama Trust, K.R. Nagara, Mysuru Dist.	Off : Res : Cell : 94482 59898 Email :	
8.	<b>Sri Manjunath Swamy</b> # 905/128, 4 <sup>th</sup> Main, 3 <sup>rd</sup> Cross, Vidyaranyaपुरa, Mysuru-570008.	Off : Res : Cell : 99648 98076 Email : rgvideoandphotovision@gmail.com	



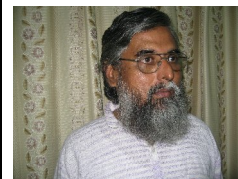



**Address List of Resource Persons of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

S.N	Name & Address of the Resource Persons	Contact No. & E-mail	Photo
-2-			
9.	<b>Prof. H.M. Rajashekara</b> Former Professor of Political Science, University of Mysore, Mysore. # 630-H, 6 <sup>th</sup> Cross, Anikethana Road , (North) Kuvempunagar, Mysore-570023.	Off : Res : 0821-2544134 Cell : 98455 05134 Email : hmrajashekara@yahoo.co.in	
10.	<b>Prof. K.S. Suresh</b> Chief Executive, J.S.S. Law College (Autonomous), Kuvempunagar, Mysore-570023.	Off : 0821-2548244 Res : Cell : 96866 77266 Email : suresh@jsslcollege.in	
11.	<b>Prof. N.S. Taranath</b> Former Professor of Kannada, University of Mysore, Mysore. # 19, Ramaleela, 1 <sup>st</sup> Cross, 2 <sup>nd</sup> Stage, Gangotri Layout, Mysuru-570009.	Off : Res : 0821-2344716 Cell : Email :	
12.	<b>Prof. TBBSV Ramanaiah</b> Former Professor of Social Work, University of Mysore, Mysore. # 5005, 6 <sup>th</sup> Main, 2 <sup>nd</sup> Cross, Vijayanagara 2 <sup>nd</sup> Stage, Mysore-17.	Off : 0821-2419808 Res : Cell : 98452 98626 Email : sharath_567@yahoo.com	
13.	<b>Prof. D. Anand</b> Professor, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangothri, Mysore.	Off : 0821-2419753 Res : Cell : 98451 30340 Email : danmysore@gmail.com	
14.	<b>Dr. Swami Shantivratana</b> Ramakrishna Institute of Moral and Spiritual Education, K.R.S. Road, Yadavagiri, Mysuru.	Off : Res : Cell : 7892887162 Email : shantivratana@gmail.com	
15.	<b>Dr. C.P. Ramasesh</b> Former Librarian, University Library, University of Mysore, Mysore. # 1212, Ashoka Circle, Kantharaj Urs Road, Chamarajapura, Mysuru.	Off : Res : Cell : 9731343004 Email : cpramasesh@gmail.com	
16.	<b>Prof. M. Indira</b> Professor of Economics, Dept. of Studies in Economics and Cooperation, University of Mysore, Manasagangothri, Mysore.	Off : 0821-2419533 Res : 0821-2361894 Cell : 94480 76001 Email : mahindira@yahoo.com	

.... (3)

