

**A Study on stress management of employees
Siderforgerossi India Pvt. Ltd. Mysuru**

By:

ABDUL WARIS QASIM

IV Semester, MBA

Reg No: 18MB0002

Guide:

Prof. Aisha M Sheriff.

**Project Report Submitted to the University of Mysore in Partial Fulfillment of the
Requirements of IV Semester MBA Degree Examination 2020**

B.N. BAHADUR INSTITUTE OF MANAGEMENT SCIENCES,

UNIVERSITY OF MYSORE, MANASAGANGOTHIRI,

MYSURU – 570 006

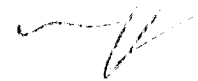
B.N. BAHADUR INSTITUTE OF MANAGEMENT SCIENCES,
UNIVERSITY OF MYSORE, MANASAGANGOTRI,
MYSURU – 570 006

CERTIFICATE

This is to certify that Mr.ABDUL WARIS QASIM, student of IV Semester MBA course has prepared this project report entitled "A Study on stress management of employees Siderforgerossi India Pvt. Ltd. Mysuru" in partial fulfillment of the requirements of MBA degree examinations of 2020

Place: Mysore

Date:



Prof. Aisha M Sheriff.

Chairperson


**B.N. BAHADUR INSTITUTE OF MANAGEMENT SCIENCES,
UNIVERSITY OF MYSORE, MANASAGANGOTRI,
MYSURU -- 570 006**

GUIDANCE CERTIFICATE

This project report entitled "A Study on stress management of employees Siderforgerossi India Pvt. Ltd. Mysuru" prepared by Mr. ABDUL WARIS QASIM under my guidance. This report is submitted to the University of Mysore in partial fulfillment of the requirements of IV Semester MBA degree examination, 2020.

Place: Mysore

Date:


Prof. Aisha M Sherif

PROJECT GUIDE