

# UNIVERSITY OF MYSORE

**“STRESS MANAGEMENT AMONG BANKING EMPLOYEES IN  
MYSORE-A CASE STUDY OF PUBLIC SECTOR BANK”**

**[Project report submitted to the University of Mysore in partial  
fulfillment of the requirements of 4<sup>th</sup> semester MASTERS OF  
COMMERCE degree Examination 2019-2020]**

**SUBMITTED BY**

**ASHWINI.C.M**

**REGISTER NUMBER: CM183713**

**UNDER THE GUIDANCE OF  
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Professor DOS in Commerce,  
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**2020**

DEPARTMENT OF STUDIES IN COMMERCE  
MANASAGANGOTHRI,  
MYSURU-570006

**DR.M. KUMARASWAMY**

Chairman and Professor

DOS in Commerce

Manasagangothri

Mysore-570006

**CERTIFICATE**

This is to certify that Ms. ASHWINI.C.M student of 4<sup>th</sup> semester, Masters of Commerce bearing the Register number CM183713 has successfully completed the project work titled "STRESS MANAGEMENT AMONG BANKING EMPLOYEES IN MYSORE-A CASE STUDY OF PUBLIC SECTOR BANK", in partial fulfillment of requirements for the award of post-graduation degree in Masters of Commerce of the University of Mysore, during the academic year 2019-2020.

  
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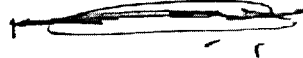
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**CERTIFICATE**

This is to certify that **Ms. ASHWINI.C.M, Register No.CM183713**, our student of 4<sup>th</sup> semester M.Com has carried out the project on **“STRESS MANAEMENT AMONG BANKING EMPLOYEES IN MYSORE-A CASE STUDY OF PUBLIC SECTOR BANK”** as part of his curriculum activity as par the norms for obtaining a post-graduation degree in Masters of Commerce from **UNIVERSITY OF MYSORE** during the year 2019-2020.



**DR.H. RAJASHEKHAR, M.Com, Ph.D.**

**Professor**

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