**Address List of Resource Persons of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

S.N	Name & Address of the Resource Persons	Contact No. & E-mail	Photo
17.	<b>Dr. Lancy D'Souza</b> Associate Professor, Dept. of Psychology, Maharaja's College, Mysore-570005.	Off : Res : Cell : 99863 32616 Email : lancyd@ymail.com	
18.	<b>Sri K. Srinivas</b> Former Consultant, Administrative Training Institute, No. 22/B, Opp. To Mahadeva Shenoy Choultry, Maharshri School Road, Vishweshwaranagar, Mysore.	Off : Res : Cell : 99023 53779 Email : krishnaswamy.srinivasa@gmail.com	
19.	<b>Dr. R. Mahesh</b> Professor, B.N. Bahadur Institute of Management Science, University of Mysore, Manasagangotri, Mysuru-570006.	Off : Res : Cell : 98866 39536 Email : mahesh@bims.uni-mysore.ac.in	
20.	<b>Prof. Ashok Rao</b> Former Head, Networks Project, IISC, Bengaluru. # 165, 11 <sup>th</sup> Main, Saraswathipuram, Mysore-570009.	Off : Res : Cell : 89712 10202 Email : ashokrao.mys@gmail.com	
21.	<b>Dr. B.S. Harish</b> Associate Professor, Dept. of Information Science & Engineering, J.S.S. Science & Technology University (formerly SJCE), Mysuru-570006.	Off : Res : Cell : 98867 79078 Email : bsharish@sjce.ac.in	
22.	<b>Prof. H. Muddumallesh</b> Former Professor of Education. # 788/116, 12 <sup>th</sup> Cross, Ramanuja Road, Mysuru.	Off : Res : Cell : Email :	
23.	<b>Prof. B. Mahadevappa</b> Dept. of Commerce, University of Mysore P.G. Centre, Hemagangotri, Hassan.	Off : 0821-2419392 Res : Cell : 94491 31248 Email : bmahadevappa@gmail.com	
24.	<b>Sri Ramachandra Swamy</b> Former Finance Officer, Visvesvaraiiah Technological University, No. 278, 5 <sup>th</sup> Main, Jayanagara, Mysore-570004.	Off : Res : Cell : 94492 64416 Email : rcshomma@gmail.com	


**Address List of Resource Persons of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

S.N	Name & Address of the Resource Persons	Contact No. & E-mail	Photo
-4-			
25.	<b>Dr. V. Shakunthala</b> Associate Professor Dept. of Studies in Zoology, University of Mysore, Manasagangotri, Mysore.	Off : 0821-2419782 Res : Cell : 94836 70892 Email : vshaku@yahoo.com	
26.	<b>Dr. Mahesha M.</b> Professor, Dept. of Studies in Economics, University of Mysore, Manasagangotri, Mysore.	Off : 0821-2419340 Res : Cell : 94804 38399 Email : mahesh-eco_5800@yahoo.co.in maheshgundegal@gmail.com	
27.	<b>Dr. Ramesh</b> Professor, Dept. of Studies in Law, University of Mysore, Manasagangotri, Mysuru-570006.	Off : Res : Cell : 94488 01121 Email : drramesh53@rediffmail.com	
28.	<b>Prof. K.N. Amruthesh</b> Professor & IQAC Co-ordinator Dept. of Studies in Botany University of Mysore, Manasagangotri Mysuru-570006, Karnataka.	Off : 0821-2419760 Res : Cell : 9448603119 Email : dr.knamruthesh@gmail.com	
29.	<b>Dr. Maruthi T.R.</b> Associate Professor, Dept. of Studies in Law, University of Mysore, Manasagangotri, Mysuru-570006.	Off : Res : Cell : 99861 91962 Email : maruthi_smg@yahoo.co.in	
30.	<b>Prof. Rajaram Tolpady</b> Director, Nehru Study Centre, Mangalore University, Mangalagangotri, Mangalore-574199.	Off : 0824-2287364 Res : Cell : 89714 82187 Email : rtolpadi@gmail.com rtolpadi@rediffmail.com	
31.	<b>Dr. K.C. Suresh</b> Dept. of Political Science, Tumkur University, Tumkur.	Off : Res : Cell : 9448713919 Email : sureshasing@gmail.com	
32.	<b>Sri P.B. Prabhu</b> Former Assistant Finance Officer, University of Mysore, Mysore. # 865, 2 <sup>nd</sup> Stage, Kuvempunagar, Mysuru-570023.	Off : Res : Cell : 81054 67784 Email :	

**Address List of Resource Persons of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

<b>S.N</b>	<b>Name &amp; Address of the Resource Persons</b>	<b>Contact No. &amp; E-mail</b>	<b>Photo</b>
------------	---	---------------------------------	--------------

