

**"A STUDY ON EMPLOYEES WORK LIFE BALANCE - A LITERATURE
REVIEW"**

(with special reference to Welspun Corp Ltd, Gejjalagere, Mandya)

**A Dissertation Report submitted to the University of Mysore as a partial
fulfilment of Requirement for the award of the degree of
MASTER'S OF SOCIAL WORK.**

SUBMITTED BY:

RAJINI T M

Register No: SW118672

UNDER THE GUIDENCE

KIRANBABU P

FACULTY SUPRVISOR

DEPARTMENT OF SOCIAL WORK

Sir M. VISHWESHVARAIAH POST GRADUATE CENTRE

TUBINAKERE MANDYA - 571 402

UNIVERSITY OF MYSORE

DEPARTMENT OF SOCIAL WORK


Sir. M VISHWESHVARAIAH POST GRADUATE CENTRE

TUBINAKERE, MANDYA-571 402

Oct - 2020

CERTIFICATE

This is to certify that, **RAJINI T M** and **POOJASHREE A S** IV semester students of Department of Social Work Sir M. Vishweshwaraiah Post Graduate Centre Tubinakere Mandya has completed their major project entitled "A Study on Employees Work Life Balance" (with special reference to Welspun Corp Ltd, Gejjalagere, Mandya) under my guidance and reference in partial fulfilment of the requirement for the award of the degree of Master of Social Work, University of Mysore during the academic year 2019-2020



KIRAN BABU. P

Faculty Supervisor

Dept. of Social Work

Department of Social Work

Sir M. V. P. G. Centre

University of Mysore

Sir M. Vishweshwaraiah Post Graduate Centre

Tubinakere, Mandya-571402

Tubinakere, Mandya

ACKNOWLEDGEMENT

“There are innumerable supporting hands behind one’s success”

In any project endeavour, the amount of help one receives from different sources is much difficult to estimate and even much more to knowledge, during the hours of study. We have benefited by the suggestion of many and the practical assistance of quite a few people. As far as possible they have been duly acknowledged at the appropriate place.

I extend our sincere thanks to **Welspun Corp Ltd**, for giving an opportunity to conduct this study in the department,

I thank to **Prof. Vijaya Sheshadri**, Director. Sir M. V. Post Graduate Centre, University of Mysore, Tubinakere, Mandya. For giving me an opportunity studying in the centre.

I thank profusely of **Mr. KIRAN BABU P** Faculty Supervisor, Department of Social Work, Sir M.V.PG centre, University of Mysore, Tubinakere, Mandya for his valuable guidance, timely co-operation and support, which enabled us to complete this project successfully.

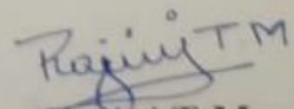
I sincerely thank Mr. Ramegowda H K sir, Mr. Sunil K S sir, Mr. Sathisha C K sir, Mrs. Anusha madam and Mrs. Bindhu madam faculties department of social work Sir M. V. P.G Centre, University of Mysore, Tubinakere, Mandya.

Finally, I express my respectful thanks to my beloved Father Mr. Madegowda and Mother Mrs. Yashodha for having their valuable and lovely support for my educational journey.

Place: Mandya

Date:

Signature of the Student


Rajini T M