

## PROFILE

**Name** : Kishore MR

**E-mail ID** : kishore.yoga@gmail.com

**Mob Number** : 9035930994

**Date of Birth** : 08-03-1987

**Qualification** : Karnataka's First Person to Hold  
NIS Diploma in Sports Coaching (Yoga)  
Bcom, MBA , Dip in Yoga, Dip in PHM,  
300 Hour YIC from SVYASA,  
200 Hour TTC from Yoga Alliance International

**Designation** : Yoga Coach

**Area of Specilisation** : Yoga

**Sports Achivements** : Represented the University of Mysore in 2004-2005  
And 2005-2006 for All India Inter University

**Experience** : Working as Yoga Coach department of Physical  
Education University of Mysore

**Professional Experience** : Worked as Coach for Mysore University Yoga Team  
(Womens ) Worked as Coach for Karnataka  
State Yoga Team (Boys )



### Professional Credential

Passed Natioanl Level Refree Exams Conducted by NYSF

Conducted and as a Resouce Person for Semina,Conferece and Workshop

at

- 1 Mysore Division Railway Employees
- 2 Karnataka State Police Staff Mysore District
- 3 Employees of Nestle India Limited Nanjangud
- 4 Employees of United Beverages Limited Nanjangud
- 5 Employees of Triton Vales Limited Mysore
- 6 VidhyaVardhaka Engineering Fresher Students
- 7 Degree and PU College Students in and around Mysore district
- 7 Degree Students of TTL College of Business management
- 8 Conducted around 30 to 35 Yoga Demonstration program at different organist  
ion in and around Mysore

**Resouce Person for the Online Yogasana Workshop Conducted by**

1 Presented Session at PANORAMA INTERNATIONAL Literature Festival  
2020

- 2 JSS Coolegee for Womens, Chamarajnagar
- 3 Governement First Gade Collge ,Channapatna
- 4 REVA University, Bangalore
- 5 Sri H D Devegowda GFGC Paduvalahalli ,Hassan District