-5-

33.	<b>Dr. L. Nanjundaswamy</b> Co-ordinator & Assistant Professor, UGC-Human Resource Development Centre, University of Mysore, Manasagangothri, Mysore-570006.	Off : 0821-2419319 Res : Cell : 94498 82066 Email : nanjundiasc@yahoo.co.in	
-----	--	--	---

**Address List of Teacher Participants of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

Sl. No.	Name & Address of the Participant	Contact No. & E-mail	Photo
1.	<b>Anoop H.</b> Asst. Prof. of Sociology, Govt. First Grade College, Kuvempunagara, Mysuru-570023.	Off : 94816 43446 Res : 81518 42898 Cell : 87468 27475 Email : anoop6hosmath@gmail.com	
2.	<b>Archana</b> Asst. Prof. of Social Work. Govt. First Grade College, Bellare-574212. Dakshina Kannada Dist.	Off : 08257271234 Res : Cell : 89048 09749 Email : archanamulky@gmail.com	
3.	<b>Aruna Kumari</b> Asst. Prof. of Social Work, Dr. P. Dayananda Pai -P. Satish Pai Govt. First Grade College, Car Street, Mangalore-575001.	Off : 0824-2494109 Res : 0824-2452133 Cell : 94824 89705 Email : arunsw@gmail.com	
4.	<b>Bhoomi Gowda</b> Asst. Prof. of Commerce, Govt. First Grade College, Kerur-587206. Bagalkot Dist.	Off : Res : Cell : 98802 75749 Email : bgowda111@gmail.com	
5.	<b>Chayadevi Kamala V.</b> Asst. Prof. of Commerce, Govt. First Grade College, Tumkur-572102.	Off : Res : 99029 20502 Cell : 72593 77228 Email : chayadevikamala.v@gmail.com	
6.	<b>Dr. Chidananda N.K.</b> Asst. Prof. of Education, SVK National College of Education, NES Campus, Shimoga-577201.	Off : 08182 223407 Res : 94802 72873 Cell : 88670 02122 Email : chidanandank@gmail.com	
7.	<b>Dr. Girish Kumar M.</b> Asst. Prof. of Commerce, Bhandari and Rathi College, Guledagudda-587203. Bagalkot Dist.	Off : 08357250284 Res : 98454 91758 Cell : 97318 64722 Email : girish.kumar.mnp@gmail.com	
8.	<b>Dr. Gurusiddayya S. Swami</b> Asst. Prof. of Kannada, C.B.K. Basaveshwar Science, Raja Vijaysingh Commerce & Raja Jaysingh Arts College, Akkalkot-413216. Solapur Dist. Maharashtra.	Off : 02181220227 Res : 72496 45631 Cell : 91755 47259 Email : gurusiddayya.s@gmail.com	
9.	<b>Harish S.N.</b> Librarian, A.N. Varadarajulu First Grade College, Gorur-573120. Hassan Dist.	Off : 08172225454 Res : Cell : 88924 21223 Email : harish.snp@gmail.com	

