

The Effect of Yoga on Stress Level of Police Personnels

*The Dissertation Submitted in Partial Fulfilment of the Requirements for the Award of Degree in
Master's in Psychology*

By

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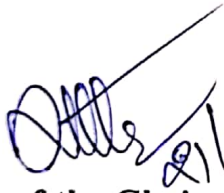
CERTIFICATE

I hereby certify that this dissertation has been successfully carried out by Manasa M, registration number PC118072 under my guidance and supervision.

This dissertation is being submitted in partial fulfilment for the Master of Science in Psychology and has not been submitted to any other university, for the award of any Degree or Diploma.


Place: Manasagangothri

Date: 22-09-2020



21/09/2020

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