

RELATIONSHIP OF VITAL CAPACITY TO ENDURANCE

PERFORMANCE OF DEFENDERS IN HIGH

SCHOOL BOYS KHO-KHO

PLAYERS

BY

HEMANTH

PE118010

*Hemant
30/9/2020*

*Hemant
30/9/2020*

A DISSERTATION SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS

FOR THE DEGREE OF MASTER OF PHYSICAL EDUCATION IN THE

DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND

SPORTS SCIENCES, UNIVERSITY OF MYSORE,

MYSORE

SEPTEMBER 2020



UNIVERSITY OF MYSORE

DEPARTMENT OF STUDIES IN PHYSICAL EDUCATION AND SPORTS
SCIENCES

CERTIFICATE

I certify that the thesis entitled **“RELATIONSHIP OF VITAL CAPACITY TO ENDURANCE PERFORMANCE OF DEFENDERS IN HIGH SCHOOL BOYS KHO-KHO PLAYERS ”** WAS PREPARED by HEMANTH a M.P.Ed. Student, under my guidance and supervision. I recommend that this may be accepted as fulfilling the partial requirements for the award of Degree of Master of Physical Education (M.P.Ed.) in the University of Mysore, during the year 2020.

Date :

Place : Mysore

Krishnaswamy

Krishnaswamy

(Guide)