**Address List of Teacher Participants of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

-2-

Sl. No.	Name & Address of the Participant	Contact No. & E-mail	Photo
10.	<b>Dr. Jayarevantha M.V.</b> Asst. Prof. of Sanskrit Language and Literature, Karnataka Samskrit University, Chamarajapet, Bengaluru-560018.	Off : 08026701303 Res : Cell : 99720 05782 Email : revannanrh@gmail.com	
11.	<b>Kavyashree Naik</b> Asst. Prof. of Economics, Govt. First Grade College, Honnavar-581334 Uttara Kannada Dist.	Off : 08387220090 Res : 94827 75983 Cell : 89717 17532 Email : kavyamanmane@gmail.com	
12.	<b>Kumara N.J.</b> Asst. Prof. of Law, Vidyavardhaka Law College, Sheshadri Iyer Road, Mysuru-570001.	Off : 0821-2426220 Res : 0821-2474822 Cell : 99807 45297 Email : ramkumara999@gmail.com	
13.	<b>Latha L.C.</b> Asst. Prof. of Kannada, Govt. First Grade College, Thirthahalli-577432. Shimoga Dist.	Off : 08181298121 Res : 94837 09066 Cell : 81056 15780 Email : lathalc1714@gmail.com	
14.	<b>Lavanya P.G.</b> Asst. Prof. of Computer Science, Govt. College (Autonomous), Mandya-571401.	Off : Res : 08212471333 Cell : 94480 06546 Email : lavanyapg@gmail.com	
15.	<b>Dr. B. Mahalingam</b> Asst. Prof. of Geography, School of Earth Sciences, Central University of Karnataka, Kalaburagi-585367.	Off : Res : 90030 12390 Cell : 96118 82322 Email : mahabose@gmail.com	
16.	<b>Dr. Mamata Kyatannanavar</b> Asst. Prof. of Law, Vidyodaya Law College, B.H. Road, Tumakuru-572102.	Off : 08162278243 Res : 99869 91511 Cell : 98863 11511 Email : s.kmamata@yahoo.com	
17.	<b>Meenakshi Rao</b> Asst. Prof. of Management, Govt. First Grade College, Siddarthanagara, Mysuru-570011.	Off : 08212478899 Res : 08212303093 Cell : 88614 95160 Email : meenakshirao14@gmail.com	
18.	<b>Nagendra C.</b> Asst. Prof. of History, Govt. First Grade College, Kuderu-571316. Chamarajanagara Dist.	Off : 08226234198 Res : Cell : 99803 04262 Email : nagushihani@gmail.com	





**Address List of Teacher Participants of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

-3-

Sl. No.	Name & Address of the Participant	Contact No. & E-mail	Photo
19.	<b>Dr. Nagendra Swamy R.B.</b> Asst. Prof. of Geography, Bhandari and Rathi College, Guledagudda-587203. Bagalkot Dist.	Off : 08357250284 Res : 90369 07729 Cell : 91646 67729 Email : rbnagendraswamy@gmail.com	
20.	<b>Dr. Nataraju S.</b> Asst. Prof. of Law, J.S.S. Law College, Kuvempunagara, Mysuru-570023.	Off : 08212548244 Res : 94485 95870 Cell : 90609 96699 Email : snataraju.jsslc@gmail.com	
21.	<b>Dr. C.B. Naveen Chandra</b> Asst. Prof. of Law, Vaikunta Baliga College of Law, Kunjibettu-576102. Udupi.	Off : 0820 2520373 Res : Cell : 96869 56313 Email : cbnaveenchandra@gmail.com	
22.	<b>Niveditha M.V.</b> Asst. Prof. of Commerce, DSBG Govt. First Grade College, Mudigere-577132. Chikamagalur Dist.	Off : 08263220283 Res : Cell : 94822 49171 Email : nivaditha.gowda88@gmail.com	
23.	<b>Niveditha N.</b> Asst. Prof. of Commerce, Govt. First Grade College, Kalasa-577124. Chikamagalur Dist.	Off : 08263275040 Res : 94815 03268 Cell : 94812 17683 Email : nivi.sanvil@gmail.com	
24.	<b>Paramesha M.C.</b> Asst. Prof. of English, Govt. First Grade College, Raibag-591317. Belagavi Dist.	Off : 08331224563 Res : Cell : 97388 13244 Email : parameshmalavalli14@gmail.com	
25.	<b>Dr. Prabhu Swamy S.</b> Asst. Prof. of Manuscriptology, Karnataka Samskrit University, Chamarajapet, Bengaluru-560018.	Off : 08026701303 Res : Cell : 94820 75373 Email : prabhuss6779@gmail.com	
26.	<b>Dr. Prakruthi A.R.</b> Asst. Prof. of Law, Vidyavardhaka Law College, Mysuru-570001.	Off : 08212426220 Res : 08212474822 Cell : 80738 33893 Email : prakruthi.ar@gmail.com	
27.	<b>Raghavendra</b> Asst. Prof. of Economics, Govt. First Grade College, Channapatna-562160. Ramanagara Dist.	Off : Res : Cell : 96116 51746 Email : raghuocr85@gmail.com	

**Address List of Teacher Participants of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**





-4-

Sl. No.	Name & Address of the Participant	Contact No. & E-mail	Photo
28.	<b>Raja Gopal</b> Asst. Prof. of History, Govt. First Grade College, Periyapatna-571107. Mysuru Dist.	Off : 94485 04895 Res : Cell : 97317 59381 Email : rajagopalraj2014@gmail.com	
29.	<b>Rangaswamy L.C.</b> Asst. Prof. of Economics, Govt. College (Autonomous), Mandya-571401.	Off : Res : Cell : 99021 47532 Email : lcr.lakshmisagara@gmail.com	
30.	<b>Dr. Rizwana Begum</b> Asst. Prof. of Management, Govt. First Grade College, Koppa-577126. Chikmagalur Dist.	Off : 08265221005 Res : Cell : 81058 68424 Email : rizwanabegum374@gmail.com	
31.	<b>Dr. Roopa K.</b> Asst. Prof. of Economics, Canara College, Mangalore-575003.	Off : 0824-2492366 Res : 08255-232937 Cell : 99641 58314 Email : roopa.kripa314@gmail.com	
32.	<b>Shivaraju S.</b> Asst. Prof. of Commerce, Govt. First Grade College, Rampur-587207. Bagalkot Dist.	Off : Res : 98809 90429 Cell : 90353 70363 Email : shivarajutnp@gmail.com	
33.	<b>Sowmya H.</b> Asst. Prof. of Social Work, Govt. First Grade College, Vittal-574243. Dakshina Kannada Dist.	Off : 08255239827 Res : Cell : 97315 30540 Email : sowmyaniranjana540@gmail.com	
34.	<b>Sunil Kumar M.L.</b> Asst. Prof. of Education, Shankara Gowda College of Education, Mandya-571401.	Off : 08232220809 Res : Cell : 94494 23915 Email : sunilkumarm190@gmail.com	
35.	<b>Taranath Narayan Harikantra</b> Physical Education Instructor, Shivaji Arts and Commerce College, Baad, Karwar.	Off : 08382225241 Res : 76249 52454 Cell : 90084 47294 Email : taranathharikantra45@gmail.com	
36.	<b>Thejaswini M.S.</b> Asst. Prof. of Economics, Govt. First Grade College, Sringeri-577139. Chikmagalur Dist.	Off : 08265-250180 Res : 94485 93330 Cell : 91485 30331 Email : thejaswinieconomics@gmail.com	



**Address List of Teacher Participants of the 123<sup>rd</sup> Orientation Programme  
(18.12.2019 to 07.01.2020)**

-5-

Sl. No.	Name & Address of the Participant	Contact No. & E-mail	Photo
37.	<b>Basavaraj C. Timmenahalli</b> Asst. Prof. of Kannada, Priyadarshini First Grade College, Rattihalli-581116. Haveri Dist.	Off : 98441 22052 Res : 99801 77917 Cell : 99801 77917 Email : bctimmenahalli@gmail.com	
38.	<b>Umsha B.M.</b> Asst. Prof. of English, Govt. First Grade College, K.R. Pet-571426. Mandya Dist.	Off : 08230262322 Res : Cell : 99015 08475 Email : umeshabm5018@gmail.com	
39.	<b>Usha R.G.</b> Asst. Prof. of Education, The Institute of Education Onkarmal Somani College of Education, Kuvempunagara, Mysuru-570009.	Off : 08212543337 Res : 95917 89506 Cell : 98454 63807 Email : ushaprada@gmail.com	
40.	<b>Dr. N. Vani Shree</b> Asst. Prof. of Law, J.S.S. Law College, Kuvempunagara, Mysuru-570023.	Off : 08212558244 Res : 97392 18023 Cell : 76250 99066 Email : vanishreejsslc@gmail.com	

**123<sup>rd</sup> ORIENTATION PROGRAMME  
FROM 18.11.2019 TO 07.01.2020**

**SEMINAR SCHEDULE**

Sl. No.	Name of the Participants	Title of the Seminar Topic	Date & Time
1.	Dr. Gurusiddayya	Equality in Vachana Sahitya	02.01.2020  11.45 To 01.15
2.	Dr. Jayarevanna M.V.	ಭಾರತೀಯ ಸಂಸ್ಕೃತಿಯಲ್ಲಿ ಯೋಗದ ಮಹತ್ವ	
3.	Latha L.C.	ಕಲ್ಪ ಕವಿತೆಯಲ್ಲಿ ಬಡತನದ ಸ್ವರೂಪ	
4.	Paramesha M.C.	Advantages of Multilingualism	
5.	Dr. Prabhuswamy S.	ಯುವಶಕ್ತಿ ಹಾಗೂ ರಾಷ್ಟ್ರೀಯತೆಯಲ್ಲಿ ಸಂಸ್ಕೃತ ಸಾಹಿತ್ಯದ ಮಹತ್ವ	
6.	Timmenahalli B.C.	ಸರ್ವಜ್ಞನ ವಚನಗಳಲ್ಲಿ ಮಹಿಳಾ ಸಂವೇದನೆ	

1.	Aruna Kumari	Obstacles of Women Empowerment	02.01.2020  02.00 To 03.30
2.	Kavyashree N. Naik	Role of Microfinance in Empowering Rural Women	
3.	Dr. Mahalingam B.	Process of Urbanization & Its Impact on other Land Uses	
4.	Nagendra C.	Women Empowerment in India	
5.	Niveditha N.	Unemployment in India – Causes and Remedies	
6.	Raghavendra	Problems of Urbanization in India	

1.	Raja Gopal	Providing Urban Amenities to Rural Areas in Rural Development	02.01.2020  03.45 To 05.15
2.	Rangaswamy L.C.	Sustainable Development through PRI's	
3.	Shivaraju S.	Unemployment & New Employment Opportunities in India	
4.	Thejaswini M.S.	Impact of Poverty on Economic Growth in India	
5.	Umesha B.M.	Poverty in India : Causes and Eradication	
6.	Usha R.G.	Impact of Modernization on Education	

1.	Bhoomi Gowda	Impact of Globalization on Higher Education	03.01.2020  11.45 To 01.15
2.	Dr. Chidananda N.K.	Importance of Theatre Elements for Effective Teaching	
3.	Lavanya P.G.	Role of ICT in Sustainable Development	
4.	Meenakshi Rao	Role of Value Based Education in Society	
5.	Dr. Rizwana Begum	Globalizations : Challenges in Higher Education	

1.	Anoop H.	Population Boon or Bane	03.01.2020  03.45 To 05.15
2.	Harish S.N.	Best Practices in LIS's in Rural Library	
3.	Kumara N.J.	Conservation of Biodiversity : Issues and Challenges	
4.	Dr. Nagendra Swamy R.B.	Water Pollution	
5.	Taranath M. Harikanta	Pivotal Role of Physical Education and Sports in National Integration	
6.	Dr. N. Vani Shree	Conservation and Preservation of Wildlife : Environmental Law	

1.	Archana	Social Change amongst the SCs and STs in Dakshina Kannada	04.01.2020  11.45 To 01.15
2.	Dr. Girish Kumar M.	Business Strategies for Sustainable Development	
3.	Dr. Roopa K.	Role of Students in Social Awareness Activities and in Making Education Holistic	
4.	Sowmya H.	Health Problems of Adolescents	
5.	Sunil Kumar M.L.	Developing Values Among Students	

1.	Chayadevi Kamala V.	Protection of Women's Rights, Right from the womb to the Lifetime – an overview	04.01.2020  02.00 To 03.30
2.	Dr. Mamata K.	The Highlight of Consumer Protection Act : 2019	
3.	Dr. Nataraju S.	The Significance of Pubic Interest Litigation in India	
4.	Dr. Naveen Chandra C.B.	Rights of Child	
5.	Niveditha M.V.	Indiscipline at Workplace: Causes and Preventive Measures	
6.	Dr. Prakruthi A.R.	Status and Problems of Working Women in India – Sexual Harassment at Workplace	



**UNIVERSITY OF MYSORE**

UGC –HUMAN RESOURCE DEVELOPMENT CENTRE, MANASAGANGOTRI, MYSORE-570 006

**123<sup>rd</sup> ORIENTATION PROGRAMME – TIME TABLE FOR 1<sup>ST</sup> WEEK (18.12.2019 TO 24.12.2019)**

<b>Date and Day</b>	<b>10.00 AM to 11.30 AM</b>	<b>11.45 AM to 1.15 PM</b>	<b>1.15 to 2.00</b>	<b>2.00 PM to 3.30 PM</b>	<b>3.45 PM to 5.15 PM</b>
18.12.2019 Wednesday	<b>Registration and Instructions to Teacher-Participants</b>		<b>L U N C H B R E A K</b>	Preparation of Research Project Proposal and Sponsoring Agencies <b>Prof. Ashok Rao</b>	
19.12.2019 Thursday	Teacher as a Planner <b>Prof. K. AnanthaRamu</b>	Qualities of an Effective Teacher <b>Prof. K. AnanthaRamu</b>		Communication Skills <b>Prof. G. Rajagopal</b>	
20.12.2019 Friday	Impact of Environmental Pollution and Human Health <b>Prof. A.G. Devi Prasad</b>			Micro-Teaching Recording <b>Sri ManjunathaSwamy</b>	
21.12.2019 Saturday	Significance and Documentation of Research <b>Prof. D.S. Guru</b>			Electronic Information Sources for Teaching and Research <b>Dr. C.P. Ramasesh</b>	<b>Library Work</b>
22.12.2019 Sunday	<b>HOLIDAY</b>			<b>HOLIDAY</b>	
23.12.2019 Monday	Personality Development <b>Sri Prakash Yogi Guruji</b>			Yoga, Meditation and Stress Management <b>Dr. Vishwanatha Shetty</b>	
24.12.2019 Tuesday	National Integration <b>Prof. H.M. Rajashekara</b>	Secularism <b>Prof. H.M. Rajashekara</b>		Indian Constitution <b>Prof. K.S. Suresh</b>	

**Tea Break : 11.30 AM to 11.45 AM and 3.30 PM to 3.45 PM**



**UNIVERSITY OF MYSORE**

UGC –HUMAN RESOURCE DEVELOPMENT CENTRE, MANASAGANGOTRI, MYSORE-570 006

**123<sup>rd</sup> ORIENTATION PROGRAMME – TIME TABLE FOR 2<sup>nd</sup> WEEK (25.12.2019 TO 31.12.2019)**

<b>Date and Day</b>	<b>10.00 AM to 11.30 AM</b>	<b>11.45 AM to 1.15 PM</b>	<b>1.15 to 2.00</b>	<b>2.00 PM to 3.30 PM</b>	<b>3.45 PM to 5.15 PM</b>	
25.12.2019 Wednesday	Nature of Research <b>Prof. N.S. Taranath</b>	Indian Tradition : Two Great Epics <b>Prof. N.S. Taranath</b>	<b>L U N C H B R E A K</b>	Mental Health <b>Prof. TBBSV Ramanaiah</b>		
26.12.2019 Thursday	Team Building <b>Prof. D. Anand</b>	Leadership <b>Prof. D. Anand</b>		Philosophy of Education <b>Swami Shantivrutanandaji</b>	Mind Management <b>Swami Shantivrutanandaji</b>	
27.12.2019 Friday	Plagiarism <b>Dr. C.P. Ramasesh</b>	Sustainable Development <b>Prof. M. Indira</b>		Research Methodology <b>Dr. Lancy D'Souza</b>	Class Room Management <b>Dr. Lancy D'Souza</b>	
28.12.2019 Saturday	Karnataka Civil Service Rules (KCSR) <b>Sri K. Srinivas</b>			Multi-disciplinary Approach to Teaching <b>Prof. Mahesh B.</b>	<b>Library Work</b>	
29.12.2019 Sunday	<b>HOLIDAY</b>					
30.12.2019 Monday	Evaluation of Research Project Proposal <b>Prof. Ashok Rao</b>			Micro-Teaching Evaluation <b>Prof. MudduMalleh</b>		
31.12.2019 Tuesday	Information Technology for Teaching and Research <b>Dr. B.S. Harish</b>			Micro-Teaching Evaluation <b>Prof. MudduMalleh</b>		

**Tea Break : 11.30 AM to 11.45 AM and 3.30 PM to 3.45 PM**

**UNIVERSITY OF MYSORE**

UGC –HUMAN RESOURCE DEVELOPMENT CENTRE, MANASAGANGOTRI, MYSORE-570 006

**123<sup>rd</sup> ORIENTATION PROGRAMME – TIME TABLE FOR 3<sup>rd</sup> WEEK (01.01.2020 TO 07.01.2020)**

<b>Date and Day</b>	<b>10.00 AM to 11.30 AM</b>	<b>11.45 AM to 1.15 PM</b>	<b>1.15 to 2.00</b>	<b>2.00 PM to 3.30 PM</b>	<b>3.45 PM to 5.15 PM</b>	
01.01.2020 Wednesday	Quality Assurance <b>Prof. B. Mahadevappa</b>		<b>L U N C H B R E A K</b>	Finance Management <b>Sri Ramachandra Swamy</b>	Conduct Rules <b>Sri Ramachandra Swamy</b>	
02.01.2020 Thursday	Life Style and Health <b>Dr. V. Shakunathala</b>	Participants Seminar – 1 <b>Prof. N.S. Taranath</b>		Participants Seminar – 2 <b>Prof. M. Mahesh</b>	Participants Seminar – 3 <b>Prof. M. Mahesh</b>	
03.01.2020 Friday	Biodiversity and Global Warming <b>Prof. K.N. Amruthesh</b>	Participants Seminar – 4 <b>Dr. L. Nanjundaswamy</b>		Socio-Legal Study of Single Women <b>Prof. Ramesh</b>	Participants Seminar – 5 <b>Prof. K.N. Amruthesh</b>	
04.01.2020 Saturday	CAS and UGC Regulations <b>Dr. L. Nanjundaswamy</b>	Participants Seminar – 6 <b>Dr. L. Nanjundaswamy</b>		Participants Seminar – 7 <b>Dr. Maruthi T.R.</b>	<b>Library Work</b>	
05.01.2020 Sunday	<b>HOLIDAY</b>			<b>HOLIDAY</b>		
06.01.2020 Monday	Democracy and Its Challenges <b>Prof. RajaramTolpady</b>	Abrogation of Article 370 <b>Dr. K.C. Suresha</b>		The Crisis of Secularism in India <b>Prof. RajaramTolpady</b>	Citizenship Amendment Act : An Understanding <b>Dr. K.C. Suresha</b>	
07.01.2020 Tuesday	CCA Rules <b>Sri P.B. Prabhu</b>			Multiple Choice Objective Test &Feedback Session	<b>Distribution of Reading Material and Relief Letter</b>	

Tea Break : 11.30 AM to 11.45 AM and 3.30 PM to 3.45 PM